



## Academic Year 2024-2025 Referring Allergist Agreement

Patients requesting allergy immunotherapy administration at Penn State University Health Services (UHS) are required to have their referring allergist complete this form.

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Note: Penn State University Health Services will not complete or sign any type of form from the referring allergist's office.**

**Forms are due annually. Please complete the entire form. Incomplete forms will result in a delay in treatment. We do our best to review orders and check serum in as soon as possible, however, due to a high volume of patients at the beginning of the semester, it is possible that there will be a 2-to-3-week delay from when we receive their serum/orders until we can schedule them, especially if the documentation we require is not complete.**

### Allergist Agreement:

My patient (printed name): \_\_\_\_\_ Date of Birth: \_\_\_\_\_,  
requests that Penn State University Health Services administer allergy extracts provided by my office.

### Allergist Information:

Name: \_\_\_\_\_

Allergist Office Address/Location: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Office Phone Number: \_\_\_\_\_ Office Fax Number: \_\_\_\_\_

Office Hours: \_\_\_\_\_

**Allergist Orders: Please complete the entire form. Incomplete forms will result in a delay in treatment. We do not have an Allergist on premise. Our Allergy RN's follow your direct orders for your patient. All follow-up orders must be faxed, no verbal orders can be taken.**

Patient has been receiving immunotherapy in my office since: \_\_\_\_\_

Has the patient had an anaphylactic reaction? ( ) Y ( ) N Date: \_\_\_\_\_

Description of anaphylactic reaction: \_\_\_\_\_  
\_\_\_\_\_

Date of last injection: \_\_\_\_\_ **\*\*Note\*\*** If patient goes over 60 days without an injection, we require them to return to your office for the next injection. **\*\***



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Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Diagnosis:**

Asthma ( ) Y ( ) N Well controlled: ( ) Y ( ) N

Allergic Rhinitis: secondary to animal hair/dander ( ) Y ( ) N Secondary to pollen ( ) Y ( ) N

Acute Seasonal Allergic Rhinitis ( ) Y ( ) N

Allergic Rhinitis ( ) Y ( ) N

Toxic effects of Venom ( ) Y ( ) N

Please note if the following are required on injection days and any details of the order

Order	Yes	No	Details
EpiPen			
Oral Antihistamine			
Peak Flow *Extra charges may apply*			
Assess Lungs			
Ice Pack Use			
Inhaler Use			

While the patient is in the **building phase**, what is the **earliest time interval** they can receive injections?

\_\_\_\_\_  
\_\_\_\_\_

While the patient is in **maintenance phase**, what is the **earliest interval** they can receive injections?

\_\_\_\_\_  
\_\_\_\_\_

If a vial expires, how long after the expiration date can the serum be used? \_\_\_\_\_



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**Please make sure the following items are included in your orders. Incomplete orders will delay treatment.**

1. Date of last injection
2. Frequency of injections
3. Dosing instructions
4. Serum concentration
5. Vials labeled clearly and correctly
6. Expiration dates noted
7. Late/missed injection orders
8. Local reaction orders and parameters

Medications patient is taking, including dosing and frequency (May attach medication list):

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Other pertinent diagnoses/information:

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Additional information you would like to provide:

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Note: Penn State University Health Services is not responsible for the misinterpretation of the instructions provided with immunotherapy injections from the referring physician.



## Academic Year 2024-2025 Referring Allergist Agreement

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**I Agree that:**

I understand that I will continue to be responsible for the management of my patient's immunotherapy and modification of doses during therapy.

I understand that Penn State University Health Services does not have an Allergist on staff and that my orders are followed by Allergy RNs.

I will provide allergen immunotherapy extracts in adequately labeled vials for administration by the Allergy RNs at Penn State University Health Services.

Immunotherapy orders/instructions will be clear, detailed, and legible. I understand that unclear or illegible orders will result in a delay in treatment. I will be contacted by the Allergy Clinic RNs for clarification via fax.

**I understand that NO verbal orders can be accepted. All orders must be faxed to the Allergy Clinic before they are carried out by the Allergy RNs. A delay in response to a fax will result in a delay in treatment.**

I will provide all the information listed in this agreement. I understand if there is missing information, it will result in a delay in treatment for my patient.

Allergy injections are associated with some widely recognized risks. While most adverse reactions are local, there is a risk of severe anaphylactic reactions even with appropriately administered allergen immunotherapy; life-threatening and fatal reactions do occur. In the event a patient presents with an anaphylactic reaction, I understand the following emergency measures will be taken, as indicated:

- Epinephrine 0.3ml 1:1000 IM (may use Adult or Junior EpiPen as indicated)-can repeat at 5 to 15 minute intervals
- Benadryl 50 mg IM
- Oxygen via nasal cannula at 6-8 L/min
- IV Normal Saline wide open
- BP, pulse, respirations, and O2 Sat every 5 minutes
- Nebulizer treatment with Albuterol 0.083%, if indicated
- Solu-Medrol 125mg IV push over 1 minute, if indicated
- 911 called if Epinephrine is given

Referring Allergist Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Referring Allergist Printed Name: \_\_\_\_\_

**After completing, signing, and dating this form, please fax form to: ATTN: Allergy Nurse 814-863-3511**