

# Campus Ride, Run, Walk Map

## Distances of Loops

 2.44 miles

1.32 miles

 .9 miles

1.76 miles

3.61 miles

## Nutrition and Exercise Resources

## Penn State Food Services Menus:

Menu.hfs.psu.edu

## Penn State Campus Recreation:

[studentaffairs.psu.edu/campusrec](http://studentaffairs.psu.edu/campusrec)

**Choosemyplate.gov**

**MapMyRun.com**

