# RESUMES, COVER LETTERS & CORRESPONDENCE

# **Graduate Student Resume Sample**

# Min Young Li

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#### Professional Goal

Graduate student in Mental Health Counseling seeking professional opportunities in the field of human services

#### **Qualifications**

- Formal training and competency in customer service, crisis management, outreach, student wellness, advocacy, group/individual counseling, diversity and inclusion initiatives
- Skilled in facilitating support systems access among diverse populations
- Special interest and training in specific issues related to socio-economically and culturally disadvantaged populations

#### Education

Master of Education in Counselor Education, Clinical Mental Health Counseling The Pennsylvania State University, University Park, PA

 $\mathrm{Aug}\ 2020$ 

GPA 3.95

Master's Thesis: Exploring the Link Between Depression and Socio-Economic Stressors

Bachelor of Science in Social Work Lock Haven University, *Lock Haven, PA*  May 2018

GPA 3.7

Human Services and Counseling Experience

Counselor Intern May 2018 - Present

Smithson & Associates Counseling, Bellefonte, PA

- · Provided individual mental health counseling under the clinical supervision of licensed psychologist
- Maintained detailed case (DAP) notes in compliance with HIPPA regulations
- Collaborated with supervisor and colleagues to develop diverse approaches and insight into treatment

# Practicum Counselor

Penn State CEDAR Clinic, University Park, PA

- Spring 2007 & Fall 2012
- · Created individual counseling plans detailing goals and incorporating Cognitive Behavioral Therapeutic techniques
- Engaged in discussion and introspective analysis during group supervision to ensure the best quality care was given to each client

Met with 3-5 undergraduate students per week to provide individual mental health counseling under faculty supervision

Peer Mentor Volunteer Jan 2018 - Present

LifeLink PSU, State College Area School District

- Mentored high school students with disabilities aged 17-2 as part of innovative college campus integration program
- Provided 10-15 weekly hours facilitating social support for students with Intellectual Disabilities/Autism Spectrum Disorders

## Helpline Volunteer/Administrative Assistant

Jan 2016 - April 2018

Community Help Center, Williamsport, PA

- Assisted people in finding volunteer opportunities in Lycoming county based on their interests
- Enrolled students into the Youth Offenders Program as mandated by a judge

## Leadership and Involvement

Penn State Lion Line, *Penn State University* (Philanthropy Committee) Institute of Student Leadership, *Lock Haven University* (Student Member) Fall 2018—Present Spring 2015—Spring 2016

### Professional Associations/Certification

American Counseling Association (ACA), *Student Member* National Certified Counselor (NCC)

2008 – Current

2019 - Current