A 2 night IM indoor meet is held at PSU’s Multi Sport Complex, a varsity facility. We are very fortunate to have access to this facility. Please respect & follow the facility rules and we'll be able to continue this great tradition. Practice time is available 2 nights the week prior to the meet. Practice is on your own with a staff monitor. Competitors may compete in any of the events. The $5 fee covers both nights.

SIGN UP at meet
7-7:30pm

Tue March 21
Shot Put (12lb men, 4k women)
60m, Mile, 400m

Wed March 22
High & Long Jump
200m, 800m, 4x200m

LEAGUES:
Men & Women (individuals and/or relay teams)
Fraternity (1 or 2 individuals per event, 1 relay team)

$5 per person, cash, check only at meet
with PSU ID+card, covers entire 2-day meet

FOOD POLICY: NO Food or Gum in the MSC. Water is permitted.

SPIKE POLICY: 1/4” Pyramid or Compression Spikes only

IM PRACTICE NIGHTS: IM meet events only

Tue March 14 7-9pm All events
Wed March 15 7-9pm All events, except shot

Contact MSC @ 865-8887 for any last minute changes due to varsity use of the facility.

FIELD EVENTS: Competitors will be given 3 throws (shot), 3 jumps (long jump), 3 attempts per height (high jump).

EQUIPMENT: Shot puts, relay batons and all meet related equipment is provided. Starting blocks used for 60m only.


ELIGIBILITY: PSU ID+Cards are checked at all IM sports. Varsity Track & Field and Cross Country athletes are ineligible for IM Track. Former varsity letter winners of any collegiate program may not participate in the same sport until one full year after receiving the letter.

INTRAMURAL SPORTS OFFICE
101 intramural bldg. 8am – 5pm 814-865-5401
imsports@psu.edu @psuimsports
www.studentaffairs.psu.edu/campusrec/imsports