



***AUTHORIZATION TO DISCLOSE PROTECTED HEALTH INFORMATION (PHI)***

I, \_\_\_\_\_ (DOB: \_\_\_\_\_) voluntarily authorize  
(Client's Legal Name) (mm/dd/yyyy)

the Center for Counseling and Psychological Services (CAPS) to:

Exchange information necessary to coordinate mental health and/or medical care

Release records/information concerning my mental and/or medical health evaluation/treatment to:

Obtain records/information concerning my mental and/or medical health evaluation/treatment from:

\_\_\_\_\_  
(Name of agency or person)

\_\_\_\_\_  
(Address of agency or person, including city, state, and zip code)

\_\_\_\_\_  
(Optional: Phone and fax numbers)

This authorization will expire (choose one):

upon my graduation *or*

year from today's signature *or*

Date: \_\_\_\_\_  
(mm/dd/yyyy)

(Optional) This authorization is limited to the following  
dates of treatment:

\_\_\_\_\_

The information released will be disclosed for the following reason(s):

- ☐ Confirm attendance      ☐ Continued care      ☐ Coordination of health care benefits  
☐ Provide information      ☐ Other (specify): \_\_\_\_\_

The specific and relevant type of information I wish to have released is:

- |   |  |
|---|--|
| <input type="checkbox"/> Treatment summary                          | <input type="checkbox"/> Psychiatric eval and diagnoses          |
| <input type="checkbox"/> Dates of counseling appointments/treatment | <input type="checkbox"/> Psychiatric progress notes              |
| <input type="checkbox"/> Treatment recommendations                  | <input type="checkbox"/> Counseling progress notes and diagnoses |
| <input type="checkbox"/> Testing/Assessment results                 | <input type="checkbox"/> Insurance coverage and benefits         |
| <input type="checkbox"/> Other (specify): _____                     | <input type="checkbox"/> All treatment records                   |

I understand that my record(s) may contain information related to alcohol/drug use, sexually transmitted diseases, sexual assault, and/or mental health. This information will be disclosed unless I specify that the information **NOT** be disclosed by **initialing**:

\_\_\_\_\_ Alcohol/drug use      \_\_\_\_\_ Sexually transmitted diseases (e.g., HIV)      \_\_\_\_\_ Sexual assault      \_\_\_\_\_ Mental health

I understand authorizing the use or disclosure of the information identified above is voluntary. I understand that my treatment at CAPS is not conditional on my signing an authorization. I understand I have the right to revoke this authorization at any time by written request. However, my revocation will only apply to future disclosures and is not retroactive. Please refer to the Notice of Privacy Practices for exceptions for revocation. I understand that information used or disclosed pursuant to the authorization may be subject to redisclosure by the recipient of the information and no longer protected by the HIPAA Privacy Rule.

\_\_\_\_\_  
Client Signature (first & last name)

\_\_\_\_\_  
Today's Date (mm/dd/yyyy)

\_\_\_\_\_  
Penn State ID Number

\_\_\_\_\_  
Date of Birth (mm/dd/yyyy)

An Equal Opportunity University

Counseling Center Accredited by the International Association of Counseling Services, Inc.  
Doctoral Internship in Professional Psychology Accredited by the American Psychological Association

Would you like a copy  
of this authorization?  
(Please check)  
Yes  
No