



# Parents & Families Guide

2020-2021



PennState



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# Parents & Families Resources



# Penn State Welcome

Dear Parents & Family Members —

A student's success depends on many things. It depends on deep commitment and a clear sense of purpose, a desire to take responsibility and make good choices, and an openness to learn from mistakes and embrace new challenges. In the most fundamental ways, a student's success depends on the student. It comes from within.

But, a student's success also depends on the support and encouragement of others. It depends on University programs and services that are designed and implemented with student success in mind. It depends on the support and love of parents and family members. It depends on you and us and so many others, and it requires our collective willingness, in just the right moment, to simply let go.

We want all Penn State students to have the opportunity to succeed. We want them to experience the excitement of discovery in their academic and personal pursuits, to learn, to grow, to find their life's path and purpose and to take responsibility for themselves and others. And we want them to do so safely and securely; challenged by the experience, but nurtured through it, too.

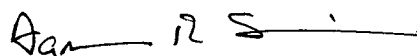
We cannot achieve that ambition without your direct involvement and contribution. Please participate in as many Parents Program activities and opportunities as time allows. Let us know what we can do for you. Tell us about your experience at Penn State. Help us be the very best that we can be.

With all of us working together, even in these uncertain times, Penn State will remain among the finest universities in the land. Together, our students—all of them—will have every good chance to succeed. They, and we, should expect nothing less.

Sincerely,



Rob Pangborn  
Vice President and Dean for Undergraduate Education



Damon Sims  
Vice President for Student Affairs

## PENN STATE VALUES

Integrity • Respect  
Responsibility • Discovery  
Excellence • Community

PennState



**INTEGRITY:** We act with integrity and honesty in accordance with the highest academic, professional, and ethical standards.

**RESPECT:** We respect and honor the dignity of each person, embrace civil discourse, and foster a diverse and inclusive community.

**RESPONSIBILITY:** We act responsibly, and we are accountable for our decisions, actions, and their consequences.

**DISCOVERY:** We seek and create new knowledge and understanding, and foster creativity and innovation, for the benefit of our communities, society, and the environment.

**EXCELLENCE:** We strive for excellence in all our endeavors as individuals, an institution, and a leader in higher education.

**COMMUNITY:** We work together for the betterment of our University, the communities we serve, and the world.

## Message from the Parents Program

Welcome to the Penn State family!

At Penn State, we believe that student success is enhanced when parents and family members engage in an effective working partnership with the University. Research also shows that an engaged family can help with student success.

Students will experience successes and challenges throughout their time in college. Understanding your new role as a coach or mentor can help you student succeed both in and out of the classroom.

The Parents Program is your resource. We are here to support you by:

- Serving as a central resource for information and referrals
- Enhancing parent and family involvement opportunities
- Providing information about the student experience
- Communicating regularly with you

The Parents & Families Guide is a primary source of information to assist you in supporting your student during their years at Penn State. Inside you will find helpful information about the college transition process; community standards and policies; academic requirements and services; opportunities and resources for student engagement beyond the classroom; and information about important student support services.

In addition, our website provides access to additional information and links to key offices throughout the University and the Parent and Family Experience emails will keep you up to date about resources and happenings on campus.

Our staff is available to help answer your questions, make referrals, and provide timely information to assist you. If you want to learn more about volunteer opportunities available for parents and family members, we encourage you to visit the Parents Program website or contact our office.


We look forward to partnering with you!





Cynthia Hill, M.Ed.  
Director, Penn State Parents Program


## Stay Connected

### To the Parents Program:


 Online: [parents.psu.edu](https://parents.psu.edu)

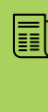
 Phone: 814-863-1313

 Email: [parents@psu.edu](mailto:parents@psu.edu)


 Facebook: [facebook.com/pennstateparentsprogram](https://facebook.com/pennstateparentsprogram)


 Twitter: [@PSUParentsPrgm](https://twitter.com/PSUParentsPrgm)


 Instagram: [@PennStateParentsProgram](https://www.instagram.com/PennStateParentsProgram)


 Newsletter: Parent and Family Experience  
[psu.campusesp.com](https://psu.campusesp.com)

### To Penn State:


 Online: [psu.edu](https://psu.edu)


 Facebook: [facebook.com/pennstate](https://facebook.com/pennstate)

 Twitter: [@PennState](https://twitter.com/PennState)

 Penn State Go App  
Available through Google Play and Apple App Store

### PSU Alert:

 Twitter: [@PSUAlertUP](https://twitter.com/PSUAlertUP)

 Facebook: [facebook.com/pennstate](https://facebook.com/pennstate)

## Parents & Families WEEKEND

Save the Date  
**October 2 - 4, 2020**

Join us for a special weekend designed just for you including a variety of campus-wide events and family-friendly programs. Additional details will be shared later in the summer.

[parents.psu.edu](https://parents.psu.edu)

## Welcome Events

Participate in a welcome event to meet our staff, current parents, and students while getting answers to any lingering questions you may have. Welcome event details will be shared via email.



## Get Involved

[parents.psu.edu](https://parents.psu.edu)

### Parents Council

The Penn State Parents Council is a representative group of parents and family members who volunteer their time and share their knowledge and experiences. Additionally, the Parents Council acts as an advisory group to help undergraduate parents, families, and students foster a positive and lasting connection to Penn State. Applications for the Parents Council are available in October and new members are selected through an interview process.

### Parent Ambassadors

Parent Ambassadors serve as parent representatives for University events and programs at the University Park campus and various off-campus locations. Ambassador opportunities include: prospective student events, Parents and Families Weekend, on-campus welcome events, and Student Send-Off events near your hometown. Applications for Parent Ambassadors are available in January.

### Family Ambassadors

Passionate student leaders are encouraged to get involved as a Family Ambassador. Family Ambassadors serve as volunteers to the Parents Program by supporting parents and families, assisting with office tasks, and with the planning of Parents and Families Weekend, arrival, and other events.



# The First Year

Your student's first year at Penn State will be a transition for the entire family. At Penn State, we use the First-Year Learning Outcomes (page 8) to guide our work to support new students in this transition. New Student Orientation will introduce you and your student to the tools and resources that will help to set them up for success.

Parents and family members are a critical part of the support network for students. We hope this guide will serve as a resource to help you navigate the first year.

## Understanding the First Year

Your student's first year of college may be emotional for both you and your student. Families who understand the cycle of the academic year can better help their student navigate important decisions and challenges.

## The First Weeks – A New World

Students are experiencing college life for the first time. They are excited to explore many opportunities and are trying to make connections with other students, staff, and faculty. Students may be:

- Excited and apprehensive
- Exploring new freedoms
- Learning to manage new responsibilities
- Feeling homesick and lonely
- Trying to find their place socially
- Anxious about new academic challenges

## Mid-Semester – Reality Check

Classes are in full swing. Early assignments and exams have been returned and students may be surprised (either pleasantly or unpleasantly) by their grades. Students start to realize that friends from the first few weeks may or may not stick around. The roommate honeymoon may end. Students may be:

- Questioning academic abilities and choices
- Adjusting learning styles, study habits and time management skills
- Wondering if they fit in socially
- Seeking opportunities to become involved
- Dealing with consequences of poor decision-making
- Selecting courses for next semester
- Thinking about living arrangements and roommates for the next year

## End of First Semester –

### Information & Stress Overload

Students are sorting out how to approach their first final exam period as the first semester winds down. The realization that academic work in college is much harder than high school has set in for many. For those who have procrastinated or stumbled in the early months, the pressure is now a reality. Students who are working or have joined various student organizations may have increased end-of-semester commitments. Students may be:

- Anxious about preparing for final exams
- Finding it difficult to get along with their roommate
- Overwhelmed by their commitments
- Questioning their decision to attend college
- Excited or apprehensive to head home for break

## Home for Break – New Expectations

The first long break is welcomed by most students (and families) and they are usually eager to return home. They look forward to the comforts of home, privacy, reconnecting with friends, and some much needed rest. Tensions over curfews and family expectations can happen at this time. Communicating expectations in advance and keeping a sense of humor can help families enjoy this longer visit home.

## Second Semester – A New Beginning

While a new semester is a fresh start, it is also heavily influenced by the experience students had their first semester and during break. Some students will enjoy being home and reconnecting with their families and friends, which may make it harder to return, while others experience challenges at home that make them excited about being back on campus. Other elements like first semester grades and confidence in the friendships they established last term also influence their excitement or apprehension about the start of the new semester. During their second semester students may be:

- Feeling a renewed interest in opportunities to make friends
- Getting more involved in cocurricular activities
- Finding a balance between academic, cocurricular, and social commitments
- Contemplating their academic interests, strengths, and choices of major
- Exploring internship and opportunities for summer break

*Adapted from Empowering parents of first-year college students: A guide for success by R. H. Mullendore and L. Banahan (2007) and The happiest kid on campus: A parent's guide to the very best college experience (for you and your child) by H. Cohen (2010).*

# Partnering with Penn State

We recognize and appreciate the important role that you have played in the life of your student prior to arriving at Penn State. We want this role to continue by cultivating an effective partnership during your student's college career even as your role changes to that of a coach or mentor.

## Your Student's Responsibility

At Penn State, we expect our students to:

- Become increasingly responsible for their own actions including their academic and social decisions
- Abide by community standards
- Explore the educational opportunities available, select a major in which they will succeed and enjoy, and put forth their best efforts in the classroom
- Take advantage of the tremendous array of opportunities outside of class by choosing meaningful ways to become active citizens on campus and in the broader community
- Embrace opportunities to experience, interact with, and learn from the broad diversity of people in the Penn State community

## Penn State's Role

Penn State aims to:

- Be a student-centered research university
- Have faculty, staff, and administrators that strive to support our students both in and out of class
- Provide the necessary resources and support services to enhance student success
- Provide a safe, healthy community for students to live, learn, and grow academically and socially
- Take an active role in meeting this goal through general outreach and communication to our parents and family members

## Your Role

Many incoming college students see their family members as trusted coaches and sources of support, which is not likely to change when they begin their Penn State career. Students need you to support their growth, development, independence, and to also be a stable force in their ever-changing world.

### 1. Support Student Autonomy

Young adulthood is a time when your relationship changes from an adult-child relationship to an adult-adult relationship. Support your student's autonomy by actively redefining your relationship, relinquishing unnecessary control, and encouraging personal responsibility and problem-solving. When a problem arises, allow your student to time to learn how to fix their own problems.

### 2. Stay Connected

Expect that your student will not respond to all of your contacts whether by phone/text, email, or even "snail" mail, but know that they appreciate hearing from you. Visit, but not too often. Parents & Families Weekend, held October 2-4, 2020, is a great time to reconnect with your student.

### 3. Embrace Exploration

Your student is experiencing new viewpoints and perspectives that may challenge prior belief systems. Allow them to explore ideas without being judgmental. Understand that changes in viewpoints, behavior, dress, eating and sleeping habits, and relationships with family members are all to be expected. However, if you suspect that some of these changes may be signs of bigger problems, trust your instincts. Your student may need you to refer them to the appropriate resources described in this Guide for help.

### 4. Be Knowledgeable about Campus Resources

Utilize the resources available in this guide, the Parents Program website, and email newsletters. By acting as a referral source for your student, you can demonstrate that you are interested in your student's life, and at the same time, empower your student to solve their own problems.

### 5. Continue Difficult Conversations

You still have influence on your student's behavior. In college, your student will have to make their own decisions about what time to get up in the morning, when to study, when to exercise, which organizations to join, what to eat, whether or not to drink alcohol, and whether or not to engage in romantic relationships. Although you cannot force your student to behave as you would want them to, parents can create an atmosphere of open communication by listening and sharing family expectations.

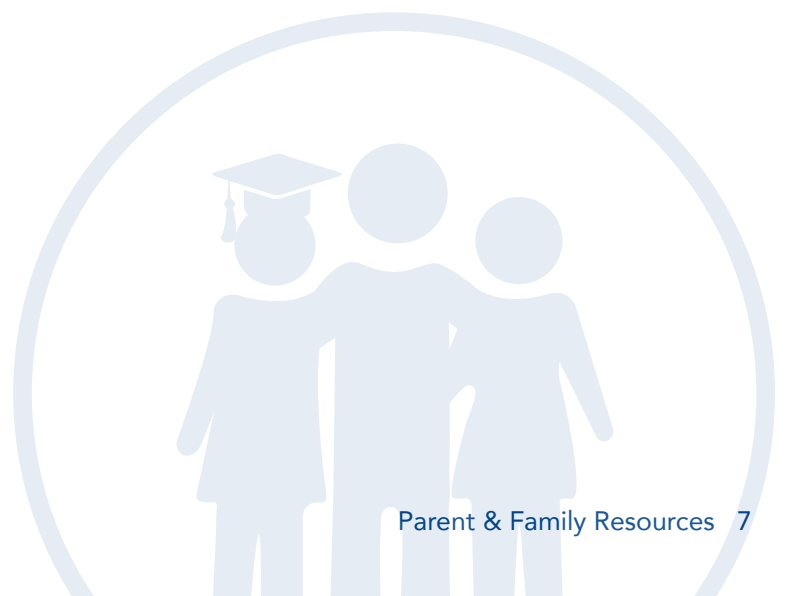
### 6. Recognize the Challenges

The first year of college can be full of indecision, insecurities, disappointments, and, most of all, mistakes. It's also full of discovery, inspiration, good times, and exciting people. The reality is that there are times in college when your student might experience all of the above, which is normal and to be expected.

### 7. Welcome Change

Your student will change, and so will you. College and the experiences associated with it can affect changes in social, vocational, and personal behavior. These changes are natural and inevitable. They can also be inspiring or challenging. You can't stop change; you may never understand it; but you can accept it and support your student's decisions. Trust your student and trust the job you have done in getting them to this point.

*Adapted from Helping your first-year college student succeed: A guide for parents by R. H. Mullendore and L. Hatch (2000).*



# Penn State First-Year Learning Outcomes

The First-Year Learning Outcomes were created to improve student success by increasing academic and social integration into the University. The vision that Penn State has for each student is highlighted in these Learning Outcomes. We hope that your student has successfully completed these outcomes by the end of their first year.

- ☐ Understand and meet academic expectations; engage in active learning and use effective time management skills to balance academic work with extra-curricular activities.
- ☐ Learn about the value of higher education to both society and to individuals; appreciate the value of the General Education curriculum and the worth of lifelong learning and scholarship.
- ☐ Be familiar with student services and academic resources on campus; actively use those resources and interact with staff.
- ☐ Engage with faculty in and outside of the classroom.
- ☐ Interact effectively with peers in social settings, and through educationally purposeful student activities.
- ☐ Refine short-term and long-term academic goals; learn about career management; establish more specific career goals.
- ☐ Achieve a higher competency in writing, note-taking, active reading, critical thinking, and quantitative reasoning to be able to master college-level work.
- ☐ Expand knowledge of human diversity and cultural competence; effectively interact with others.
- ☐ Engage in activities leading to improved personal health and fitness; learn about making responsible decisions in a college environment.
- ☐ Be a positive and contributing member of the Penn State community; engage in community service activities; develop an understanding of sustainability and how to incorporate sustainable behaviors in daily activities.

In addition to these Learning Outcomes, students will work towards achieving Penn State's General Education Learning Objectives. Learn more at: [gened.psu.edu/learning-objectives](http://gened.psu.edu/learning-objectives).

*Approved by: The Pennsylvania State University First Year Experience Committee, April 2005.*



# New Student Arrival Checklist for Parents and Families

We know there is a lot on your mind; here is a checklist to help you and your student to prepare for the semester.

## Reminders for Your Student

### Coronavirus-related FAQs

- ☐ Stay up to date on the latest coronavirus-related questions and answers by visiting the "latest updates" section of Penn State's comprehensive coronavirus FAQ at [virusinfo.psu.edu/faq](https://virusinfo.psu.edu/faq).

### Participate in Orientation

#### Paying the Tuition Bill (page 20)

- ☐ All students must sign the Financial Responsibility Agreement in LionPATH prior to enrolling for classes each semester.
- ☐ If you plan to view and/or pay your student's tuition bill, your student needs to grant you parent/family *Authorized Payer Access* in LionPATH.
- ☐ An email is sent when the tuition statement is ready. Payments are due on the 22nd of the month.
- ☐ To plan for future semesters, please visit: [tuition.psu.edu](https://tuition.psu.edu). Tuition rates for the academic year are set in mid-July.

#### Submitting Healthcare Information (page 40)

- ☐ Students must submit proof of immunization to University Health Services prior to orientation. Visit the UHS website for instructions: [studentaffairs.psu.edu/health/](https://studentaffairs.psu.edu/health/)
- ☐ Students must submit proof of adequate insurance in LionPATH. Students without health insurance can purchase the Penn State Student Health Insurance Plan (page 40).
- ☐ Your student should know their current and maintenance prescription medications. Consider transferring any prescriptions to the University Health Services Pharmacy.
- ☐ Make a copy of any insurance and prescription cards for your student to take to school.

#### Preparing for the Semester

Remind your student to do the following in advance to make their first few days at Penn State go more smoothly.

- ☐ View the academic calendar: [registrar.psu.edu/academic-calendars](https://registrar.psu.edu/academic-calendars)
- ☐ View room assignment and roommate information: [eliving.psu.edu](https://eliving.psu.edu)
- ☐ Contact roommate to make introductions and discuss what to bring.
- ☐ Read about what to pack and what to leave behind: [arrival.psu.edu](https://arrival.psu.edu)
- ☐ Map out the location of classes: [map.psu.edu](https://map.psu.edu)
- ☐ Explore purchasing or renting textbooks (can be ordered online, bundled, and picked up) through the Penn State Bookstore: [psu.bncollege.com](https://psu.bncollege.com)

- ☐ Review move-in procedures and print out parking information: [arrival.psu.edu](https://arrival.psu.edu)
- ☐ Add funds to student's LionCash+ account: [idonline.psu.edu](https://idonline.psu.edu)
- ☐ Add their cell phones number to PSU Alert system at [psualert.psu.edu](https://psualert.psu.edu) to receive text and/or voice alerts.
- ☐ If desired, grant parent Delegated Access in LionPATH to view class schedule, grades, etc. (page 20).

## Reminders for Parents & Families

### Connecting with the Penn State Parents Program

- ☐ Sign up to receive emails from the Parent & Family Experience portal: [psu.campusesp.com](https://psu.campusesp.com)
- ☐ Consider volunteering for the Parents Program: [parents.psu.edu/get-involved](https://parents.psu.edu/get-involved)
- ☐ Connect with Penn State and the Parents Program on Facebook, Twitter and Instagram (page 4).

### Parents & Families Weekend October 2 - 4, 2020

- ☐ Save the date and explore details on [parents.psu.edu](https://parents.psu.edu)

## General Topics for Discussion

- ☐ Encourage your student to participate in Welcome Week activities: [welcomeweek.psu.edu](https://welcomeweek.psu.edu)
- ☐ Discuss campus safety and decisions regarding alcohol and drug use (pages 43 - 52).
- ☐ Discuss time management, study skills, and mutual expectations for staying in touch.
- ☐ Talk about and plan how your student will finance their education.
- ☐ Provide reminder of life skills (including doing laundry, managing bank account, eating well, etc.).
- ☐ Remind your student to check their PSU e-mail account frequently. University offices and departments will communicate important information to the student's Penn State email address (abc123@psu.edu).

## Coronavirus Updates

The coronavirus outbreak may affect dates, deadlines, and processes shared in this guide. Penn State will share updates should there be changes. We recommend visiting [virusinfo.psu.edu](https://virusinfo.psu.edu) to stay up-to-date.

## A Quick Reference Guide

As one of your student's most trusted sources of support, they may contact you when they hit a bump in the road. They may tell you about a grade, a roommate issue, a challenging class, etc. Don't try and solve their problem, it is important for students to advocate for their own needs and learn how to solve their own problems. If your student shares an issue, you should listen, encourage problem solving, and support their decision (even if you don't agree).

If you aren't sure who to contact, call or email the Parents Program at 814-863-1313 or [parents@psu.edu](mailto:parents@psu.edu).

Issue	Suggested Parent/Family Response	Resources for Students
Academic Problems	Is your student attending class regularly? Encourage your student to meet with their professor and/or academic adviser to discuss grades, attendance, test preparation, or other related issues. Faculty hold weekly office hours for students and encouraging your student to visit the professor during office hours is more productive than trying to speak with a professor before or after class. Penn State Learning offers tutoring and guided study groups to students.	Faculty, Academic Adviser and/or Academic College (p.14-15), Penn State Learning (p.16), Student Care & Advocacy (p.28), Counseling & Psychological Services (CAPS) (p.42)
Academic Integrity	If academic integrity is in question, your student may receive a low or failing grade. They may also receive a conduct warning. Your student should talk with an instructor about research expectations and source documentation preferences and resources.	Student Conduct (p.48)
Alcohol/ Substance Use	Share your views on illegal and/or excessive drinking. Talk with your student about how much they are drinking and how it might be affecting their health, safety, and academics. Ask your student if they would make an appointment to talk with someone in Health Promotion and Wellness or CAPS.	Health Promotion & Wellness (p.43), BASICS alcohol education service (free for students without a violation), Collegiate Recovery Community (p.27), CAPS (p.42)
Bias, Harassment, and/or Discrimination	If your student shares an incident that may be motivated by bias, they should report it using the online form available at <a href="http://equity.psu.edu/reportbias">equity.psu.edu/reportbias</a> . Students can connect with a variety of resources for support.	Educational Equity (p.17), Student Disability Resources (p.17), Multicultural Resource Center (p.17), Office of Veteran Programs (p.17), Student Care & Advocacy (p.28), CAPS (p.42), Student Affairs Diversity & Inclusion Offices: Paul Robeson Cultural Center, Center for Sexual & Gender Diversity, Gender Equity Center, Center for Spiritual & Ethical Development, Adult Learner Program & Services (p.27)
Conduct/Legal Issues	When a student participates in behaviors that may violate the University's Code of Conduct and/or local, state, or federal law, there may be consequences through both the University and local law enforcement. As you provide support to your student through these processes, take a look at the Student Conduct and Student Legal Services websites. For situations which occur in the residence halls, Residence Life, may be an appropriate resource.	Student Conduct (p.48), UPUA Student Conduct Advisors (Conduct Process), Student Legal Services (Legal Issues) (p.28), Residence Life (p.32), Student Care & Advocacy (p.28), CAPS (p.42)
Disabilities	Encourage your student to be proactive and contact Student Disability Resources as soon as they are accepted at Penn State. Remind them to connect with the office prior to the start of each semester and to use the student community space for study areas, social opportunities, and connections to campus resources.	Student Disability Resources (p.17), Student Care & Advocacy (p.28), CAPS (p.42)
Dropping a Class	Remind your student to check the drop deadline date and consult with their academic adviser. Discourage dropping a class until every other possibility is exhausted. Dropping a class can impact your student's financial aid and other opportunities such as joining a fraternity or sorority. Students may not receive a tuition refund if they drop classes after the start of the semester. International students should check with the DISSA office as there are potential visa and/or other impacts when dropping a class.	Faculty, Academic Adviser (p.14-15), Registrar (p.19), Student Aid (p.22), LionPATH Delegated Access (p.20), Bursar's Office (p.21), CAPS (p.42), Global Programs - DISSA (p.17)
Dropping a Class (trauma drop)	If your student is the victim of a crime that causes difficulty with grades, the student can retroactively withdraw from a semester of classes without penalty to their GPA.	CAPS (p.42), Student Care & Advocacy (p.28)
Faculty Issues	Encourage your student to talk with their professors to discuss issues. If there is no resolution, they should consult with their academic adviser, contact the academic department, and/or meet with Student Care and Advocacy.	Faculty, Academic Adviser and/or Academic College (p.14-15), Student Care & Advocacy (p.28), CAPS (p.42)

Issue	Suggested Parent/Family Response	Resources for Students
Family Emergency	Keep your student informed about any serious family illnesses, if possible. Make sure your student is not alone when receiving bad news. A roommate or close friend can help. Encourage your student to seek help if they are struggling to function and/or feeling distressed.	Student Care & Advocacy (p.28), CAPS (p.42), Residence Life (p.32)
Homesick	Prepare your student before school starts; schedule a time when they will visit home or when you will visit campus; encourage out-of-class activities; reassure your student that homesickness is normal and encourage your student to seek help if necessary. Let your student know that the feelings will subside as they feel more and more connected to people, classes, and groups on campus. Limit home visits during the first six weeks to facilitate and support the college transition.	Resident Assistant and/or Residence Life (p.32), Student Engagement (p.27-31), Campus Recreation (p.30), Center for Spiritual & Ethical Development (p.27), Paul Robeson Cultural Center (p.27), CAPS (p.42)
Illness of Student	Your student should visit University Health Services. Reassure your student that antibiotics are not always necessary and won't be given unless there is evidence of a bacterial infection. In the event of an emergency, they should go to the local emergency room at Mount Nittany Medical Center.	University Health Services (p.39), Mount Nittany Medical Center, Student Care & Advocacy (p.28)
Lost id+ Card	Students can place a hold on their id+ card or have it replaced for a small fee if their card is lost.	id+ Office (p.23), Housing Commons Desks
Money Issues	Discuss money issues, including budgets, before your student leaves home. Does your student have their own bank account? Who is paying the bills? Do you have access to the tuition bill (Authorized Payer Access) on the student's account?	Financial & Life Skills Center (p.25), Bursar's Office (p.21), Student Aid (p.22), Student Care & Advocacy (p.28)
Roommate Conflicts	Encourage your student to take time to work through conflicts; discuss the educational value of learning to get along with someone who is different; and encourage open communication.	Resident Assistant and/or Residence Life (p.32), Off-Campus Student Support (p.35), Student Conduct (p.48), CAPS (p.42)
Safety Issues	The Penn State community is a relatively safe area. The most frequently reported crimes are theft-of-opportunity and alcohol-related crimes. Encourage your student to lock their doors, to not leave their laptops and phones unattended, and to walk in groups at night.	Resident Assistant and/or Residence Life (p.32), University Police & Safe Walk (p.51), Student Affairs Diversity & Inclusion (p.27)  Confidential Resources: CAPS (p.42), Gender Equity Center (p.27)
Sexual Misconduct or Assault	If your student is a victim of sexual misconduct or assault, listen to them and let them share what they feel comfortable sharing. They can seek confidential medical and emotional support on campus. Encourage your student to report the incident to the Office of Sexual Misconduct Prevention and Response.	Office for Sexual Misconduct Prevention & Response (p.50), Center for Sexual & Gender Diversity (p.27), Residence Life (p.32), University Police (p.51), Student Conduct (p.48), Student Care & Advocacy (p.28)  Confidential Resources: CAPS (p.42), Gender Equity Center (p.27)
Talk of Transferring	It is not uncommon for students to talk about transferring, especially during the first year. Be patient, listen, and help them evaluate their options.	Academic Adviser (p.14-15), Registrar (p.19), CAPS (p.42), Student Care & Advocacy (p.28)
Unhappy/Lonely/Uncertainty about the College Experience	Some students may struggle to fit in at the beginning. Try to get to the reason for their unhappiness or uncertainty. Is it social or academic? Encourage your student to get involved outside of class, seek help, or even just keeping their door open (literally) to meet other students. Send a care package from home. Nothing makes friends faster than a box of homemade cookies to share.	Resident Assistant and/or Residence Life (p.32), Student Engagement (p.27-31), Student Affairs Diversity & Inclusion Offices (p.27), CAPS (p.42), Student Care & Advocacy (p.28)
Preferred and/or Chosen Name Process	Students should visit the Center for Sexual and Gender Diversity and/or the Gender Equity Center to consult with a staff member on Preferred and/or Chosen Name options.	Center for Sexual & Gender Diversity (p.27), Gender Equity Center (p.27)

\*Additional resources shared in this guide may also provide the right support for your student.



# Academic Resources



# Orientation

## Student Orientation & Transition Programs

814-865-4178

[orientation.psu.edu](http://orientation.psu.edu)

Student Orientation and Transition Programs provides programming for new and continuing Penn Staters. Our programs also support the parents and family members of new students. We focus on facilitating successful academic, social, and personal transitions to Penn State. We do this through programs such as:

- Change of Campus Orientation
- New Student Orientation
- Transfer Student Orientation
- Welcome Week

Current students serve as members of our Orientation Team. Our staff supports new students and their families at each step of their transition to Penn State.

Hello	
The host of your orientation program is _____.	
Their email is _____@psu.edu.	

## ALEKS Math Assessment

[orientation.psu.edu/testing](http://orientation.psu.edu/testing)

The ALEKS Math Assessment evaluates a student's readiness to take college-level math and science courses. Since these courses are demanding, it is important for students to begin in the course most likely to lead to success. Students will not be permitted to take a course unless they have demonstrated readiness. Students complete ALEKS prior to attending New Student Orientation. Students wishing to retake ALEKS to improve their score may do so by using the learning modules within ALEKS. Students may retake the assessment up to two more times after using the learning modules (for a total of three attempts). Access to ALEKS ends at the conclusion of your student's first drop-add period.

# Academic Overview

## The Penn State Degree

The Penn State undergraduate degree includes General Education, major degree requirements, and other academic experiences such as minors, internships, and/or undergraduate research. All three components together help students develop a solid foundation upon which they build a breadth of skills as well as depth of knowledge in a specific content area.

## General Education Requirements

[gened.psu.edu](http://gened.psu.edu)

Connecting career and curiosity, the General Education curriculum provides the opportunity for students to acquire transferable skills necessary to be successful in the future and to thrive while living in interconnected contexts.

## Major Requirements

Requirements differ for each major and each academic college. Generally, major requirements include prescribed courses that all students in the major take, additional courses that students choose from a select list, and supporting courses that students choose based on individual interests and goals. Students are encouraged to work with an academic adviser to clearly understand the specific requirements of majors of interest. General Education requirements may be partially incorporated into the requirements of a program. In addition, Bachelor of Arts (BA) and Bachelor of Science (BS) degree requirements may differ. Students are encouraged to work with an academic adviser to identify which degree best meets their needs.

## Other Requirements

Depending on the college and major, a degree program may also include world language proficiency, an internship experience, human diversity courses, and/or electives.

## Entrance to Major (ETM)

There are more than 275 programs offered at Penn State. Most students will declare a major in their second year. Most majors at Penn State require a minimum cumulative grade-point average (CGPA) of 2.00 and third-semester standing for entrance. Some majors have additional requirements for entrance, such as a higher GPA, completion of specific courses, or demonstration of special talent. A few majors have more applicants than can be accommodated because of space, faculty, or other resource limitations and are under administrative enrollment controls.

To be eligible for entrance to majors with **administrative enrollment controls**, students must be enrolled in the college offering the major or in the Division of Undergraduate Studies, be within a designated credit window, have completed the required prerequisite courses, and have the minimum CGPA required for the intended major. Additional requirements may also apply. Students are strongly encouraged to work closely with an academic adviser and to review the specific entrance criteria for intended majors at [bulletins.psu.edu](http://bulletins.psu.edu). *Policy P-5: Administrative Enrollment Controls for Undergraduate Majors* can be viewed at [undergrad.psu.edu/aappm](http://undergrad.psu.edu/aappm) by searching P-5. Current administrative enrollment controls can be viewed at [bulletins.psu.edu/admin-enroll-controls](http://bulletins.psu.edu/admin-enroll-controls).

General Education Requirements		
Foundations	Credits	Objective
Writing and Speaking (GWS) (C or better required)	9	Communicate clearly in both writing and speaking for a wide variety of settings and audiences
Quantification (GQ) (C or better required)	6	Develop proficiency in working with numbers and logic in solving real-world problems
TOTAL	15	
Knowledge Domains	Credits	Objective
Natural Sciences (GN) (C or better required)	9	Build knowledge of foundational scientific principles and develop skills to make informed judgments about scientific information and arguments
Arts (GA)	6	Explore or create works of art and learn the role that the arts play as expressions of the cultural values of society and the human condition
Humanities (GH)	6	Explore works of cultural expression to broaden the understanding of diverse ways of experiencing the self and society
Social and Behavioral Sciences (GS)	6	Analyze forces that influence human behaviors and explore perspectives and methodologies for analyzing complex social issues
Health and Wellness (GHW)	3	Expand theoretical and practical knowledge about the physical and psychosocial well-being of individuals and communities
Integrative Studies	Credits	Objective
Inter-domain or linked courses (these credits may also satisfy a Knowledge Domain requirement)	(6)	Synthesize knowledge across multiple domains and identify linkages between existing knowledge and new information
TOTAL	30	

## Academic Colleges

Penn State grants degrees in majors housed within academic colleges. University Park campus is home to 12 of Penn State's academic colleges. Students should consider both the overall perspective of the academic college as well as a particular major when making decisions about academic direction. All first-year students are enrolled in an academic college or in the Division of Undergraduate Studies.

- **College of Agricultural Sciences** applies life sciences and business principles to managing the environment and its resources. [agsci.psu.edu](http://agsci.psu.edu)
- **College of Arts and Architecture** refines students' creative talents and commitment to performance, design, and the visual arts. [artsandarchitecture.psu.edu](http://artsandarchitecture.psu.edu)
- **Smeal College of Business** focuses on gathering, analyzing, and processing information for decision-making in the business world. [smeal.psu.edu](http://smeal.psu.edu)
- **Donald P. Bellisario College of Communications** focuses on mass media's functions, responsibilities, changes, and impact on society. [bellisario.psu.edu](http://bellisario.psu.edu)
- **Division of Undergraduate Studies (DUS)\*** enrolls and advises students who are exploring majors in multiple academic colleges. [dus.psu.edu](http://dus.psu.edu)
- **College of Earth and Mineral Sciences** focuses on the earth, the environment, and energy resources through study of the earth sciences. [ems.psu.edu](http://ems.psu.edu)
- **College of Education** focuses on learning processes and challenges and develops knowledge and skills in a content area to teach and counsel others. [ed.psu.edu](http://ed.psu.edu)
- **College of Engineering** focuses on the application of mathematical and physical science principles to solve technical and societal problems. [enr.psu.edu](http://enr.psu.edu)
- **College of Health and Human Development** seeks to improve human health and well-being through the study of science, business, and social and psychological sciences. [hhd.psu.edu](http://hhd.psu.edu)
- **College of Information Sciences and Technology** applies technology and teamwork principles to solving problems. [ist.psu.edu](http://ist.psu.edu)
- **College of the Liberal Arts** develops knowledge in the social sciences, humanities, and languages, and builds critical thinking, complex reasoning, communication, and writing skills. [la.psu.edu](http://la.psu.edu)
- **College of Nursing** develops professional and technical skills in health care. [nursing.psu.edu](http://nursing.psu.edu)
- **Eberly College of Science** develops knowledge in the mathematical, physical, and life sciences as well as skills in scientific research. [science.psu.edu](http://science.psu.edu)

\*DUS facilitates student exploration, engagement, and academic success by helping students identify academic college and major.

## Academic Advising

[advising.psu.edu](http://advising.psu.edu)

Penn State students receive academic advising from primary-role and/or faculty advisers. Students can find their assigned adviser's contact information in Starfish, the University's online advising platform, at [sites.psu.edu/starfishinfo](http://sites.psu.edu/starfishinfo). Students will be assigned an academic adviser sometime between their new student orientation and the start of classes. If a student has advising related questions and doesn't have an academic adviser assigned yet, they may contact the advising center within their college of enrollment. The list of advising centers can be found at [dus.psu.edu/advising-centers](http://dus.psu.edu/advising-centers).

Academic advising relationships at Penn State are initiated by students. Students are encouraged to meet with their assigned adviser at least once a semester and as often as needed to successfully plan and manage their goals. Students are encouraged to build a relationship with their assigned adviser to help them be intentional about the educational opportunities available. Academic advisers are prepared to:

- Help students identify and achieve academic goals
- Promote intellectual discovery
- Encourage students to engage in both in- and out-of-class educational opportunities
- Encourage students to become self-directed learners and decision makers

## Academic Integrity

Penn State expects students to pursue their academics in an honest and ethical manner. The University takes violations of academic integrity very seriously. Please refer to page 48 for more information.

## Contacting Instructors

Students are expected to contact instructors if they have questions or concerns about course content, policies, or academic performance. College instructors are available during their office hours or by appointment. Office hours should be listed on the course syllabus (an outline of the course content, expectations, and grading basis). Family members should not contact instructors or academic advisers directly.

## Transferring Credit to Penn State

A student who does advanced work in a secondary school may earn credit through the Advanced Placement (AP) or International Baccalaureate (IB) exams, which are based on college-level study, depending on the grade earned on the exam and the level of the exam taken. A-Level exams completed by international students may also be considered for credit. Penn State students may also transfer credits from courses taken at another higher education institution in order to meet degree requirements. When awarded, all transfer credits are recorded on the student's transcript, but no grade is recorded, and the student's grade-point average is not affected. Students should speak with a college adviser regarding the ability to transfer course credit toward their intended degree. Additionally, because there is a lower- and upper-division tuition differential, students should contact the Office of the Bursar (page 21) for help in determining the potential impact of transfer credits on their tuition.

## Academic Advising Centers

College	Address	Telephone
College of Agricultural Sciences	101 Agricultural Admin. Bldg.	814-865-7521
College of Arts & Architecture	104 Borland Bldg.	814-865-9523
Smeal College of Business	202 Business Bldg.	814-863-1947
Donald P. Bellisario College of Communications	204 Carnegie Bldg.	814-865-1503
Division of Undergraduate Studies	Grange Bldg. Lobby	814-865-7576
College of Earth & Mineral Sciences	14 Deike Bldg.	814-863-2751
College of Education	228 Chambers Bldg.	814-865-0488
College of Engineering	208 Hammond Bldg.	814-863-1033
College of Health & Human Development	5 Henderson Bldg.	814-865-2156
College of Information Sciences & Technology	104 IST Bldg.	814-865-8947
College of the Liberal Arts	See advisers by major/minor at <a href="http://la.psu.edu">la.psu.edu</a>	814-865-2545
College of Nursing	210 Nursing Sciences Bldg.	814-863-2229
Eberly College of Science	225B Ritenour Bldg.	814-863-3889
Health Professions Advising	225B Ritenour Bldg.	814-863-3889
Pre-Law Advising	Grange Bldg. Lobby	814-865-7576



## Grades & Grade-Point Equivalents

Quality of Performance	Grade	Grade Point Equivalent
Excellent: Exceptional achievement	A	4.00
	A-	3.67
Good: Extensive achievement	B+	3.33
	B	3.00
	B-	2.67
Satisfactory: Acceptable achievement	C+	2.33
	C	2.00
Poor: Minimal achievement	D	1.00
Failure: Inadequate achievement	F	0.00
Academic dishonesty	XF	0.00

### Items to Know:

SGPA = Semester Grade-Point Average  
 CGPA = Cumulative Grade-Point Average  
 Dean's list = 3.50 SGPA  
 Minimum acceptable = 2.00 CGPA

Minimal competitive CGPA at application:

- Undergraduate internships 3.00
- Medical school 3.50
- Law school 3.33

For information about medical school and other health professions, visit [science.psu.edu/premed](http://science.psu.edu/premed).

For more information about law school, visit [dus.psu.edu/prelaw](http://dus.psu.edu/prelaw).



## Academic Resources

### Penn State Learning

814-865-2582

[pennstatelearning.psu.edu](http://pennstatelearning.psu.edu)

Penn State Learning provides no-cost, instructor-approved, on-campus tutoring and guided study groups to currently enrolled undergraduate students. All tutors are students who have recently taken many of the courses they tutor and who are well-equipped to help their peers. At Penn State Learning, students may:

- Drop in or make an appointment to see a math, writing, or world language tutor
- Join face-to-face or online guided study groups for select math, science, statistics, and economics courses
- Interact with an online tutor to get feedback on a writing assignment
- Reserve a study space with screen-sharing technology
- Apply to be a tutor in subjects in which they excel

### University Libraries

814-865-6368

[libraries.psu.edu](http://libraries.psu.edu)

The University Libraries' five locations offer students a base for academic, social, and cultural endeavors. Our collections surpass seven million titles, 850 online databases, and 225,000 online journals. We provide personalized help with research and projects, online guides, course materials on reserve, quiet and group study spaces, technology and equipment to borrow, and other resources. Pattee Library's Knowledge Commons houses multimedia production space, presentation practice rooms, virtual reality learning modules, and high-tech classrooms.

### Penn State Bookstore

HUB-Robeson Center

814-863-0205

[psu.bncollege.com](http://psu.bncollege.com)

The Penn State Bookstore provides textbooks, supplies, and technology for all courses offered by Penn State. In addition, the bookstore has an extensive selection of school spirit clothing and gifts, greeting cards, gift wrap, cosmetics, and graduation supplies. The Bookstore also offers an extensive general book and magazine department as well as a 60-seat cafe. See ads on pages 61- 63.

## Office of the Vice Provost for Educational Equity

814-865-5906

[equity.psu.edu](http://equity.psu.edu)

The Office of the Vice Provost for Educational Equity serves as a catalyst and advocate for Penn State's diversity and inclusion initiatives. Educational Equity's vision is a community that is an inclusive and welcoming environment for all. The following offices are within Educational Equity:

### Multicultural Resource Center

220 Grange Building

814-865-1773

[equity.psu.edu/mrc](http://equity.psu.edu/mrc)

The Multicultural Resource Center (MRC) provides individual college counseling and educational services for undergraduate students who self-identify as African/Black American, Hispanic/Latinx American, Asian Pacific Islander Desi American, or American Indian. MRC counselors work with students on a variety of topics involving University policies and procedures, financial aid concerns, tutoring referrals, strategies for academic success, and career matters, to assist them in attaining their educational goals.

### Office of Veterans Programs

138 Ritenour Building

814-863-0465

[equity.psu.edu/veterans](http://equity.psu.edu/veterans)

The Office of Veterans Programs is organized as a comprehensive, direct-service unit for veterans and Department of Veterans Affairs (DVA) benefits recipients. The office is staffed by six full-time professionals and approximately 20 student veterans who work part-time under the provisions of DVA work-study. The staff and students provide services in three major areas: programming and outreach, educational benefits, certification, and general counseling.

### Student Disability Resources

116 Boucke Building

814-863-1807

[equity.psu.edu/sdr](http://equity.psu.edu/sdr)

Student Disability Resources (SDR) promotes a welcoming and inclusive environment for students with disabilities. The SDR staff determine reasonable accommodations to provide equal access to academics, on-campus housing, and other services. Examples of accommodations may include extended time for tests, "read aloud" software, sign language interpreting, captioning, and note-taking help.

## Global Programs

410 Boucke Building

814-865-7681

[global.psu.edu](http://global.psu.edu)

Global Programs oversees many of Penn State's international activities. In the 21st century, global competence is more vital than ever, and Penn State continues to become a truly global university. We seek to create a new generation of global citizens. Global Penn State offers:

- Over 400 study abroad programs in over 50 countries. Students from all majors can take classes in their major or minor and general education courses.
- Over 500 scholarship funding opportunities for study abroad programs.
- Services for international students and scholars that include immigration assistance, a comprehensive orientation, engagement opportunities, and a welcoming environment.
- New and existing partnerships with institutions around the globe. Penn State works with international partners in research and service on world issues.
- Support for faculty including international components in coursework.

### Schreyer Honors College

814-863-2635

[shc.psu.edu](http://shc.psu.edu)

The Schreyer Honors College is a top-ranked University-wide honors college for students with exceptional academic and leadership abilities. The experience is designed to challenge, enrich, and broaden students' general education through academic excellence, building a global experience, and leadership through service. Entry to the Schreyer Honors College for first-year students is by application and selection. Prior to the start of their sophomore and/or junior year, Penn State students with distinguished academic records whom embrace the mission of the Schreyer Honors College may apply to become Schreyer Scholars in spring of that year.

### University Fellowships Office

814-863-8199

[ufo.psu.edu](http://ufo.psu.edu)

The University Fellowships Office aims to spark personal reflection and professional growth in undergraduates and to enhance the understanding of competitive awards within the Penn State community. In collaboration with the University Libraries, we provide select first- and second-year students with a deep dive into Penn State opportunities and a head start at applying for opportunities during the Spark Program, an educational experience that connects like-minded students from across disciplines with resources on campus. We also host information sessions and offer individual advising for students interested in exploring undergraduate research and applying for fellowship opportunities.



# Money Matters & Technology



# Access to Student Information

## Office of the University Registrar

112 Shields Building

814-865-6357

[registrar.psu.edu](http://registrar.psu.edu)

The Office of the University Registrar is responsible for student academic records and related processes, including: registration, academic transcripts, confidentiality of student records, grade reporting, graduation, diplomas, enrollment verification, and degree audits. Our goal is to provide students with accurate and complete information in a quick and efficient manner.

## Student Educational Records

The Federal Family Educational Rights and Privacy Act of 1974, FERPA (also known as the Buckley Amendment), is the federal law that protects the privacy of student education records and identifies the rights with respect to student education records kept by institutions.

Penn State is committed to maintaining the privacy and confidentiality of the student's Social Security number. The primary student identification number used to conduct University business is the Penn State ID number (known as PSU ID).

## Student Rights Under FERPA

Under FERPA, institutions may not release education records, except under certain circumstances, without written consent from the student. This regulation does not apply to information that the University has identified as directory information (e.g. name, address, phone number, major) unless the student has blocked disclosure of such information. The primary rights of students under FERPA include the rights to:

- Have some control over the disclosure of information from their education records
- Inspect and review their education records
- Request the amendment of inaccurate or otherwise inappropriate education records

## Parent & Family Rights Under FERPA

When a student reaches the age of 18 or begins attending a postsecondary institution, regardless of age, FERPA rights transfer from the parent to the student. This means that you may not obtain your student's education records (including grades) without the written consent of your student. Parents may, with the student's permission, access their student's grades and other portions of their student's education record online through Delegated Access (page 20) in LionPATH.

## Withhold Directory Information

Under FERPA, an institution is permitted to release directory information (e.g. name, address, phone number, major) without written consent from the student. However, a student has the right to prevent this release. The student must complete and sign the Request to Withhold Directory Information form found on the Registrar's website under *Student Forms*. The signed form must be taken in person or mailed along with a copy of photo identification to the Registrar's office. Withholding directory information means:

- Student name/address is excluded from the online directory
- Student name will not appear in the commencement program
- Verification of enrollment, graduation, or degrees awarded will not be provided to third parties, including potential employers
- No information about the student will be released to any person (including the student) on the telephone or via email

## Release Directory Information

If a student later wishes to remove the directory hold, the student must complete and sign the Request to Release Directory Information form found on the Registrar's website under *Student Forms*. The signed form may be taken in person or mailed along with a copy of photo identification to the Registrar's office.

## Enrollment Verification

Insurance companies, financial lenders, or employers may require proof that a student was or is currently enrolled at Penn State. An enrollment verification provides proof of enrollment, graduation, student status, and other related information.

Currently enrolled students may use the *Enrollment Verification* under *Academic Records* in LionPATH Self Service. The student may print an unofficial copy and mail it to the requesting agency, or they may request an official verification, containing the University Registrar's signature and University seal on security paper, to be mailed to the specified address via first-class U.S. mail within three business days. This function is also available to families through the LionPATH Self Service if their student has granted them Delegated Access.

Because of the volume of requests received, the Registrar is unable to complete agency-supplied verification forms. The official University enrollment verification document can be attached to the original agency-supplied form. All other parties may contact the National Student Clearinghouse for verification of students' enrollment and degree information. For information: [studentclearinghouse.com](http://studentclearinghouse.com).

# LionPATH

[public.lionpath.psu.edu](http://public.lionpath.psu.edu)

LionPATH is Penn State's student information system. Students use LionPATH to enroll in classes, view financial aid, pay tuition, check grades, submit health insurance information, and more.

You can view your student's data--such as grades, financial aid and class schedules--by using Delegated Access. In addition, you can pay tuition by using Authorized Payer Access. Delegated Access and Authorized Payer Access are two separate functions within LionPATH. For information and to view tutorials, visit [lionpathsupport.psu.edu/parent](http://lionpathsupport.psu.edu/parent).

## Using Delegated Access

In order for you to access student data in LionPATH, your student must first provide access to you.

**Step 1—** Provide your student with your email address to receive your activation email. This email will also serve as your login ID.

**Step 2—** Once your student has given you access, you will receive an activation email that will contain a login ID, temporary password, and a link for you to log in and view those areas your student has shared.

*Note: If you are a Penn State employee or student, the link to view shared information is a different URL than you may normally use to access LionPATH.*

- For staff who are students AND use LionPATH in daily work, use [lionpath.psu.edu](http://lionpath.psu.edu)
- For all staff who have been given Delegated Access by their student, use [public.lionpath.psu.edu](http://public.lionpath.psu.edu) and click on the *Delegated Access* tab

## Delegated Access for Multiple Students

If you have more than one student and both delegate access to you, use the same email address and password to access information shared by each student. The email initiated by the first student will include a temporary password. After you reset your password, emails sent from additional students will not contain a temporary password. When multiple students give you Delegated Access, each is listed when you log in; however, you can only view one student's data at a time.

## View & Pay Tuition Using Authorized Payer Access

Your student can give you access to view the Student Account Statement, make payments, enroll in the Installment Payment Plan, and access IRS Form 1098-T by using Authorized Payer Access. Your student grants you access through LionPATH. After access is granted, a login ID, temporary password, and login link will be sent to you via email.

Federal law prohibits Penn State representatives from corresponding or speaking about the student's account with anyone other than the student unless the student has designated the individual as an Authorized Payer.

## Authorized Payer Access for Multiple Students

If you have more than one student at Penn State, regardless of campus, you can easily link your students' accounts. However, each student will need to create a separate user ID for you, and you will receive separate temporary passwords for each student.

To link multiple student accounts:

- Visit [public.lionpath.psu.edu](http://public.lionpath.psu.edu) and click on the *Authorized Payer Access* tab
- Use your Authorized Payer user ID and password provided by your student to log in
- Navigate to the *Student Links* section on the Payment Gateway dashboard, which will display the name of the student you are currently viewing
- Select *Add New* to link another student account and enter the Authorized Payer user ID and password for that student's account
- The *Student Links* section in the Account Dashboard will show the names of the linked accounts.
- Click on the student's name to transfer between accounts without having to log out and then back into the system.

**PLEASE NOTE:** Access to view and pay tuition is provided when your student grants you **Authorized Payer Access** in LionPATH. Authorized Payer Access is separate and in addition to **Delegated Access** that the student grants via LionPATH for academic information.

# Money Matters

## Office of the Bursar

103 Shields Building

814-865-6528

[bursar.psu.edu](http://bursar.psu.edu)

The Office of the Bursar is responsible for maintaining student accounts pertaining to acceptance fees, tuition billing, charges, payments, and refunds.

## Tuition Statement

Account statements are prepared on a monthly basis. Billing begins in early August for fall semester and early January for spring semester. The first billing statement of the fall and spring semesters is due after the regular drop/add period as indicated on the statement. All other monthly billing statements are due on the 22nd of the month. This may vary slightly depending on when a student enrolls in classes. Enrollment typically occurs at New Student Orientation.

Students will receive notification via their Penn State email account\* when their statement is available to view/pay in LionPATH. Residence hall charges are included on the statement, if applicable. Paper statements are not mailed.

*\*The Office of the Bursar, as well as other Penn State departments, will communicate important information to students through their Penn State email account. It is important that students monitor their PSU email account.*

## Remind Your Student to:

- ☐ Sign up for eRefund (direct deposit).
- ☐ Grant online Authorized Payer Access for parents/other individuals (optional) page 20.
- ☐ Grant online Delegated Access for parents (optional) page 20.

## Financial Responsibility Agreement

Students must sign a Financial Responsibility Agreement (FRA) prior to enrolling in classes each semester. The FRA is a student's promise to take responsibility for payment of their account.

## Paying Tuition

The eCheck option is a fast and convenient online method to pay the tuition statement directly from a personal checking account drawn on a U.S. bank. There is no charge to pay by eCheck. Online credit card payments (Visa, MasterCard, Discover, or American Express) are also accepted. A service fee will be charged for credit card payments.

If you want to mail a check, a payment stub should be printed and mailed with the payment to Penn State. Please allow 7-10 business days for the payment to be received and posted to the student account. A late fee applies if payment is not posted to the student's account by the due date indicated on the statement.

## Payment Plans

Penn State offers an Installment Payment Plan every semester. Enrollment in the plan allows students/authorized payers to pay the semester charges (tuition, fees, and room and meals, if applicable) over a period of four months in the fall and spring semesters, and three-monthly installments in the summer. There is a \$45 non-refundable enrollment fee per semester, which covers administrative costs. The payments can be made with eCheck or credit card (Visa, MasterCard, Discover, or American Express).

Once the first billing statement for the semester is issued, students/authorized payers can enroll in the Installment Payment Plan online with 1/4 of the balance for fall and spring or 1/3 for summer. Enrolling after the first installment due date will require an initial payment of 1/2 of the balance for fall and spring, or 2/3 of the balance for summer. Subject to change. Please check the Bursar's website for actual installment dates.

## Additional Student Aid

The Anticipated Financial Aid section on a student's tuition statement reflects the most current known available financial aid. Students with scholarships, grants, or loans that are not reflected on their statement should contact the Office of Student Aid (page 22).

## Outside Scholarship Information

Many students will receive scholarships from various organizations, agencies, and foundations as they graduate from high school. In order for your student's tuition statement to reflect these outside awards, it is important to send the scholarship checks as early as possible to the address below. Checks must be made payable to Penn State and the student (and be signed by the student for processing) or just made payable to Penn State. Please include the student's PSU ID in the memo line.

Student Financial Services  
Attn: External Awards  
109 Shields Building  
University Park, PA 16802

## eRefund

A refund will be issued if there is a credit balance on the student account. eRefund is electronic deposit of a refund into the student's bank account, and the fastest and safest delivery of refunds to students. eRefund is only available to students. Parents receive ParentPLUS loan refunds by paper check.

## Tuition Assessment & Planning

[tuition.psu.edu](http://tuition.psu.edu)

Penn State assesses tuition based on the student's campus, college, major, residency classification, credit load, and semester classification. Once an undergraduate student completes 59.1 or more total credits (which include credits earned through advanced placement or transferred from another institution), the student is considered to have obtained Junior/Senior status at Penn State. The Board of Trustees approves the tuition and fees for the academic year in mid-July every year.

## Office of Student Aid

314 Shields Building

814-865-6301

[studentaid.psu.edu](http://studentaid.psu.edu)

The Office of Student Aid administers all major types of federal, state, and University financial aid and coordinates multiple funding sources on behalf of sponsoring agencies. The primary sources of student aid funding at Penn State come from federal and state programs.

### Applying for Aid

You and your student must complete the Free Application for Federal Student Aid (FAFSA) for your student to be considered for financial aid, including grants, scholarships, loans, and workstudy. The FAFSA is the ONLY application required to be considered for most need-based aid at Penn State. Complete the FAFSA or submit corrections online at [fafsa.ed.gov](http://fafsa.ed.gov).

Students need to submit the 2020-2021 FAFSA in order to be considered for aid for fall 2020, spring 2021, and summer 2021. Students who are admitted for summer 2020 also need to submit the 2019-20 FAFSA by June 30, 2020, if they wish to be considered for aid for summer 2020.

### Student Aid Notification

Students who submit the FAFSA will receive an email notification from our office with information about the types of aid they are eligible to receive.

### Federal Direct Subsidized & Unsubsidized Loan

To receive Federal Direct Loans, your student must:

- Submit the FAFSA at [fafsa.ed.gov](http://fafsa.ed.gov)
- Accept the loan in LionPATH
- Sign a Direct Loan Master Promissory Note (MPN) at [studentaid.gov](http://studentaid.gov)
- Complete Entrance Counseling at [studentaid.gov](http://studentaid.gov)

After all steps above have been completed, the Federal Direct Loan will appear as a credit on the student's bill.

### Federal Direct Parent PLUS Loan

The financial aid listed on the Award Summary in LionPATH may not cover all educational costs. As a parent, you may apply for a Federal Direct Parent PLUS Loan. This is a federal loan available only to parents/stepparents of dependent undergraduate students.

### Private Alternative Loans

If the PLUS loan is not an option for you, your student can seek additional funding from private alternative loans, which typically require a cosigner.

## Scholarships

All admitted students who submit the FAFSA to Penn State are considered for scholarships awarded by the Office of Student Aid. If your student was awarded a scholarship from the Office of Student Aid, it will be listed on the Award Summary in LionPATH. Some academic colleges, campuses, and administrative units require separate applications.

## Work Study

All students who submit the FAFSA to Penn State by December 1 and answer "yes" to the question about federal work study are considered for work study. If your student was awarded work study, it will be listed on the Award Summary in LionPATH.

If your student did not receive a work study award, there are many employment opportunities available. They can learn more at [psu.jobs](http://psu.jobs).

## Rights & Responsibilities of a Financial Aid Recipient

As a financial aid recipient, it is crucial that your student is well informed about their rights and responsibilities. Be sure that your student carefully reviews this important information on our website and understands Penn State's Satisfactory Academic Progress Standard and what is required of students to remain eligible for student aid.

## FAFSA Verification

The Office of Student Aid is required by the federal government to confirm the accuracy of the information submitted on the FAFSA, a process known as verification. If students are selected for verification, they will be notified by the Office of Student Aid. This notification will include the specific information needed and a due date. Please respond promptly to any requests from the Office of Student Aid for verification documents to avoid a delay in the processing of student aid. Please do not submit any documents unless you or your student receives a request.

## Check Penn State Email Frequently

The Office of Student Aid communicates with students through their Penn State email account. They will also be able to access their student aid information in LionPATH. Be sure to ask your student to share any pertinent student aid information with you or grant you access to their Award Summary in LionPATH.

## id+ Card

20 HUB-Robeson Center, Lower Level

814-865-7590

[idcard.psu.edu](http://idcard.psu.edu)

The id+ Office issues University identification cards and is the central office responsible for the support of all id+ card related services.

Your student is required by University policy to obtain and carry their Penn State id+ card at all times. The id+ card is transferable between Penn State campuses. The id+ card is a vital part of life at Penn State, providing easy access to University resources and services, such as library services, access to the residence halls, athletic events, and testing centers. The id+ card is also the mechanism used for accessing the Campus Meal Plan, LionCash+, and PNC Bank (optional) accounts.

## LionCash+

[lioncash.psu.edu](http://lioncash.psu.edu)

LionCash+ is Penn State's prepaid spending account. It is a safe and easy way for your student to make purchases on-campus and around town. LionCash+ is accepted at over 200 participating locations, including on-campus printing, vending, laundry, and copy machines. LionCash+ is the only accepted payment method for on-campus laundry facilities. To activate your student's LionCash+ account, simply make an initial deposit online or at the id+ Office. There are no fees to use the account and balances carry over from semester to semester and from year to year. Upon graduation, withdrawal, or at the end of the spring semester, your student may request a refund for the balance remaining in their account (less a \$10 processing fee).

## LionCash+ Deposits

[idonline.psu.edu](http://idonline.psu.edu)

Family and friends may deposit funds into a student's LionCash+ or Campus Meal Plan account online with a MasterCard, Visa, American Express, or Discover card. Deposits are processed as a standard purchase, not a cash advance, and are processed in real time so funds are immediately available.

Your student also has the ability to manage LionCash+ and Campus Meal Plan online. Your student can check account balances, review and email transaction history, deactivate a lost or stolen id+ card, and change the Campus Meal Plan level. If your student works on campus, he or she may also sign up for payroll deductions into their LionCash+ account.

## id+ Card & PNC Bank Accounts

[pnc.com/psu](http://pnc.com/psu)

With 12 ATMs and a Customer Service Center on campus, PNC makes banking easy for students. Through an exclusive banking partnership with PNC Bank, your student may link a PNC checking account to the id+ card so the id+ card can be used to get cash at any ATM.

Your student will have free access to their account at more than 7,100 PNC Bank ATMs, online and text message banking, and account alerts that help them keep track of their checking balance.

## One Card Access

Meal Plan, LionCash+ and PNC Bank accounts can all be accessed using the id+ card, they are three separate accounts. Technology eliminates the need for your student to carry multiple cards on campus by using one card to access multiple accounts. For example:

- If your student uses the id+ card to make a purchase at any on-campus dining facility or eatery, the funds will be deducted from the Campus Meal Plan account.
- If your student uses the id+ card to make a purchase at an off-campus LionCash+ Merchant location, at an on-campus location that is not a Food Service operation such as the Penn State Bookstore, or in an on-campus printer, copier, laundry or vending machine, the funds will be deducted from the LionCash+ account.
- If your student uses the id+ card in an ATM machine to withdraw or deposit money, the transaction will affect the student's PNC account.

## Replacing the id+ Card

If your student's id+ card has been lost or stolen, your student should immediately deactivate it online or in person at a Commons Desk or id+ Office. Deactivating the card will suspend residence hall access, Campus Meal Plan, and LionCash+ access. If the card is found prior to a replacement id+ card being issued, it may be reactivated online or at the id+ Office within seven days of being deactivated. For IDs not recovered, a new id+ card may be obtained at the id+ Office at the current replacement fee. After hours, your student may obtain a temporary replacement ID at their Commons Desk for a nominal fee until they can visit the id+ Office. New or replacement IDs will be active immediately for residence hall access, Campus Meal Plan and LionCash+ access, and fitness facility access. Access to tickets for athletic events and testing centers is not available on the temporary replacement IDs.

*The PNC Bank relationship benefits students and the University. The University receives financial support from its relationship with PNC Bank. Annual financial support from PNC Bank helps to support operating expenses for the id+ card program as well as other University services. Please direct questions about the University's relationship with PNC Bank to the id+ Office. Linking your id+ card to your PNC Bank accounts enables you to use your id+ card in ATMs only. Your PNC Bank account is a separate account from the Campus Meal Plan and LionCash+ accounts. Virtual Wallet is a registered trademark of The PNC Financial Services Group, Inc. ©2020 The PNC Financial Services Group, Inc. All rights reserved. PNC Bank, National Association. Member FDIC.*

# Technology

## Penn State IT

814-863-3746

[it.psu.edu](http://it.psu.edu)

Penn State IT ensures that students have the technology tools necessary to make the most of their academic careers. Services include University email and calendaring, IT service desks, and access to audio/video production facilities through Media Commons.

## Student Technology Guide

[connecttotech.psu.edu](http://connecttotech.psu.edu)

This guide introduces students to some of the University's most important Information Technology (IT) resources, ranging from technology tutoring to where to store their files and help creating multimedia projects.

## Two-Factor Authentication (2FA)

[get2FA.psu.edu](http://get2FA.psu.edu)

Students are required to enroll in Two-Factor Authentication (2FA), in order to access more than 2,300 sites and services like Outlook, LionPATH, and Canvas. 2FA provides a second layer of security when users attempt to log in to Penn State services by sending a message to their mobile devices that verifies their identity.

## Media & Technology Support Services

**Wagner Annex**

814-865-5400

[libraries.psu.edu/mtss](http://libraries.psu.edu/mtss)

Media Tech offers equipment available at no cost to students. We offer cameras, laptops, video and audio equipment, and more.

## Software at Penn State

[software.psu.edu](http://software.psu.edu)

Software at Penn State provides students access to many software applications at discounted prices, including some at no cost – most notably antivirus software, Microsoft Office 365, and Adobe Creative Cloud. Other available titles include Matlab, SAS, EndNote, SPSS, Qualtrics, Esri, and more.

## Penn State Student Systems

**Canvas** – Learning management system where professors upload course materials and conduct online discussions

**eLiving** – On-campus housing portal, including roommate assignments and housing lottery process

**LionPATH** – Student information system to register for classes, check grades and pay bills

**Penn State Go** – The official and all-in-one mobile app available to download in the Google Play store and Apple App store

**myUHS** – University Health Services portal to submit immunization records, make an appointment and communicate with doctors

**Starfish** – Communication portal for academic advisers and instructors

## Residential Computing Services (ResCom)

[rescom.psu.edu](http://rescom.psu.edu)

ResCom is the computer technical support service offered by Penn State Housing, free of charge, to students residing in the residence halls.

## How does ResCom help students?

ResCom operates help desks conveniently located in three of the commons areas. Help desks are open evenings during the week and afternoons on the weekend. Students can also make an appointment for in-room, one-on-one service as needed. Technicians are available to assist your student with technical issues they may encounter while using their computer or internet connection. Services include virus and spyware removal, software installation, and diagnosing hardware issues.

## Do students need a computer?

Although Penn State does not require your student to have a computer, it is highly recommended that your student brings one to campus. The University provides computer labs with workstations using all three major operating systems, as well as many expensive and necessary programs students need access to while working toward their degree. It is recommended that you check with your student's academic college for computer recommendations or specifications.

## Wireless Access Areas

Wireless is available in most buildings on campus, housing commons buildings, and residence halls. For more information on how to connect to the Penn State IT-provided wireless networks and a map of all their locations, visit [wireless.psu.edu](http://wireless.psu.edu).

## Residence Hall Room Wired or Wireless Internet Connection

Visit the ResCom website for detailed step-by-step instructions on how to connect to the residence hall network, located under the *Getting Connected* link.

## Antivirus Programs

Students are ultimately responsible for ensuring the security of the computer they use on the Housing network. Additionally, they are responsible for maintaining their computer by keeping it patched, updated, and protected from viruses. Enterprise Networking and Communication Services (ENCS) offers Symantec Endpoint Protection, free of charge, for all students. Visit [rescom.psu.edu/online-safety](https://rescom.psu.edu/online-safety) for additional online safety information and to download the virus detection/spyware software. Antivirus software that comes with new computers are a limited trial version. It is recommended that students install the Penn State provided Symantec Corporate Antivirus to protect their computer. DO NOT install more than one anti-virus program on a computer at the same time. Always uninstall an old version first, then install the new antivirus program.

## Downloading Music, Movies & Software

It is illegal to copy or transfer copyrighted material and any user who does so may face University or legal sanctions.

## The Penn State Sokolov-Miller Family Financial and Life Skills Center

[financialliteracy.psu.edu](https://financialliteracy.psu.edu)

814-863-0214

The Penn State Sokolov-Miller Family Financial and Life Skills Center's mission is to provide students with the ability to use knowledge and skills to manage financial resources effectively for a lifetime of financial well-being.

- Presentations for classes and organizations under the MoneyCounts: A Financial Literacy Series.
- Personal one-on-one sessions with staff and/or student ambassadors.
- Free and open to public monthly webinars on the first and third Tuesday of each month at noon.
- Online self-study modules of 27 different topics in financial literacy.
- Mentoring program in financial literacy to connect expert PSU alumni and students.

# Make Penn State part of your summer plans.

**STAY ON TRACK** for graduation.

**GET AHEAD** to graduate early.

**MAKE TIME** for study abroad or a minor in the fall or spring.

**300+** courses at **UNIVERSITY PARK**, general education to degree-specific credits

**100+ ONLINE** courses wherever you are this summer

Three summer sessions (**Maymester**, **Summer Session I**, and **Summer Session II**) and the availability of online courses give you the flexibility to make summer work for you.

Visit **LionPATH** for a complete list of courses and to enroll.



[summersession.psu.edu](https://summersession.psu.edu)  
814-863-4174  
[summersession@psu.edu](mailto:summersession@psu.edu)

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# Campus Life



## Student Affairs

[studentaffairs.psu.edu](http://studentaffairs.psu.edu)

Student Affairs provides programs and services to promote the intellectual and personal development of students throughout their college careers. These offerings challenge and support Penn State students as they become active and responsible members of their communities.

### Providing Community & Advocacy

When students feel safe and welcome they can focus on learning, developing friendships, and growing personally. Student Affairs is dedicated to providing support and advocacy to help students, programming around diversity and inclusion, and spaces where all students can feel safe and included.

## Adult Learner Programs & Services

210 Boucke Building

814-863-7378

[studentaffairs.psu.edu/adults](http://studentaffairs.psu.edu/adults)

Adult Learner Programs and Services provides advocacy, mentorship, and programming for non-traditional aged students and student veterans. We assist students returning to higher education, beginning college after working, raising a family, or serving in the military. Our office can help students navigate campus life, and identify transition resources, child care subsidy, financial aid, and community resources. We offer monthly workshops, discussion opportunities, and social events to support students' personal, academic, and career goals throughout the year.

## Center for Spiritual & Ethical Development

Pasquerilla Spiritual Center

Eisenhower Chapel

814-865-6548

[studentaffairs.psu.edu/spiritual](http://studentaffairs.psu.edu/spiritual)

The Center for Spiritual and Ethical Development (CSED) provides a venue and programs for the ethical, spiritual, and character development of the University community. Penn State supports the principle of religious freedom and believes that religious practices, spiritual inquiry, and holistic development have a place within University life; however, Penn State endorses no particular religion or religious group. The CSED hosts a culturally diverse, multi-faith community.

## Center for Sexual & Gender Diversity

LL011 HUB-Robeson Center

814-863-1248

[studentaffairs.psu.edu/csgd](http://studentaffairs.psu.edu/csgd)

The Center for Sexual and Gender Diversity aims to create an open and safer culture at Penn State for sexual and gender diversity. We provide a range of education, programming, and advocacy supporting students, faculty, staff, and alumni across the Commonwealth of Pennsylvania.

## Collegiate Recovery Community

[studentaffairs.psu.edu/recovery](http://studentaffairs.psu.edu/recovery)

Penn State Collegiate Recovery Community (CRC) is a program that offers support to students in recovery from alcohol and other substance use disorders. CRC members agree to:

- Not use alcohol and other substances.
- Attend peer-support seminars at our center in the Pasquerilla Spiritual Center.
- Work a recovery program outside the CRC (i.e. by attending A.A. or N.A. meetings and working with a sponsor, or by attending SMART recovery meetings, in addition to other options.)

A number of students live in ROAR (Residence of Addiction and Recovery) House, the Penn State CRC's dedicated on-campus recovery housing. Students interested in ROAR should contact the CRC.

## Gender Equity Center

204 Boucke Building

814-863-2027

[studentaffairs.psu.edu/genderequity](http://studentaffairs.psu.edu/genderequity)

The Gender Equity Center provides free and confidential counseling and advocacy to all students affected by issues like sexual violence, relationship violence, stalking, body image concerns, and more. The Center also provides referrals and other resource information, as well as educational opportunities throughout the year. Students can get involved with the Center through its two peer education groups. The Center commits itself to serving all students in the spirit of diversity and social justice.

## Paul Robeson Cultural Center

21 HUB-Robeson Center

814-865-1779

[studentaffairs.psu.edu/cultural](http://studentaffairs.psu.edu/cultural)

The Paul Robeson Cultural Center serves students in the development of character, conscience, and social responsibility through fostering diversity, racial identity, social justice, and inclusion.



## Student Care & Advocacy

120 Boucke Building

814-863-2020

[studentcare@psu.edu](mailto:studentcare@psu.edu)

[studentaffairs.psu.edu/studentcare](http://studentaffairs.psu.edu/studentcare)

Students may experience a variety of challenges during their college careers. Student Care and Advocacy uses a coordinated, team approach when empowering students to navigate unforeseen difficulties and suggests a course of action that considers the needs of the individual in the context of available resources. Examples of situations with which the office can assist are academic distress, financial insecurity, housing/food insecurity, death of an immediate family member, family emergency/crisis, mental health concerns, medical emergency and/or hospitalization, long-term illness, local natural disaster, and/or unexpected events or challenges.

Case managers' recommendations are guided by an ethic of care and attention to the safety and well-being of individuals and the campus community. The approach is one of empowerment, encouraging students to maximize their educational experience, and prepare for involvement in the larger community and life beyond college.

## Student Legal Services

248 East Calder Way, Suite 303

814-867-4388

[studentaffairs.psu.edu/legalservices](http://studentaffairs.psu.edu/legalservices)

Student Legal Services provides free legal services to students, including advice, representation, and/or referrals. To request services, students can visit our website and complete an online form. Common issues are:

- Landlord disputes
- Criminal charges
- Consumer issues
- Immigration concerns

## Shaping Citizens and Leaders

Much of student learning happens outside the classroom. Student Affairs offers programs and events to develop critical thinking, decision making, teamwork, and conflict resolution making students better leaders, stronger professionals, and responsible citizens.

## Career Services

101 Bank of America Career Services Center

814-865-2377

[studentaffairs.psu.edu/career](http://studentaffairs.psu.edu/career)

Students should be active in career planning to be successful after graduation. Career Services offers services, programs, and resources that can help. Professional staff counsel students on the exploration of academic majors and career options. Staff also coach students on gaining experience, writing resumes, interviewing, job searching, applying to graduate school, and more. Career fairs, job postings, on-campus interviews, and networking opportunities are available.

## The Center for Character, Conscience, & Public Purpose

102 HUB-Robeson Center

814-867-6402

[studentaffairs.psu.edu/thecenter](http://studentaffairs.psu.edu/thecenter)

The Center for Character, Conscience, and Public Purpose offers programs preparing students for lives of thoughtful and committed ethical leadership, advancing the public good, and responsible citizenship. Programs include Penn State Votes (voter registration and get-out-the-vote campaigns), Project Cahir (scholarships for students working on anti-poverty initiatives), Lion's Pantry (food pantry for students), lunch seminars, national and international speakers, office hours with local governmental officials, and workshops on civil discourse and ethical leadership.

## HUB-Robeson Center

814-863-9755

[studentaffairs.psu.edu/hub](http://studentaffairs.psu.edu/hub)

The HUB-Robeson Center (HUB) is committed to providing all students with opportunities to become engaged in high-quality cocurricular experiences. The HUB provides a variety of cultural, educational, social, and recreational programs for all students. Most notably, the offices in the HUB offer a wide array of programs and services, such as: recognizing and registering student organizations, offering experiences designed to help students develop their leadership potential, student employment opportunities, and planning programs that engage students in service learning activities. Other opportunities include touring an art gallery, visiting the Penn State Bookstore, dining in one of the HUB eateries, or just sitting in a comfortable chair to study or relax. The HUB strives to provide an environment that fosters respect, values all individuals, appreciates diversity, and celebrates the contributions of all students and visitors.

## Stand for State

102 HUB-Robeson Center

814-867-6402

[standforstate.psu.edu](http://standforstate.psu.edu)

Stand for State is Penn State's bystander intervention initiative. The program empowers students to step in when it counts. The situations addressed include:

- Sexual and relationship violence
- Mental health concerns
- Acts of bias
- Risky drinking and drug use

The overall vision is to create a Penn State where violence and harm is not tolerated, and everyone is expected to do their part in keeping each other safe.

## Student Engagement Programs

814-863-0638

[studentaffairs.psu.edu/engagement](http://studentaffairs.psu.edu/engagement)

Student Engagement Programs provides students with opportunities to get involved in experiences that complement both their in-class and out-of-class learning.

### Arts Engagement

[cpa.psu.edu](http://cpa.psu.edu)

[studentaffairs.psu.edu/involvement-student-life/art-theater-music](http://studentaffairs.psu.edu/involvement-student-life/art-theater-music)

The Student Arts Engagement Manager is a collaborative effort of the Center for Performing Arts, the College of Arts and Architecture, and Student Affairs. The role of the manager is to find ways for more students to engage in the many arts experiences available on campus and in the community. The University hopes that every student will have a minimum of one meaningful experience before graduation.

### Student Activities

103 HUB-Robeson Center

814-863-4624

[studentaffairs.psu.edu/student-activities](http://studentaffairs.psu.edu/student-activities)

Student Activities cultivates student learning by fostering exploration, community engagement, and development through educational and experiential opportunities. Student Activities provides involvement opportunities and resources, advise individual students and student organizations, promote active and responsible citizenship, and develop collaborative community partnerships. Students can enhance their leadership skills; participate in community service programs; attend social and educational programs; take a class through the Center for Arts and Crafts; or join a student organization by attending the Involvement Fairs or going to [orgcentral.psu.edu](http://orgcentral.psu.edu). Students may participate in one of the several student organizations advised by the office such as Homecoming, Student Programming Association, the Martin Luther King, Jr. Commemoration Student Committee, University Park Allocation Committee, and others.

### Student Engagement Network

209 HUB-Robeson Center

[engage.psu.edu](http://engage.psu.edu)

The University believes that engagement is a critical component of student learning and a distinctive feature of the Penn State experience. The Student Engagement Network provides information for students, faculty, staff, and community members about participating in, planning and implementing, and assessing curricular and cocurricular engagement experiences. The Network offers:

- Resources for faculty and staff
- Information about engagement opportunities for students through its soon to be available portal Engagement Space in the HUB
- Funding for student engagement experiences through its grant program.

## Fraternity & Sorority Life

215 HUB-Robeson Center

814-863-8065

[greeks.psu.edu](http://greeks.psu.edu)

The vision for the Pennsylvania State fraternity and sorority community is a safe, civil, and civically engaged extension of campus cocurricular learning. The Office of Fraternity and Sorority Life and the Office of Fraternity and Sorority Compliance provide advisement, education, and support to the governing councils and chapter leadership. Greek-letter fraternities and sororities create smaller communities within the larger University environment and are committed to the basic principles of fraternity and sorority membership: academic achievement, service and philanthropy, leadership, brotherhood and sisterhood, social and alumni involvement.

Students may join fraternities and sororities after they earn 14 credits at Penn State or 27 credits at another higher education institution, have a 2.5 GPA, and are in good conduct standing. New member education processes are approved by the University and run for no more than six weeks. All student members pay a Greek Membership Fee to the University. The amount depends upon the chapter/council with which a student is affiliated. Additional fees are also assessed by most organizations. Some organizations require members to commit to living in fraternity and sorority housing.

### Fraternity & Sorority Compliance

204 East Calder Way, Suite 200

814-863-2857

[studentaffairs.psu.edu/compliance](http://studentaffairs.psu.edu/compliance)

The Office of Fraternity and Sorority Compliance (OFSC) works with the Greek Life Community to create a culture of risk awareness and focus on supporting a safe environment. As coaches, the office works with students and other strategic partners and stakeholders in implementing a process for identifying, assessing, and responding to risks. This is accomplished by offering educational programs, safety assessments, and monitoring events. Overall, OFSC strives to help members of the fraternity and sorority community to recognize potential risk and encourage safe practices throughout the community.



## Promoting Health & Wellness

Good physical and mental health are critical for academic success. In addition to University Health Services (page 39) and Counseling and Psychological Services (page 42), Student Affairs offers services and facilities dedicated to promoting health and wellness through participation in Campus Recreation and Health Promotion and Wellness (page 43).

## Campus Recreation

[studentaffairs.psu.edu/campusrec](http://studentaffairs.psu.edu/campusrec)

[campusrec@psu.edu](mailto:campusrec@psu.edu)

Campus Recreation provides recreation and activity-based programs, facilities and services to the campus community. An important out-of-classroom experience, campus recreation enables students to be active, socialize in groups, develop new skills, and enjoy campus life. Employment and student development opportunities exist within all areas of Campus Recreation.

### Aquatics

814-865-1433

The McCoy Natatorium offers a wide range of aquatic programs, including an indoor competition pool, instructional pool, and diving well, and outdoor 8-lane, 50m pool, and diving platform. The White Building has a 5-lane indoor lap pool, swim programs, and lessons. Aquatics Fitness classes are offered at both locations.

### Fitness & Wellness

814-863-1858

Fitness and Wellness offers a wide variety of group exercise classes including total body workout, indoor cycling, mind/body relaxation, dance, martial arts, and strength-based formats. Students may participate in drop-in classes included with their Campus Rec membership or instructional classes and personal training for a nominal fee.

### Hepper Fitness Center

814-867-1222

The 18,000 sq. ft. fitness center, located in Rec Hall on the west side of campus, offers weight training and cardio equipment.

### Intramural Building

814-867-1600

The 300,000 sq. ft. Intramural Building, our flagship facility, includes a 19,000 sq. ft. fitness center, four gymnasiums including ten multi-use courts, ten racquetball and four squash courts, an indoor turf field, climbing and bouldering walls, one cycling and four fitness studios, a functional training room, a 1/6-mile jogging track, stretching areas, and locker rooms. Activities include basketball, volleyball, indoor soccer, badminton, jogging, table tennis, cardio, and strength training, indoor climbing/bouldering, and more.

## Intramural & Club Sports

814-865-4136

Intramural Sports offers a wide variety of team and individual sports and tournaments for students of all abilities. Club Sports provides the opportunity to learn a new sport, keep fit, and compete against other collegiate clubs. Campus Recreation hosts over 50 clubs with over 2,300 student athletes. In addition to travel and competition, club members experience leadership and developmental opportunities, and participate in community service.

## Outdoor Adventures

814-863-2895

Outdoor Adventures offers year-round adventure trips (kayaking, rock climbing, rafting, backpacking, caving, skiing, and more) to areas throughout Pennsylvania and the eastern United States. Equipment rentals and trip planning resources are available. Leadership and team building opportunities are offered through the Challenge Course program (high ropes course, alpine tower, and climbing wall) at the Stone Valley Recreation Area.

## Stone Valley Recreation Area

814-863-1164

Stone Valley Recreation Area offers a wide array of year-round activities on 700 acres, including access to an off-road trail system and Lake Perez. Located just 17 miles from campus, Stone Valley offers hiking, paddle sports, fishing, picnicking, mountain biking, x-country skiing, and cabin rentals.

## Tennis Center

814-865-1351

Skill clinics, group, and one-on-one opportunities are available for all ages and skill levels on four indoor and 26 outdoor courts. Services include open play, private lessons, group clinics, pro-shop club memberships, and guest programs. Other activities include pickleball and cardio tennis.

## White Building

814-867-2083

The White Building offers a wide variety of recreation and activity spaces. It features: a 17,000 sq. ft. cardio and strength area, 25m lap pool, two basketball courts, three multi-use rooms, one cycling and two fitness studios, locker rooms, and spaces for dance clubs to practice.

## Arts & Entertainment

When our students look for entertainment, they are faced with a significant number of choices. From premier performing and visual arts, large concerts, and unparalleled varsity sports, Penn State provides many opportunities for students to spend their leisure time on campus.

### Bryce Jordan Center

814-865-5555

[bjc.psu.edu](http://bjc.psu.edu)

[jordancenter@psu.edu](mailto:jordancenter@psu.edu)

The Bryce Jordan Center (BJC) is central Pennsylvania's premier entertainment facility. The 15,000+ seat arena has hosted top-name performers in the music entertainment industry as well as family shows, sporting events, commencements, Penn State Men's and Women's Basketball and THON, the largest student-run philanthropy in the country. Tickets to most events are discounted to University Park Penn State students courtesy of the Student Fee Board. Follow @jordancenter on Facebook, Instagram and Twitter.

### Center for the Performing Arts

Eisenhower Auditorium

800-ARTS-TIX or 814-863-0255

[cpa.psu.edu](http://cpa.psu.edu)

The Center for the Performing Arts presents artists from around the world. Performances take place at Eisenhower and Schwab Auditoriums. The center welcomes touring Broadway shows, classical and jazz musicians, circus shows, dance companies, world music artists, family productions, and more. Tickets are discounted for University Park students.



## Blue & White Society

Penn State Alumni Association

Hintz Family Alumni Center

814-865-4519

[bluewhitesociety.com](http://bluewhitesociety.com)

The Blue & White Society (BWS) is the student arm of the Penn State Alumni Association. BWS helps students find their pride and start their lifelong journey with the Penn State alumni family. Membership provides access to programs that help develop leadership, networking, and teamwork skills. Members also have opportunities to become involved with campus activities such as THON, Homecoming, and the S-Zone.

## Intercolleiate Athletics

1-800-Nittany

[gopsusports.com](http://gopsusports.com)

Penn State, a member of the Big Ten Conference since 1991, offers 31 men's and women's varsity sports. The sports are governed by the NCAA. The teams are highly competitive both within the Big Ten and on the national level. Competitions are both home and away and our sport venues offer some of the best fields and arenas in the country. Penn State Athletics is home of 79 National Championships and 112 Big Ten titles. The Nittany Lions have also supported more than 100 athletes in the Olympic Games, including 11 coaches/faculty.

Penn State student-athletes have earned a total of 6,603 Academic All-Big Ten honors, the second-highest total in the conference since Penn State joined in 1991. They have also earned 205 CoSIDA Academic All-America honors, which ranks No. 4 nationally. The majority of the games are free to students, who show their valid Penn State id+ card. Football, men's hockey, and men's basketball require a ticket purchase.



## Housing, Food Services, & Residence Life

Housing: 814-865-7543

Food Services: 814-863-1255

University Park has 55 residence halls, five common buildings, and 359 apartments on campus. Over 14,600 undergraduates and more than 300 graduate students reside on campus. University housing provides residential facilities that offer convenience, high value, security, and a wide scope of programs and services designed to help students succeed.

Food Services is one of the largest University-run operations in the country, purchasing over \$30 million in goods each year. Penn State serves over 1.4 million meals each semester to students, faculty, and staff through five on-campus dining commons, multiple retail operations, professional catering, and coffee shops.

### Residence Life

814-863-1710

[studentaffairs.psu.edu/reslife](http://studentaffairs.psu.edu/reslife)

Residence Life is committed to providing a safe, comfortable, and secure living-learning environment that is conducive to students' academic pursuits and personal growth, while fostering a sense of community, civic responsibility, and appreciation of diversity. Research indicates that first-year students benefit from living in an environment designed with their needs in mind. Students are encouraged to get to know their Resident Assistant (RA), a student leader specially trained to help with questions and help build a sense of community among residents. In addition, full-time live-in professionals, Residence Life Coordinators, are available 24/7 to provide support and respond to crisis situations.

### Student Employment

More than 1,000 students work on campus with Food Services, Penn State Bakery, Bryce Jordan Center, Housing, Commons Desks, Residence Life, Hospitality Service, and other offices throughout campus. Students can work between 10-20 hours a week with a flexible schedule that works around class schedules. Benefits include an attractive starting salary, merit increases, on-the-job training, and advancement opportunities. For information: [abshr.psu.edu](http://abshr.psu.edu) and [psu.jobs](http://psu.jobs).

### Fall 2020 Welcome Week

[arrival.psu.edu](http://arrival.psu.edu)

Visit [arrival.psu.edu](http://arrival.psu.edu) to learn about preparing for summer and fall arrival, including a list of items to bring, parking information, check-in locations, etc.

#### Is lodging available for families during arrival and move-in weekend?

Due to the large number of students moving in during Welcome Week, lodging will be extremely limited in the State College area. Make hotel reservations early to secure a room. For information: [visitpennstate.org](http://visitpennstate.org).

#### Roommate and Room Assignments

Room assignment information, including room/building, mailing address and roommate name and phone number will be posted on eLiving ([eLiving.psu.edu](http://eLiving.psu.edu)).

>> Summer Session II room assignments will be posted at noon on June 15.

>> Fall room assignments will be posted at noon on July 21.



## Roommate or Room Preferences

[housing.psu.edu/room-exchange-eboard](https://housing.psu.edu/room-exchange-eboard)

Your student had the opportunity to indicate a roommate preference on the Housing and Food Services (HFS) Contract until the housing preference modification date. After this date, changes to your student's preferences cannot be made, as the Assignment Office will be working on room assignments. Once room assignments are posted, your student may use two options in eLiving to make a room assignment change:

**1. Room Exchange eBoard:** The eBoard is available once room assignments are posted and closes about 2-3 weeks before arrival. To use this feature, your student can post their room on the eBoard, review available postings, and submit a request to change assignments with another student.

**2. Direct Room Exchange:** The exchange process is available the week after the semester begins. Your student would be able to request a direct room exchange with a specific student.

There are restrictions for using these options, such as both students must have the same type of HFS Contract. Students with medical accommodations may not be able to use these options.

## Supplemental Housing

[supplemental.psu.edu](https://supplemental.psu.edu)

On-campus housing at Penn State is in high demand. Utilizing supplemental housing allows Penn State to offer on-campus housing living space to as many students as possible. Supplemental rooms are located on regular residence hall floors, and are larger rooms appropriately furnished to accommodate more students in the space. Residents enjoy the same amenities as regular rooms at a reduced rate.

Room assignments for first-year students are processed in date order of when the offer of admission is accepted. If your student accepted their offer of admission after April 1, the greater likelihood the student will be assigned to supplemental housing. First-year students assigned to supplemental housing will live with other first-year students. As vacancies occur in other areas, students may have the option to move to other rooms throughout the semester.

Shortly after the beginning of the semester, students who are still assigned in supplemental housing will be invited to complete a survey to indicate preferences for moving out of supplemental housing. Although the ultimate goal is to move all students to regular space throughout the academic year, there is no guarantee that students assigned to supplemental housing will be moved. Living with more than one roommate is great for building multiple friendships, expanding social circles, and developing interpersonal skills.

## Amenities in Student Rooms

Your student will have a twin-size bed, desk with bulletin board and desk chair, closet/wardrobe, bookshelf, clothes drawers, and a mirror. Most mattress sizes are extra-long (80" x 36"). All rooms also have a trash can, microwave/freezer/refrigerator unit, window treatment, an overhead/ceiling light, and a smoke detector. Students will be able to access the Penn State WiFi service.



### Items to Bring (or Not Bring)

Your student should bring sheets (extra-long twin), pillows, towels, blanket or bedspread, computer, desk lamp, and other items that will help them feel at home. Your student should check with their roommate before arrival to decide who brings which shared items, such as a TV, stereo, and carpet. Pets, air conditioning units, candles, and small appliances are not permitted. For information: [arrival.psu.edu](https://arrival.psu.edu).

### Housing Areas Amenities

Each housing area features a dining commons, external bike storage, laundry facilities, mail delivery service at the commons desk, computer labs, meeting rooms, lounge areas with TVs, and Blue Loop campus bus stops. Some areas also have snack bars, convenience stores, and an ATM machine.

### Mail & Special Deliveries

Your student can receive packages at the commons desk in their housing area by showing their Penn State id+ card. Special deliveries, such as flowers, will be delivered the same way. Pizza or other food deliveries can be made to the front door of your student's residence hall. Direct deliveries to rooms and inside halls are prohibited. Packages should be shipped no more than two weeks before the beginning of the semester. We recommend packages be insured and tracked to ensure proper delivery. All packages and deliveries should be addressed to the student's official name using this campus address:

Student's Full Legal Name  
Room and Residence Hall\*  
University Park, PA 16802

*\*For example, use "0101 Bigler Hall." Some systems may not recognize this as a street address, but we have found by including the word "Hall," systems will process the address.*

## Safety & Security

### Residence Hall Security

Every residence hall on campus is equipped with an electronic, computerized card-access system that utilizes your student's Penn State id+ card to gain entry. Only residents of the building can gain access by swiping their card through the card reader on each building. The system is operational 24 hours a day, seven days a week. Your student may have guests in the building, but they must be escorted at all times.

In addition, student auxiliary officers are on duty from dusk to dawn every day. Auxiliary officers are responsible for checking for propped doors and monitoring activities in the housing areas.

### Can room doors be locked?

All residence hall rooms, including supplemental rooms, can be locked. Your student is responsible for keeping their room door locked at all times, even when making a short trip to the restroom. If your student misplaces the key, a loaner key may be signed out at the Commons Desk for up to two hours. If a key is lost or the loaner key is not returned, your student will be charged to have the locks changed and new keys issued.

### Can personal items be locked within the room?

Your student's desk or dresser unit will have one drawer that can be locked. Your student will need to supply a padlock.

### Does the University insure my student's belongings?

The University does not carry insurance on student personal property. Before coming to campus, check to see if your family's homeowner's (or renter's) insurance policy covers students in University Housing. If your student is not covered, please consider purchasing renter's insurance.

## Residence Hall Storage

### Can my student stay in his/her room between semesters and during breaks?

Traditionally, on-campus housing is not available during the fall, winter, or spring breaks, as identified at [housing.psu.edu/important-dates](https://housing.psu.edu/important-dates). The University offers a Break Access/Holiday Housing Contract if your student is unable to leave campus during the break periods. There is a non-refundable additional charge per semester for this service. Rates are available online at [hfs.psu.edu/rates](https://hfs.psu.edu/rates). Students with a Break Access/Holiday Housing Contract will be assigned to designated buildings that are appropriately staffed during the breaks. Limited food options are available during break periods. For additional information about break housing or to request a Break Access/Holiday Housing Contract, please contact the Assignment Office at 814-865-7501.

### Can my student leave belongings in their room between semesters and during breaks?

Students may leave their belongings in the room during fall, winter, and spring breaks, if returning to the same room after the break. Students are encouraged to take home valuable items. During the break between spring semester and summer session, and the break between summer session and fall semester, belongings may not be left in student rooms because, in most cases, students will not be returning to the same room. There is no storage available during summer session. For Information: [housing.psu.edu/storage](https://housing.psu.edu/storage).

## Housing Beyond the First Year

Living on campus offers many conveniences and amenities for students. First-year students are required to live on campus and have the option to return to University Housing for sophomore year. Upper-class students have a larger variety of housing options available to select from, including single rooms, suites, and on-campus apartments. Students who are interested in living on campus will be able to request housing during the established timeframe in the fall semester, and will receive an invitation to view available housing options. All students who request housing will be invited to live on campus. Information sessions are offered during Parents and Families Weekend to assist you and your student in understanding the process. For information: [www.UPcontracts.psu.edu](https://www.UPcontracts.psu.edu).

### Are parents involved in the off-campus housing process?

Most landlords will require that a parent, family member, or other person sign the lease as a guarantor, unless the student can show they are able to pay the rent through their own employment income. You are an important resource as students navigate a process that is often new to them. Some ways you can help your student:

- Know that there is a housing surplus for students in the local area. There is no need to sign an expensive contract before you and your student are ready.
- Encourage your student to stop by Student Legal Services (page 28) for a free lease review.



## Off-Campus Student Support

204 East Calder Way, Suite 200

814-865-2346

[studentaffairs.psu.edu/offcampus](http://studentaffairs.psu.edu/offcampus)

Off-Campus Student Support provides resources and information about living off campus. We provide several resources and services to help students with their off-campus housing search, including:

- A searchable online listing service to help your student find and compare available properties
- Professional staff and peer advisors to meet with students who request additional assistance with their housing search
- A Housing Fair each semester which brings together landlords, property managers, on-campus housing representatives, community officials, and University resources. The Housing Fairs provide a low-pressure environment where students and their families can ask questions, see what types of units are available, schedule apartment tours, and learn more about the rental process.

Visit [Off Campus Student Support](#) for more details.

## Residence Hall Staff & Community Life

### Do staff members live in the residence halls?

Resident Assistants (RAs) and Residence Life Coordinators live on-site in the residence hall communities. An RA is an undergraduate student who has been carefully selected and specially trained to help your student transition to both the residence hall and the Penn State community. RAs are responsible for a "house," which means one or two residence hall floors. The RA lives on the floor and is readily accessible to residents. During evening hours, students may also contact the RA on duty if their floor RA is not available.

A Residence Life Coordinator is assigned to each residence hall. The coordinators are full-time professional staff members trained in student development, safety and security, student conduct, and emergency response. As the supervisors of the RAs, coordinators are responsible for helping to create a positive community within the residence halls. A coordinator is available to assist students at any time of the day or night.

### How will students get to know each other?

Students will begin to meet one another during New Student Orientation. After moving to campus, the first opportunity to meet floormates will be at the house meeting hosted by the RA on arrival day. RAs will also plan a series of programs and activities throughout the semester that will give students a chance to get to know other individuals on their floor.

### Are there any Residence Hall activities?

There are regular activities throughout the halls. A weekly newsletter called "Stall Stories" is placed in restrooms and provides information about upcoming activities. RAs and coordinators communicate regularly with students via email. Also, students should check out bulletin boards in their building and various social media platforms.

### What if my student has a roommate problem?

The first person students should talk with is their roommate, who may not even realize that there is a concern. If that approach is uncomfortable or awkward, students should go to their RA for assistance in identifying the best approach. The RA can also be helpful in facilitating a discussion between roommates.

### Can students have guests in their room?

At the beginning of the semester, roommates should discuss their feelings about having guests in the room. Students are permitted to have guests in their room only if there is no objection from their roommate. Overnight guests can only stay for a maximum of three consecutive nights. If there are any concerns about having guests in the room, it's important to share those concerns with their roommate. It's also a good idea to agree on times when guests will or will not be allowed in the room. Residents are not permitted to have overnight guests in the room prior to the first day of classes. Guests must be escorted at all times.



## Food Services

### Where can my student eat on campus?

There are over 30 operations on campus where your student may eat. The Campus Meal Plan may be used at any operation on-campus, although the discount structure will vary.

- **Dining Commons:** There are five dining commons available in each of the Commons Buildings in the housing areas. The dining commons offers all-you-care-to-eat during specific meal periods for a set price, which offers the greatest value when using the Campus Meal Plan. Students may also opt to carry out a meal from the dining commons.
- **Residential Locations:** In addition to dining commons, there are other residential locations in the commons building where students can purchase meals, grab-n-go items, and other convenience items. Purchases at these operations offer a 65% discount off of prepared food and beverage purchases. Non-prepared items, such as pre-packaged items and bottled beverages, do not receive a discount. Items purchased at on-campus convenience stores and coffee shops are not eligible for a discount.
- **HUB Dining:** There are several dining options available in the HUB-Robeson Center, including Starbucks, Burger King, Chik-Fil-A, Panda Express, as well as some prepared food items including pizza, soup and salad bar, and sandwiches. Purchases made at HUB Dining do not receive a discount.
- **Other Operations:** The Campus Meal Plan is accepted at other locations throughout campus, such as coffee shops, Café Laura, The Berkey Creamery, Beaver Stadium, Bryce Jordan Center, Pegula Arena, and Panera Bread. No discount is offered at these locations.

### Are healthy choices and vegetarian/vegan menu items available?

Healthy food and beverage choices are available in many locations across campus. Nutritional information for menu items offered at the dining commons is posted for each menu item and is available online at [menu.hfs.psu.edu](http://menu.hfs.psu.edu). Vegetarian and vegan menu items are also indicated on the menu information cards. Learn more at [foodservices.psu.edu/vegetarianism](http://foodservices.psu.edu/vegetarianism).

### Are Kosher or Halal menu items available?

[foodservices.psu.edu/kosher-and-halal](http://foodservices.psu.edu/kosher-and-halal)

Kosher items are available in PURE, located in the East Housing Area.

### How does the University handle Special Diets or Food Allergies?

The dining commons feature a variety of menu options, and staff will try to accommodate reasonable requests, but it is not possible to provide for all special diets. Menu information cards are posted for each menu item and will include allergen information for the nine most common allergens: dairy, egg, fish, shellfish, peanut, tree nuts, soy, wheat/gluten and sesame. PURE, located in East Housing Area, offers menu items that are kosher and free of these common food allergens.

The University's Registered Dietitian's office is available to assist students with navigating food services and menu options. Please visit [foodservices.psu.edu/food-allergies-and-intolerances](http://foodservices.psu.edu/food-allergies-and-intolerances) and/or contact them directly at 814-863-3420 or [foodallergies@psu.edu](mailto:foodallergies@psu.edu).

### Are there items that parent and family members can order for delivery to students?

[pennstatebakery.com](http://pennstatebakery.com)

The Penn State Bakery offers the "Special Delivery" program featuring cookies, cakes, and other delicious items freshly prepared and delivered to your student's Housing Area Commons Desk for pickup.



## Campus Meal Plan

Your student is required to purchase the Campus Meal Plan for both semesters while living on campus. The Campus Meal Plan is comprised of two cost components, the base cost and dining dollars, with the total amount being charged to your student's LionPATH account. The Campus Meal Plan can be used at any location on campus, and is set up as a declining account balance (similar to a debit card).

### Campus Meal Plan Levels

There are three levels available, the HFS Contract will default to level two. Each student's eating habits vary, and many students do not eat the standard three meals per day due to academic schedules, activities, and travel. A general guideline is that level one offers 7-10 meals per week; level two offers 12-14; and level three offers 16-19. Level two is recommended to start, and can be adjusted once your student develops a routine.

### Keeping Track of Campus Meal Plan Dining Dollars

After your student makes a purchase, the remaining combined balance of dining dollars and LionCash+ is displayed at the cash register. Account balances and transaction history are also available at [idcard.psu.edu](http://idcard.psu.edu).

### What if my student runs out of Campus Meal Plan dining dollars before the semester ends?

If your student is running low on dining dollars, funds may be added to LionCash+. Cash registers at on-campus dining facilities will automatically check your student's Campus Meal Plan account balance. If there are not enough funds available, the system will then deduct from LionCash+. These transactions will be processed with the same discount as meal plan pricing.

### What if my student has leftover dining dollars at the end of the semester?

If your student has a fall Campus Meal Plan, any remaining dining dollars left over at the end of summer session are automatically carried over to the fall semester plan. At the end of fall semester, the balance is carried over to the spring semester plan provided your student has accepted a spring Campus Meal Plan. If your student leaves the University (withdrawal, graduation, study abroad, etc.), any remaining balance is forfeited. At the end of spring semester, any remaining dining dollars are forfeited. Dining dollars may not be used to purchase gift cards. To avoid having remaining dining dollars, your student can adjust the Campus Meal Plan level for both fall and spring semesters until the last day of class for each semester. Adding funds to LionCash+ instead of the Campus Meal Plan eliminates the possibility of forfeiting any remaining dining dollars at the end of the semester.

### When does my student select a Campus Meal Plan level for spring semester?

Beginning October 1, your student will have the opportunity to adjust the Campus Meal Plan level for spring semester. Adjustments made prior to December 30 will be reflected on the spring student account. Changes after that will be applied to the student account.

## STUDENT OPINIONS ARE OUR MOST VALUABLE RESOURCE!

Penn State Pulse is an ongoing survey initiative that allows us to better understand the needs and experiences of students.

The Student Affairs Research & Assessment Office (SARA) administers surveys on a variety of topics throughout the year. Data from those surveys guide decisions about programs and services.

We greatly value the opinions of students! So encourage your student to participate when invited to take one of our surveys.



For more information, visit <http://studentaffairs.psu.edu/assessment>

## You're Going Places...

## We'll Get You There!



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Schedule, Route & Pass Information:  
(814) 238-CATA(2282)

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# Health & Safety



# University Health Services

## Student Health Center

Bigler Road

814-863-0774

[studentaffairs.psu.edu/health](http://studentaffairs.psu.edu/health)

Staying healthy is a vital part of a successful college experience and University Health Services (UHS) can help. UHS operates as a primary care clinic offering medical exams for acute illness/injury and pre-existing conditions. Our clinicians commonly treat sore throats, fever, viral infections, asthma, allergies, headaches, and a variety of other conditions. UHS offers additional on-site health services for your student's convenience.

Connect with us on Facebook (Penn State University Health Services) and Twitter (@PSU\_UHS) to stay informed about available services and updates about illness on campus.

### UHS Hours:

Day	Hours
Monday	8:00am — 5:00pm
Tuesday	8:00am — 5:00pm
Wednesday	8:00am — 5:00pm
Thursday	8:00am — 5:00pm
Friday	8:00am — 5:00pm
Saturday*	11:00am — 3:00pm <i>*During the fall &amp; spring semesters only</i>

### Appointments: myUHS or 814-863-0774

Students can schedule appointments online through myUHS, the UHS secure health portal, or by calling during regular business hours. Same-day appointments are available for acute medical problems, and appointments for routine health concerns, physicals and men's and women's health exams are generally available within a few days.

### 24/7 Advice Nurse: 814-863-4463

Students can speak with an experienced telephone advice nurse 24 hours a day, seven days a week to have their urgent health concerns addressed.

### Emergencies: 911

In the event of a health or medical emergency, students are advised to call 911 or go directly to Mount Nittany Medical Center, located approximately two miles north of campus. For information: [mountnittany.org](http://mountnittany.org).

## University Health Services A-Z

### Accreditation

University Health Services is accredited by the Accreditation Association for Ambulatory Health Care, Inc. (AAAHC). Please visit the AAAHC website at [AAAHC.org](http://AAAHC.org) for additional information.

### Allergy Clinic

University Health Services provides allergy care to eligible Penn State students. To obtain allergy care, students must be under the care of a University Health Services clinician. Students can establish care by scheduling an initial appointment. The Student Agreement for Allergy Immunotherapy Administration and the Referring Allergist Agreement must be completed and signed prior to receiving allergy injections at University Health Services.

### Billing & Fees

Only students who receive UHS services pay fees. UHS participates with a limited number of health insurance carriers. Please contact your health insurance carrier to determine if UHS is in your provider network. When contacting your insurance, use the following information to determine network status (NPI: 1316063126, Tax ID: 24-6000376). Regardless of network status, UHS will bill most insurances as a courtesy. Please remind your student to bring their health insurance information prior to receiving services. Students must arrange for payment of all UHS bills at the time of service. Students may pay by check, cash, LionCash, debit card, credit card (Visa/MasterCard/Discover/American Express), or have the charge billed to their Penn State student account.

### Clinicians

UHS clinical staff includes physicians, nurse practitioners, and physician assistants. All UHS physicians are board-certified. Detailed staff bios and credentials are available online.

### Confidentiality

All student health information is strictly confidential. Information about students' care will be released only with their written authorization. A life-threatening situation in which students are so ill they are unable to provide authorization is the only exception.

### Excuses (missing class due to illness)

Missing a class due to routine illnesses, such as sore throats, colds and similar health problems, does not qualify students for formal illness verification. In those cases, the decision to miss a class or activity is at the student's discretion, and the student should email or call the faculty member as soon as possible. UHS providers will only provide verification of a significant prolonged illness or injury if care was received at UHS.

## Emergency Services

UHS Ambulance Service responds to medical emergencies on the University Park campus and within the local community 24 hours a day, 7 days a week. The UHS Ambulance Service is licensed by the Pennsylvania Department of Health and staffed by certified student emergency medical technicians, volunteers, and emergency response professionals. Each year, the UHS Ambulance Service responds to approximately 1,500 ambulance calls.

If a student experiences a serious or life-threatening medical emergency on campus, they should dial 911. The closest medical center is Mount Nittany Medical Center. Please note all ambulance, hospital emergency room, and inpatient fees are the patient's responsibility.

## Immunizations/Health History

All incoming Penn State students must provide proof of immunization against **measles, mumps, and rubella**. In accordance with Pennsylvania state law, students living in on-campus housing must also provide proof of the **meningococcal conjugate vaccine** (Menveo, Menactra, MCV4), which protects against infections caused by serogroups A, C, W, and Y.

**To submit:** Students should log into myUHS using their Penn State access credentials, and upload image files of their official immunization records and, if applicable, any positive antibody titer blood test results.

Immunization requirements are applicable to all undergraduate and graduate students at University Park.

In addition to the required vaccines, Penn State also strongly recommends that students receive the following vaccines:

- serogroup B meningococcal
- varicella (chicken pox)
- tetanus-diphtheria-pertussis (Tdap)
- hepatitis B
- hepatitis A
- human papillomavirus (HPV)
- pneumococcal
- annual flu vaccine

University Health Services holds vaccination clinics for students each fall.

## Insurance

Adequate health insurance provides students with security and an enhanced sense of well-being during their time at Penn State. For this reason, the University requires all international students to have health insurance and strongly recommends all U.S. students have health insurance coverage that is accepted by providers on or near the campus they attend.

Each year, students are required to submit health insurance through LionPATH. If your student does not currently have adequate coverage, we highly encourage them to enroll in the Penn State Student Health Insurance plan (SHIP). The Penn State SHIP, designated specifically for students, offers comprehensive health insurance at a competitive price with a wide network of providers across the United States. For information: [studentaffairs.psu.edu/health-insurance](http://studentaffairs.psu.edu/health-insurance).

The Student Insurance Advocate provides outreach and education around the importance of health insurance for students. Support is available to students at all campuses for consultation and can assist uninsured students in identifying insurance options, including the Penn State Student Health Insurance Plan, Medicaid, or Affordable Care Act marketplace plans.

## Laboratory

UHS has an on-site clinical lab available to all registered students. Commonly ordered tests, such as complete blood work and urinalysis, are performed in the UHS lab and can be ordered by a UHS clinician or an outside clinician. Quest Diagnostics lab is used for less commonly ordered tests.

## Pharmacy

Prescription services, over-the-counter medications, and health care products are available at the UHS Pharmacy. Our on-site pharmacy will fill prescriptions which are written, e-prescribed (found under the University Park address), and faxed to 814-863-5371 by your student's provider. Students can refill prescriptions with our Penn State University Health Services Pharmacy mobileRx app or through the UHS website. Your student should present a current prescription insurance card when filling prescriptions.

## Physical Therapy

Physical therapy services are available by appointment. Direct access (self-referral) is available to patients who meet the criteria. Check with your insurance provider to confirm direct access allowance.

## Preventive Health

Students are encouraged to reduce the risk of serious illness by making healthy lifestyle choices and getting recommended immunizations. Students can make preventive health appointments at UHS for allergy injections, contraception counseling, immunizations, nutrition counseling, sexual health, and more.

### Travel Clinic

University Health Services Travel Clinic offers appointments to members of the Penn State community who are planning international travel. Travel appointments include education regarding health and safety as well as recommended vaccines for the intended travel destination(s).

### Volunteer Opportunities

Student volunteer opportunities are available in emergency medical services, clinical services, and physical therapy.

### X-Ray/Ultrasound

UHS offers convenient digital general X-ray and ultrasound services. Patients must have an order from a UHS health care provider or an outside health care provider to request services.

### UHS Phone Numbers

Department	Telephone
Ambulance	911
Advice Nurse	814-863-4463
Appointments	814-863-0774
Financial Services	814-865-3465
Information Desk	814-865-6556
Laboratory	814-865-6212
Medical Records	814-865-1975
Pharmacy	814-865-9321
Student Insurance	814-865-7467
UHS Director	814-865-6555
X-Ray/Ultrasound	814-865-6212

### Remind Your Student to:

- ☐ **Pack their Medical Insurance Card**
- ☐ **Pack their Medical Records**  
If a student is on prescription medication and will need UHS providers to write prescriptions for them, UHS must receive copies of relevant medical records and diagnostic tests.
- ☐ **Pack their Prescription Card**  
If your insurance provider offers one of the prescription cards UHS accepts, your student should pack the prescription plan card.
- ☐ **Submit their Immunization Verification Form**



## University Health Services Pharmacy

Your on-campus pharmacy

### Easy Refills

Your student can manage prescriptions:

- Online
- By phone
- Using our mobile app

### MobileRx

- Download the MobileRx app
- Search for UHS Pharmacy by phone number
- Select "express refills"
- Enter the RX number(s) to be filled

*\*Please note pickup is the ONLY delivery method available to students*

### Contact Us

-  814-865-9321
-  [studentaffairs.psu.edu/pharmacy](http://studentaffairs.psu.edu/pharmacy)
-  @PSU\_UHS

**PennState**  
Student Affairs

University Health Services

**202 Student Health Center**  
**University Park, PA 16802**

## Counseling & Psychological Services

501 Student Health Center

814-863-0395

Penn State Crisis Line: 1-877-229-6400

[studentaffairs.psu.edu/counseling](http://studentaffairs.psu.edu/counseling)

Counseling and Psychological Services (CAPS) provides students with a range of services. These include:

- Short-term individual counseling
- General process groups
- Specific topic process groups (e.g. eating disorder recovery, social anxiety)
- Urgent, rapid access appointments
- Evaluations for psychiatric medication and medication management
- Four-session skill-based clinics on topics such as anxiety, mindfulness, perfectionism, insomnia, and others
- Twice weekly drop-in Life Hacks workshops on frequently-seen concerns for many students (e.g. stress management, transition, mindfulness)
- CAPS Chat--Drop-in non-urgent, half-hour counseling sessions at multiple locations around campus
- Drop-in support groups (Women of Color Empowerment, SMART Recovery, and more)

While short-term individual counseling is available at CAPS, the array of other services provides multiple ways for students to get the help, support, and connection to resources that will best support their mental health and wellness needs. Undergraduate groups provide semester or year-long support for many of the issues students commonly face. These include learning how to be more assertive and advocate for themselves, how to set healthy boundaries with others, and how to interact socially and develop healthy relationships.

For those wanting more targeted help with a specific issue, 4-session clinics might be the best option. These 90-minute once weekly "clinics" with 6-8 students provide a mixture of short lessons with time to practice skills in the specific area of concern. CAPS offers these on topics such as anxiety reduction, mindfulness, stress management, insomnia, and perfectionism.

For those who just need quick, one-time mental health consultation, CAPS offers multiple drop-in locations that students can access without registering with CAPS. CAPS Chat is a one-on-one counseling opportunity for non-urgent issues with staff therapists embedded in 11 locations, including each residence hall commons area, the Center for Sexual and Gender Diversity, and the Paul Robeson Cultural Center. Drop-in workshops are also available. Life Hacks are one-hour workshops offered at the Student Health Center on topics such as mindfulness, stress management, test anxiety, self-motivation, positive sleep strategies, and body positivity.

CAPS also refers students to other resources on campus and to private therapists in the local community, as needed. CAPS helps students address issues of concern that may interfere with their academic performance and their social and emotional well-being as they navigate the transition into young adulthood and full independence.

College student concerns can vary widely from questioning sexual orientation and relationships problems, to depression and anxiety, to sexual assault and more serious mental health illnesses.

CAPS professional staff includes psychologists, psychiatric providers, clinical social workers, addiction counselors, and graduate-level trainees. Services are confidential and most of the basic counseling services are free for full-time students.

Penn State's Crisis Line is available for students, parents, and faculty/staff to call in case of urgent concerns. This anonymous line is available 24 hours a day, seven days a week.



# Smart & Safe at State

## Health Promotion & Wellness

20 Intramural Building

814-863-0461

[studentaffairs.psu.edu/health-wellness/healthy-living](http://studentaffairs.psu.edu/health-wellness/healthy-living)

Health Promotion and Wellness (HPW) helps students get healthy and stay healthy. The staff and student volunteers provide services and conduct educational programs. HPW provides the following services:

**Brief Alcohol Screening and Intervention for College Students (BASICS)** is a harm-reduction program. BASICS consists of two one-hour sessions conducted by a professional staff person. Students with first-time alcohol violations or an alcohol-related emergency department visit are required to complete the program. The program fee is \$250. Students who do not have a violation or emergency department visit and wish to participate can take the program for free.

**HIV Testing** is a free and confidential service that includes two educational sessions.

**Marijuana Intervention Program (MIP)** consists of two individual educational sessions about marijuana. Students who have a violation are required to complete MIP and pay a \$250 fee. Students who are concerned about their marijuana use and do not have a violation can take MIP for free.

**The Nutrition Clinic** offers free individual nutrition counseling. The dietitians help students with a range of issues.

**Tobacco Cessation** services help students quit smoking using the American Heart Association's Freshstart program.

**Wellness Services** help students learn new information and develop healthy behaviors. Trained peer educators deliver the services. Topics include healthy relationships and sexual health, nutrition, physical activity, sleep, and stress.

## Talking with Your Student About Alcohol

Students preparing to attend college have already taken several steps toward independence. Deciding where to go to college, what career path to pursue, and how to finance an education are all choices on the path to learning how to be an adult. College students still need and value their parents' and family's guidance as they make decisions about their future. One of those decisions is about alcohol use at college and parents and family members are one of the best sources of advice on the issue.

## The First Six Weeks

Based on national research about college student drinking, many new students are likely to begin or increase alcohol use during the first six weeks. Even students who did not drink in high school may feel pressure to do so in college. Talk with your student about avoiding underage drinking while in college.

**>> Research suggests that students who talk with their parents and families about alcohol avoidance strategies before they begin the first year of college are more likely to avoid alcohol, limit its use, and spend less time with heavy drinking peers.**

## Facts About Alcohol Use Among College Students

### National

- 31% of college students meet the criteria for a diagnosis of alcohol abuse
- 1,825 college students between the ages of 18 and 24 die each year from alcohol-related injuries
- 599,000 experience a non-fatal, unintentional injury under the influence of alcohol
- 97,000 students are victims of alcohol-related sexual assault or rape each year

### Penn State

- 48% report engaging in high-risk drinking\*
- 73% had to baby sit a student who drank too much
- 9% have been a victim of an unwanted sexual experience
- 59% report blacking out at least once in the last year
- 26% report getting behind in school work due to alcohol use

*\* High-risk, or binge drinking, is defined as having four or more drinks in a two-hour period for women and five or more drinks in a two-hour period for men.*

### Risky Behaviors Include:

- Underage drinking
- Drinking (or pre-gaming) before going out
- Chugging alcohol, doing shots, and drinking games
- Choosing drinks with higher alcohol concentration

### Warning Signs of a Potential Problem:

- Missing work, school, or other responsibilities
- Specific school problems such as poor attendance, low grades, and/or disciplinary action
- Drinking in situations that are physically dangerous, including drinking and driving
- Having recurring alcohol-related legal problems, such as being arrested for underage drinking or for physically hurting someone while drunk
- Mood changes such as temper flareups, irritability, and defensiveness
- Physical or mental problems such as memory lapses, poor concentration, bloodshot eyes, lack of coordination, or slurred speech

## How You Can Help

Penn State has a wide range of initiatives in place to better understand, treat, and diminish the negative impact that dangerous drinking can have on students and on their potential for success. As a parent, you also play a role in helping your student make good choices about drinking. Your influence can have a positive impact on your student's safety, health, and well-being. Below are suggestions for talking with your student about alcohol.

### Start the Conversation

When talking with your student about alcohol, look for opportunities to raise the topic naturally. Discussions about majors and course selection can lead to a conversation about the ways alcohol can disrupt academic success and career options. Buying items for your student's residence hall room can turn into talking about how to handle situations where alcohol use by other students might create a problem, such as interrupted study time, baby-sitting a drunk roommate, or unwanted sexual advances.

Familiarize yourself with how alcohol affects the body and brain of young adults. Take some time to evaluate your own attitudes, values, and beliefs about alcohol and drinking. Establish open communication to make it easy for your student to talk honestly with you. Show your student that you care about their success in college, both academically and socially.

### Talk with your student about:

- How alcohol affects the body and the negative consequences of high-risk drinking
- Your expectations of their alcohol use
- Why students drink
- Why students don't drink
- Alternate activities
- Impact of drinking on health and academic success
- Penn State's alcohol policy
- Pennsylvania's alcohol laws
- Penn State's Code of Conduct
- Penn State's Responsible Action Protocol (page 49)

*Portions of this section come from Substance Abuse and Mental Health Services Administration. (2015). Talking with your college-bound young adult about alcohol. U.S. Health and Human Services. Washington, DC. [samhsa.gov](http://samhsa.gov).*

### Your Role

Understand Penn State's parental notification policy (page 48), make sure your student completes Penn State Safe & Aware, the online learning module (page 44), and encourage conversations by asking nonjudgmental and open-ended questions. This allows your student the opportunity to express how they think and feel about college pressures, being away from home, and facing new situations. Here are some conversation starters for discussing issues your student may face.

## Conversation Starters

- How will you decide whether or not to drink?
- How will you handle it if you feel pressure to drink? What will you say?
- If a roommate drinks excessively and the partying affects your sleep and studying, what will you do?
- What will you do if a friend you are with passes out because of excessive drinking?
- How will you handle it if you are asked to babysit someone who is very drunk?

## Stay Connected After Your Student Leaves for College

- Stay involved with your student's life.
- Call or text your student frequently during the first six weeks of college, especially on weekends.
- Ask questions about your student's alcohol use.
- Learn about your student's roommates and their new friends.
- Encourage your student to get involved in activities and organizations on campus.

*National Institute on Alcohol Abuse and Alcoholism. (2010). What parents need to know about college drinking." National Institutes of Health. Bethesda, Maryland. [www.collegedrinkingprevention.gov](http://www.collegedrinkingprevention.gov)*

*Turrisi, R., Mallett, K.A., Cleveland, M., Warvil-Weld, L., Abar, C.C., Scaglione, N. & Hultgren, B. (2013). An evaluation of timing and dosage of a parent-based intervention to minimize college students' alcohol consumption. Journal of Studies on Alcohol and Drugs, 74(1), 30-40.*

*Turrisi, Rob. (2010). A parent handbook for talking with college students about alcohol. The Pennsylvania State University. University Park, PA.*

## Penn State Safe & Aware

Penn State Safe and Aware is an interactive, online learning module that incoming students are required to complete before arriving to campus. The module provides information about alcohol, the alcohol laws in Pennsylvania, and Penn State's alcohol and drug policy. It also includes information about sexual assault, the sexual violence laws in Pennsylvania, and Penn State's resources for victims of sexual violence.

Students should complete **Penn State Safe & Aware** by:

- July 1, 2020 (summer students)
- August 24, 2020 (fall students)
- January 11, 2021 (spring students)

Students access the module at [safeaware.psu.edu](http://safeaware.psu.edu). Explore the family version at [parents.safeaware.psu.edu](http://parents.safeaware.psu.edu).

## Alcohol Laws in Pennsylvania

This is a general summary of several alcohol laws in Pennsylvania. For more details about each law and for information about additional alcohol laws, visit [legis.state.pa.us](http://legis.state.pa.us).

### Underage Drinking

The legal drinking age is 21. Underage drinking is illegal. It is illegal for anyone under 21 years of age to attempt to purchase, consume, possess, or knowingly and intentionally transport any liquor, malt, or brewed beverage. Penalties may include:

Penalty	1st Offense	2nd Offense	Subsequent Offense
Fine	0–\$500	0–\$1,000	0–\$1,000
Jail	0–90 days	0–90 days	0–90 days

>> By law, the State College Police Department and University Police are required to notify parents or guardians of all underage drinking violations. See Parental Notification Policy on page 48

### Carrying False I.D.

It is illegal for anyone under 21 to possess an identification card falsely identifying that person by name, age, date of birth, or photograph as being 21 or older or obtain or attempt to obtain liquor, malt, or brewed beverage by using the identification card of another or by using an identification card that has not been lawfully issued to or in the name of the person who possesses the card.

Penalty	1st Offense	2nd Offense	Subsequent Offense
Fine	0–\$300	0–\$500	0–\$500
Jail	0–90 days	0–1 year	0–1 year

### Public Drunkenness

It is illegal to appear in any public place under the influence of alcohol to the degree that you may endanger yourself or other persons or property, or annoy others in your vicinity.

Penalty	1st Offense	2nd Offense	Subsequent Offense
Fine	0–\$500	0–\$1,000	0–\$1,000
Jail	0–90 days	0–90 days	0–90 days

### Driving Under the Influence (DUI)

It is illegal for anyone under 21 to drive a vehicle with a blood alcohol content of .02 or higher, and it is illegal for those 21 or older to drive with a blood alcohol content of .08 or higher. A first-time offense individual, under certain circumstances, may qualify for an Accelerated Rehabilitative Disposition (ARD) program.

The follow penalties may apply if a person between the ages of 18 and 21 is convicted of a DUI with a blood alcohol content below .16%:

Penalty*	1st Offense	2nd Offense	3rd Offense
Fine	\$500–\$5,000	\$750–\$5,000	\$1,500–\$10,000
Jail	48 hours - 6 months	30 days - 6 months	90 days - 5 years
License Suspension	1 year	1 year	1.5 years
Other:	Alcohol Highway Safety School	Alcohol Highway Safety School	Court Reporting Network File
	Court Reporting Network File	Court Reporting Network File	Drug & Alcohol Evaluation
*Penalties differ based on age, blood alcohol content, and other factors. Penalties vary for individuals under 18.			

Note: If a student is from a state other than PA and the home state is part of the national compact on DUI enforcement (46 states are), the student must fulfill these penalties in PA and his/her license from the home state will be suspended, if applicable.

### Furnishing Alcohol to Minors

It is illegal to knowingly sell, furnish, or purchase with the intent to sell or furnish, any liquor, malt, or brewed beverage to a person who is less than 21 years of age. You can be convicted of furnishing alcohol even if you are under age 21. The fine for first offense is at least \$1,000 and second or more is \$2,500. Jail is up to one year for all.

## Pennsylvania's Medical Amnesty Law

Pennsylvania law provides immunity from prosecution for underage drinking and/or hazing for an individual who seeks help for a friend who has a medical emergency due to underage alcohol consumption or hazing. The immunity also applies to the friend for whom medical assistance was sought. When a person is in violation of underage drinking or hazing laws and calls 911 to get help for a peer who needs immediate medical attention due to excessive alcohol consumption or hazing, the caller and the peer for whom assistance was sought will not be charged with underage drinking or hazing as long as:

- That persons' phone call was the only way law enforcement found out about that person's underage drinking
- The caller reasonably believed they were the first to call and report the emergency
- The person correctly identified themselves by name when reporting the emergency
- The person remained with the individual needing medical assistance until emergency services arrived

## State College, PA Ordinances

### Open Container Ordinance

It is illegal to have an open container of alcohol in any public parking lot or public parking garage, public street, public sidewalk, public alley, or public park in State College. Violations result in fines of not less than \$250 for the first offense; \$500 for the second offense; and not less than \$1,000 for any subsequent offenses in any 120-day period plus court costs; or 30 days in prison if fines and costs are not paid.

### Public Urination & Defecation Ordinance

It is illegal to urinate or defecate in/on a public place, private property where the public is admitted, and private property without consent of the owner. It is illegal to urinate or defecate in any public place other than in an appropriate sanitary facility and a separate offense to fail to clean, remove, or dispose of it properly. Violations are summary offenses with a fine of not less than \$750 for the first offense and \$1,000 for any subsequent offense plus court costs for each violation.

## Marijuana Laws

### Possession of Marijuana

It is unlawful for a person to knowingly, or intentionally possess marijuana (Hashish), a Schedule I substance. Persons engaged in such activity will most likely face criminal charges and a violation of the Student Code of Conduct. The charges for marijuana possession include:

Quantity	Charge	Jail Time	Fine
30 grams or less	Misdemeanor	30 days	0–\$500
Over 30 grams	Misdemeanor	1 year	0–\$5,000

### Possession of Drug Paraphernalia

It is unlawful for a person to use or possess, with the intent to use, drug paraphernalia that is used for packaging, manufacturing, injecting, ingesting, inhaling, or otherwise introducing into the human body a controlled substance in violation of the Controlled Substances, Drugs, Device and Cosmetic Act of 1972.

### Pennsylvania's Medical Marijuana Act

Pennsylvania's Medical Marijuana Act went into effect on May 17, 2016. However, marijuana in any form remains a prohibited controlled substance under federal law, and therefore the possession, cultivation, and use by individuals remain illegal under federal law. The Pennsylvania Medical Marijuana Act conflicts with federal criminal laws governing controlled substances, as well as federal laws requiring institutions receiving federal funds, by grant or contract, to maintain drug-free campuses and workplaces. Penn State receives federal funding that would be in jeopardy if those federal laws did not take precedence over state law. Therefore, the use and/or possession by individuals of marijuana in any form and for any purpose continues to violate applicable University policies, and any student or employee who violates such policies will be subject to disciplinary sanctions.

### State College Marijuana Ordinance

The laws regarding marijuana possession on campus differ from those in State College. A State College Borough Ordinance gives police officers the option to charge an individual with summary offenses, instead of misdemeanor offenses, for possession of a small amount of marijuana, and possession of marijuana paraphernalia\* within the Borough police jurisdiction. Fines range from \$250 to \$350. State College Police still have the option to charge marijuana and paraphernalia use and possession as misdemeanor offenses.

Because Penn State receives federal funding, the University Police must still follow federal and state laws that consider marijuana and paraphernalia use and possession a misdemeanor when such use or possession occurs on campus.

Students using or possessing marijuana on or off campus are also subject to disciplinary sanctions from Student Conduct. Code of Conduct sanctions are separate from any legal charges and can be generated whether a student receives a summary offense, state, or federal charges.

*\* The definition of marijuana paraphernalia is more limited under the Borough ordinance than it is under Pennsylvania law.*

## Alcohol & Illegal Substances Policy in the Residence Halls

### Alcohol

1. The possession or use of alcoholic beverages is prohibited in all on-campus undergraduate residence hall buildings, including Nittany Apartments and Eastview Terrace, for students of any age.
2. It is a violation of Pennsylvania state law and University policy for a student under 21 years of age to attempt to purchase, consume, possess, or transport alcoholic beverages. It is unlawful to sell, furnish, or give to any minor, or permit alcoholic beverages to be sold, furnished, or given to any minor.
3. It is against University policy for there to be any tailgating activities held within the residential quad areas or residence hall parking lots where alcoholic beverages are being served on any football game/event weekend including all home football games, Football Eve, 4th Fest, Arts Festival, and Blue and White Weekend. Students tailgating with alcoholic beverages in these defined areas will be confronted and will likely be charged with "open containers in an unauthorized area" violation.
4. A student will be held responsible for activities that occur in their rooms and will be referred to Residence Life, the Office of Student Conduct, and/or University Police if guests are violating the on-campus alcohol policy in this provision.
5. Failure to comply with the direction given by or the request to present identification, or supplying false identification such as name, age, etc., to a University official acting in the performance of their duties is a violation of the Student Code of Conduct and will result in a referral to Residence Life or the Office of Student Conduct.

### Illegal Substances (Drugs)

1. It is a violation of Pennsylvania State law and University policy to possess, distribute, manufacture, or sell illegal drugs. If a student violates this policy, the student will be referred to Residence Life, Office of Student Conduct, and/or University Police.
2. It is also against University policy for a student to be under the influence of an illegal substance or to be in a residential area (room, common area, common building, building entryway, or quad area within residence area complex) and in the presence of an illegal substance. If a student is caught in the presence of an illegal substance in those areas, the student will be referred to Residence Life, the Office of Student Conduct, and/or University Police.

The complete residence hall policy about alcohol and illegal substances can be found at:

[housing.psu.edu/housing-and-food-service-contract-terms-conditions-and-regulations](https://housing.psu.edu/housing-and-food-service-contract-terms-conditions-and-regulations).

**Please Note:** If your student is prescribed medical marijuana, please reach out to the Residence Life or Housing office prior to moving into a residential space as possession of marijuana on campus is not permitted.



## No Smoking Policy

The University promotes a smoke-free environment. The use of cigarettes, e-cigarettes, cigars, pipes, smokeless tobacco, all nicotine delivery devices and other tobacco products are not permitted on campus, including University housing and commons buildings.



# Student Rights & Responsibilities

## Office of Student Conduct

120 Boucke Building

814-863-0342

[studentaffairs.psu.edu/conduct](http://studentaffairs.psu.edu/conduct)

Penn State, as an institution of learning and a community with a special purpose, accepts its obligation to provide an environment that protects and promotes its educational mission and guarantees its orderly and effective community for your student. Student Conduct encourages the expression of diverse views and opinions, validates healthy life choices, and supports the concept of community respect. Through programs and services, students become responsible and contributing citizens within Penn State and the local communities.

The Office of Student Conduct is responsible for interpreting, enforcing, and promoting the Code of Conduct. Student Conduct is also dedicated to supporting students through a conduct process that is equitable, educational, effective, and expeditious. Staff meets with students and student organizations accused of violating the Code of Conduct and works with victims to help them hold students and/or organizations accountable for their behavior. Recognizing the need to be proactive in educating students, it is recommended that incoming students visit our website and click on the *Know the Code* icon to learn more about what is expected of them as members of the Penn State community.

## Code of Conduct

[studentaffairs.psu.edu/support-safety-conduct/student-conduct/code-conduct](http://studentaffairs.psu.edu/support-safety-conduct/student-conduct/code-conduct).

The Code of Conduct describes behaviors that students need to avoid that are inconsistent with the essential values of Penn State. The Office of Student Conduct is responsible for interpreting and enforcing the Code of Conduct, ultimately determining whether or not a student or student organization has violated that code. The Code of Conduct applies to conduct that occurs on University premises; at University sponsored activities; at functions, activities, or events hosted by recognized student organizations (on or off campus) and other off-campus locations.

When a student or student organization participates in the formal conduct process, a record is created and maintained by the Office of Student Conduct. For information regarding the maintenance and distribution of Conduct records:

[studentaffairs.psu.edu/safety-conduct/student-conduct/students-and-organizations/conduct-records](http://studentaffairs.psu.edu/safety-conduct/student-conduct/students-and-organizations/conduct-records).

## Academic Integrity

Academic integrity is a basic guiding principle for all academic activity at Penn State, and all members of the University community are expected to act in accordance with this principle. Violations of academic integrity includes, but is not limited to, copying, plagiarism, fabrication of information or citations, facilitation of acts of academic dishonesty by others, unauthorized possession of examinations, submitting work of another person or work previously used without informing the instructor, and tampering with the academic work of other students.

## Parental Notification Policy

Penn State, under the guidelines of the Family Educational Rights and Privacy Act (FERPA), notifies parents and families in specific instances where a student accepts responsibility, or is found responsible, for a violation of an alcohol or drug policy or receives a sanction that may impact their status as a student. This notification, a letter, summarizes the outcome of the student's conduct process and lists the official University charge(s) and sanctions that were assigned. Parental notification is intended to involve families in the total educational experience of the student and to provide an opportunity for conversation between students and their parents/legal guardians about the experience or incident that was a violation of the Code of Conduct.

Student Conduct recommends that your first response upon receiving a letter is to have a conversation with your student. If, after speaking with your student, you have further questions, you may contact Student Conduct.

The goals of the parental notification policy are to:

- Identify additional supportive points of intervention for students
- Become better partners with parents, families, and/or guardians in support of their student
- Identify at risk behavior thresholds for which notification would be effectively applied



## Pennsylvania's Antihazing Law

Pennsylvania recently adopted the Timothy J. Piazza Antihazing Law which:

- Establishes a tiered penalty with stricter punishments for hazing (including felony level violations)
- Holds individuals and organizations accountable for hazing
- Requires schools to publish anti-hazing policies and publicly report hazing violations  
[universityethics.psu.edu](http://universityethics.psu.edu)

In addition, the statute provides immunity for individuals in need of medical assistance as a result of hazing or underage alcohol consumption, as well as for those who seek help for others.

To the extent possible, any student, organization, faculty or staff member, contractor, or volunteer of the University will be held accountable for hazing related violations both by the University and by the appropriate law enforcement agency. Any allegations of hazing should be reported to the University's Office of Ethics and Compliance or the Office of Student Conduct, in addition to the police.

## Responsible Action Protocol

[studentaffairs.psu.edu/safety-conduct/student-conduct/students-and-organizations/all-about-alcohol](http://studentaffairs.psu.edu/safety-conduct/student-conduct/students-and-organizations/all-about-alcohol)

Penn state established a Responsible Action Protocol in response to the University Park Undergraduate Association's campaign for a responsible action policy. A student who acts responsibly by notifying the appropriate authorities (e.g., calling 911, alerting a resident assistant, contacting police) AND meets one or more of the following criteria typically will not face University conduct action for use or possession of alcohol or drugs. However, the student will be required to attend an approved alcohol or drug education program, such as BASICS or the Marijuana Intervention Program (MIP); the fee will be waived.

The criteria which invoke the Protocol are:

- Students seeking medical assistance for themselves when experiencing an alcohol or drug overdose or related problems
- A student seeking medical assistance for a peer suffering from an alcohol or drug overdose or related problems and remains with the peer until appropriate authorities arrive
- A student suffering from an alcohol or drug overdose or related problems, for whom another student seeks assistance. The other person who sought assistance, believes they are the first caller, provides their name, and remains with the peer until appropriate authorities arrive, will also not be subject to disciplinary action for alcohol violations.

When the student's behavior involves other Code of Conduct violations, (e.g., vandalism, assault, furnishing to minors) the additional behavior may be subject to conduct action. If a student exhibits a pattern of problematic behavior with alcohol or drugs, that student may be subject to formal conduct action. If you suspect that someone may need medical assistance, CALL 911.



# Office of Sexual Misconduct Prevention & Response

222 Boucke Building

814-867-0099

[titleix@psu.edu](mailto:titleix@psu.edu)

[titleix.psu.edu](http://titleix.psu.edu)

Penn State is committed to providing an environment that is free from discrimination or harassment on the basis of sex or gender. Resources are available to members of the University community to provide prompt and effective response when such incidents occur. Behaviors that fall under policy AD-85 (Sexual and/or Gender-based Harassment and Misconduct) include:

- **Gender-based Harassment**  
Behavior consisting of physical or verbal conduct based on gender, sexual orientation, gender-stereotyping, perceived gender, or gender identity
- **Sexual Harassment**  
Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature
- **Sexual Misconduct**  
Rape, sexual assault, sexual battery, sexual exploitation, and other forms of non-consensual sexual activity
- **Stalking**  
Repeatedly following, harassing, threatening or intimidating including by telephone, mail, electronic communication, or social media

- **Dating Violence**  
May include physical, emotional, verbal, and/or economic abuse
- **Domestic Violence**  
May include physical, emotional, verbal, and/or economic abuse
- **Retaliation**  
Adverse employment, academic, or other actions against anyone reporting or participating in an investigation of Title IX allegations

## Amnesty

Penn State offers confidential and non-confidential reporting options for those who have become a victim of sexual harassment, sexual assault, dating violence, or stalking. The University strongly encourages students to report incidents violating this policy. Therefore, students who act responsibly by reporting information about sexual and/or gender-based harassment or misconduct typically will not face University disciplinary action for their own drug or alcohol possession or consumption in connection with the reported incident.

## >> Consent

Any sexual contact that occurs without consent violates Penn State's policy. Consent must be informed, freely given, and mutual. If coercion, intimidation, threats, or physical force are used there is no consent. If a person is mentally or physically incapacitated due to alcohol or drug consumption, or being asleep, or unconscious, consent cannot be given. Silence does not necessarily constitute consent.

## What are my options?

Penn State offers a variety of confidential and non-confidential reporting options if you or a friend are a victim of sexual and gender-based harassment or sexual misconduct

### Confidential Options

Counseling & Psychological Services  
(CAPS)  
814-863-0395  
[studentaffairs.psu.edu/counseling](http://studentaffairs.psu.edu/counseling)

Gender Equity Center  
814-863-2027  
[studentaffairs.psu.edu/genderequity](http://studentaffairs.psu.edu/genderequity)

Centre Safe  
814-234-5050  
[centresafe.org](http://centresafe.org)

Want to learn more about  
University resources?  
[titleix.psu.edu](http://titleix.psu.edu)

### Reporting Options (Non-confidential)

OSMPR  
814-867-0099  
[titleix@psu.edu](mailto:titleix@psu.edu)

Office of  
Student  
Conduct  
814-863-0342

University  
Police  
814-863-1111  
[police.psu.edu](http://police.psu.edu)

Local Law  
Enforcement  
911

### Activates Campus Response

The Title IX coordinator oversees the University response, which includes providing resource information and discussion of procedural options.

### Accommodations/Interim remedies may be taken, including:

A no-contact order, classroom and housing adjustments, access to on-and-off-campus support services.

OSMPR may conduct an investigation or resolve the matter through an informal process. The University will review all relevant information and determine if the behavior violates the University's Code of Conduct.

Student survivors, witnesses, and bystanders who report, in good faith, any incident of sexual assault, domestic violence, or stalking, will NOT be charged with an alcohol or drug violation of the Student Code of Conduct.

# Campus Safety

## University Police and Public Safety

Eisenhower Parking Deck

Emergencies: 911 or 814-863-1111

Non-emergencies: 814-865-1864

[police.psu.edu](http://police.psu.edu)

@pennstatepolice



### Police on Campus

Penn State police officers have full law enforcement authority and criminal investigative responsibility at 22 campuses, including University Park. Officers have the same authority as state and municipal police officers in Pennsylvania and are authorized to carry firearms and empowered to make arrests.

Penn State police officers are responsible for the protection of students, employees, and visitors at Penn State. Officers are also charged with the protection of life, property, and maintenance of order for campus as well as the enforcement of all Pennsylvania laws and University regulations.

University Police has specialized units, including:

- Criminal investigations
- K-9
- Bike patrol
- Bomb technicians
- Drone unit
- Dispatching services
- Community-oriented policing
- Student auxiliary officers

The department consists of sworn police officers and supervisory staff, assistant police officers, and police dispatchers. These employees provide protection and service 24 hours a day, 365 days a year. Police officers are assigned to mobile, bicycle, and foot patrols. In addition to the full-time staff, student auxiliary officers aid in fulfilling the mission. Student auxiliary officers are a uniformed student unit within University Police. Students are used most frequently for security services and special events.

### University Police

- Fully sworn police officers
- 24/hour, 365 days a year
- Mobile, bike, and foot patrols
- 814-863-1111

## Reporting Crimes

Together, we all play a role in supporting safety on campus. We encourage citizens to report crimes immediately. To report a crime or suspicious activity, call 911 or 814-863-1111 or report online at [police.psu.edu](http://police.psu.edu).

>> For emergencies, call 911

## Physical Security

[police.psu.edu/physical-security](http://police.psu.edu/physical-security)

University Police and the Office of Physical Plant partner together to provide professional security and fire alarm protection services to the University community consistent with the University's mission, culture, and resources in order to facilitate a safe and secure campus environment.

## Emergency Telephones

[police.psu.edu/physical-security](http://police.psu.edu/physical-security)

To assist with expedient reporting, emergency phones have been installed at various locations around campus. A direct line to University Police is available on these phones. These two types of phones require the user to either lift the receiver or push a red button. Once the phone is activated, it will immediately ring at University Police Dispatch Center. The location will then be recorded, and necessary action will be taken.

## Safe Walk Program

**814-865-WALK (9255)**

The Safe Walk program is designed to provide walking accompaniment to students and employees who may feel unsafe walking alone on campus at night. Mobile transport may also be provided to augment the walking service, when appropriate. The Safe Walk program operates out of the Student Auxiliary unit. Uniformed student employees, who carry police radios, will walk students and employees from one on-campus location to another. Accompaniments are available from dusk to dawn 365 days a year. Please talk to your student about this program and encourage them to store the number in their cell phone.



## PSUAlert

[psualert.psu.edu](https://psualert.psu.edu)

PSUAlert is an emergency notification service for Penn State students and employees that allows the University to send text and/or voice messages to your cell phone in the event of an emergency. Encourage your student to add their cell phone number and other emergency contact information to PSUAlert by visiting [psualert.psu.edu](https://psualert.psu.edu). A student may also add parents' contact information. All students automatically receive PSUAlert messages at their Penn State email address.

## Follow PSUAlerts



@PSUAlertUP



facebook.com/pennstate

## Emergency Planning & Procedures

[police.psu.edu/emergency-preparedness](https://police.psu.edu/emergency-preparedness)

University Police and Public Safety has plans to address emergencies through coordination with local agencies and organizations that could impact operations. These include plans for emergencies, such as power outages, inclement weather, acts of terrorism or aggression, and infectious diseases. As an ongoing process, these plans are updated to address necessary provisions for students and employees.

## Behavioral Threat Management

[btmt.psu.edu](https://btmt.psu.edu)

In order to enhance emergency preparedness and prevention efforts, Penn State has established a Behavioral Threat Management Team (BTMT). The objective of the BTMT is to systematically identify, evaluate, and manage potentially threatening situations, including persons of concern, at the University. The multidisciplinary team is composed of people from across the University. In addition to the BTMT at the University Park campus, each Commonwealth campus also has a team responsible for managing concerning situations on their respective campus.

## Victim Resources

[police.psu.edu/victim-resources](https://police.psu.edu/victim-resources)

The Victim Resource Officer specializes in assisting victims of crime. The officer can help connect victims with programs and services that are available on campus and in the surrounding community. Your student can call the Victim Resource Officer at 814-863-0823.

## Crime Prevention Programs

[police.psu.edu/community-education](https://police.psu.edu/community-education)

The Community Oriented Policing Unit coordinates, develops, and delivers a variety of free relevant safety and crime prevention programs. Your student can contact University Police to request one of these programs for their group or organization.

## Penn State Active Attacker Response Program - Run, Hide, Fight™

[runhidefight.psu.edu](https://runhidefight.psu.edu)

Based upon the Run, Hide, Fight™ model developed by the City of Houston, Penn State's Active Attacker Response Program offers the same three action steps if confronted with an active assailant, making it easy to remember and act upon in an emergency: run if you can, hide if you can't, and fight as a last resort. Participants who attend this program will learn how to prepare to respond to an active attacker situation.

## Crime Statistics

[police.psu.edu/annual-security-reports](https://police.psu.edu/annual-security-reports)

Pursuant to Federal and State requirements, the University publishes an annual security report entitled "Policies, Safety, & U." This report contains crime statistics from the previous three years as well as other valuable information about safety and security at Penn State. The annual security report for each campus and for each of the three previous years is available on the police website. Statistics are reported to the U.S. Department of Education website and the Pennsylvania State Police Uniform Crime Reporting website and are also available to the public on those sites. Additionally, University Police maintains a daily log, which is open to public inspection, free of charge, during normal business hours in the University Police Records Office at University Support Building 1 or online at [police.psu.edu/daily-crime-log](https://police.psu.edu/daily-crime-log).



**Access at no cost:**

**The New York Times**  
**THE WALL STREET JOURNAL.**

To register visit:  
[newspapers.psu.edu](http://newspapers.psu.edu)

**NEWS**

**Read online  
or with the  
mobile app**



**PennState**  
Student Affairs

**Student News Readership Program**





# University Resources



# Transportation & Parking

## Getting Around Campus

Campus is a large place, but students are able to get around easily by walking, biking, or catching no-fare on-campus buses and shuttles.

## Campus and Community Buses

[catabus.com](http://catabus.com)

[transportation.psu.edu/campus-shuttle](http://transportation.psu.edu/campus-shuttle)

The Centre Area Transportation Authority (CATA) provides frequent, no-fare campus/downtown service via the Blue and White Loops and Red and Green Links. Penn State also operates two no-fare Campus Shuttle routes that serve campus and downtown stops, including areas on the north end of campus not served by CATA. Additional CATABUS routes connect the campus with outlying communities like Boalsburg, Bellefonte, Pleasant Gap, and with shopping centers and businesses. These routes require a fare and students can pay with cash, bus token, or a long-term pass.

## Bicycles

[biking.psu.edu](http://biking.psu.edu)

[zagster.com/psu](http://zagster.com/psu)

Local policy requires that all bikes be registered to assist local authorities when bicycles are abandoned or when lost or stolen bikes are recovered. For those without their own bicycle on campus, a bike share program is available to students in both single-use rides and annual memberships. Free bike workshops are hosted each semester by Penn State Transportation Services.

## Skateboards, Scooters, and Skates

[policy.psu.edu/policies/sy16](http://policy.psu.edu/policies/sy16)

The use of skateboards on campus is prohibited. Roller skates, in-line skates, scooters, sleds, and similar coasting devices are prohibited on roadways.

## Ride Sharing and Car Sharing

[zimride.com/psu](http://zimride.com/psu)

[enterprisecarshare.com/psu](http://enterprisecarshare.com/psu)

Zimride is Penn State's private ride sharing network where students can find or share a ride for commuting and one-time trips. Enterprise CarShare offers on-campus vehicles for use by the hour or the day to Penn State students ages 18 and up.

## Cars or Motorcycles

[transportation.psu.edu/student-parking](http://transportation.psu.edu/student-parking)

Students who have completed at least 29.1 approved credits are eligible for resident or long-term parking on campus. Commuter parking is available for off-campus students who wish to park on campus for class and other activities.

## Visitor Parking

[transportation.psu.edu/visitors](http://transportation.psu.edu/visitors)

Planning a visit to campus? Depending on the reason for your visit, parking guidelines may change. On most days, parking is available for a small hourly charge at the

HUB, Nittany, and East parking decks and the Jordan East and Stadium West lots near the Bryce Jordan Center and Beaver Stadium; however, parking rules change for arrival weekend, football games, and other special events. Email [parking@psu.edu](mailto:parking@psu.edu) or call 814-865-1436 for parking information specific to your visit.

## Getting Out of Town

### Buses

Greyhound, Fullington, and Megabus provide service from State College to cities including Philadelphia, Pittsburgh, New York City, Baltimore, and Washington DC. Greyhound and Fullington pick-up and drop-off at the bus station located close to campus on Atherton Street. Megabus has a stop in the parking lot of the Walmart Shopping Center on North Atherton Street. Seats fill fast during peak travel time, such as Fridays, holidays, and semester breaks. Reservations are recommended.

### Air Travel

[studentaffairs.psu.edu/parents-families/resources/lodging-transportation](http://studentaffairs.psu.edu/parents-families/resources/lodging-transportation)

The University Park Airport (SCE) is located approximately six miles north of campus. Commercial air service is provided by American Airlines, United Express, Delta, and Allegiant. Many students choose to fly out of airports outside of the University Park area. Visit our Transportation and Lodging webpage for suggestions on how to travel to other airports.

### Trains

Train travel isn't very convenient from State College, with the nearest stations at least 30 minutes away in Lewistown, Tyrone, Huntingdon, and Altoona. Amtrak offers bus services to some stations from the Atherton Street bus terminal. Transportation to and from these stations is not offered by CATABUS or the University.

## Enterprise Carshare

[enterprisecarshare.com/psu](http://enterprisecarshare.com/psu)

Enterprise CarShare, a car-sharing service from Enterprise Rent-A-Car, is available to students ages 18 and up with a valid driver's license (including International Driver's Licenses). Enterprise CarShare vehicles are located on campus and are available 24/7 with low rates.

## Area Lodging

[HappyValley.com](http://HappyValley.com)

Planning a visit with your student? Area hotels fill up quickly during busy weekends including Parents and Families Weekend, home football games, and graduation. The Happy Valley Adventure Bureau can help connect you with resources.

## Penn State Hotels

[pennstatehotels.com](http://pennstatehotels.com)

If you are on campus or in town for a game, concert, or special event, we invite you to enjoy the comfort and convenience of our hotels. Whether you choose the colonial-style Nittany Lion Inn or the understated luxury of The Penn Stater, you'll experience the best in hospitality during your stay.

# Contact Information

Resources	Website	Phone Number	Page
<b>Parent &amp; Family Resources</b>			
Campus Map	map.psu.edu		back
Penn State Operator	-	814-865-4700	-
Parents Program	parents.psu.edu	814-863-1313	4
<b>Academic Life</b>			
Division of Undergraduate Studies	dus.psu.edu	814-865-7576	14
Educational Equity	equity.psu.edu	814-865-5906	17
Global Programs	global.psu.edu	814-865-7681	17
Multicultural Resource Center	equity.psu.edu/mrc	814-865-1773	17
Penn State Bookstore	psu.bnccollege.com	814-863-0205	16
Penn State Learning	pennstatelearning.psu.edu	814-865-2582	16
Schreyer Honors College	shc.psu.edu	814-863-2635	17
Student Disability Resources	equity.psu.edu/sdr	814-863-1807	17
Student Orientation & Transition Programs	orientation.psu.edu	814-865-4178	13
Summer Session/LEAP	summersession.psu.edu	814-863-4174	25
University Libraries	libraries.psu.edu	814-865-6368	16
University Fellowships Office	ufo.psu.edu	814-863-8199	16
Veterans Programs	equity.psu.edu/veterans	814-863-0465	17
<b>Money Matters &amp; Technology</b>			
Bursar	bursar.psu.edu	814-865-6528	21
id+ Office	idcard.psu.edu	814-865-7590	23
Penn State IT	it.psu.edu	814-865-4357	22
Registrar	registrar.psu.edu	814-865-6357	24
Residential Computing Services	rescom.psu.edu		224
Software at Penn State	software.psu.edu	814-863-7777	24
Student Aid	studentaid.psu.edu	814-865-6301	21
<b>Health &amp; Safety</b>			
Penn State Crisis Line		1-877-229-6400	
Counseling & Psychological Services (CAPS)	studentaffairs.psu.edu/counseling	814-863-0395	42
Emergencies: Ambulance, Fire & Police		911 or 3-1111	
Mount Nittany Medical Center	mountnittany.org	814-231-7000	
Office of Sexual Misconduct Prevention & Response	titleix.psu.edu	814-867-0099	50
Student Conduct	studentaffairs.psu.edu/conduct	814-863-0342	48
Student Health Insurance	studentaffairs.psu.edu/health-insurance	814-865-7467	40
University Police (Non-Emergency)	police.psu.edu	814-865-1864	51
University Health Services	studentaffairs.psu.edu/health	814-865-6556	39

Resources	Website	Phone Number	Page
<b>Campus Life</b>			
Adult Learner Programs & Services	studentaffairs.psu.edu/adults	814-863-7378	27
Athletic Ticket Office	gopsusports.com/tickets	814-863-1000 or 800-648-8269	31
Bryce Jordan Center	bjc.psu.edu	814-865-5555 or 1-800-745-3000	31
Campus Recreation	studentaffairs.psu.edu/campusrec	814-863-1579	30
Career Services	studentaffairs.psu.edu/career	814-865-2377	28
Center for Character, Conscience & Public Purpose	studentaffairs.psu.edu/thecenter	814-867-6402	28
Center for the Performing Arts	cpa.psu.edu	814-863-0255 or 800-278-7849	31
Center for Sexual and Gender Diversity	studentaffairs.psu.edu/csgd	814-863-1248	27
Center for Spiritual & Ethical Development	studentaffairs.psu.edu/spiritual	814-865-6548	27
Food Services	foodservices.psu.edu	814-863-1255	36
Fraternity & Sorority Life	greeks.psu.edu	814-863-8065	29
Gender Equity Center (GenEQ)	studentaffairs.psu.edu/genderequity	814-863-2027	27
Housing	housing.psu.edu	814-865-7501	32
HUB-Robeson Center	studentaffairs.psu.edu/hub	814-863-9755	28
Off-Campus Student Support	studentaffairs.psu.edu/offcampus	814-865-2346	34-35
Paul Robeson Cultural Center	studentaffairs.psu.edu/cultural	814-865-1779	27
Residence Life	studentaffairs.psu.edu/reslife	814-863-1710	32
Student Activities	studentaffairs.psu.edu/student-activities	814-863-4624	29
Student Care & Advocacy	studentaffairs.psu.edu/studentcare	814-863-2020	27
Student Engagement Programs	studentaffairs.psu.edu/engagement	814-863-0638	29
Student Legal Services	studentaffairs.psu.edu/legalservices	814-867-4388	28
<b>University Resources</b>			
Happy Valley Adventure Bureau	happyvalley.com	814-231-1400 or 800-358-5466	55
Parking Office	transportation.psu.edu	814-865-1436	55
Penn State Hotels	pennstatehotels.com	1-800-233-7505	55
Parent Philanthropy	giveto.psu.edu/parents	814-865-6533	59
Penn State Alumni Association	alumni.psu.edu	1-800-548-5466	60

## Campus Map

Turn to the back cover of this guide to view a campus map. View the interactive campus map online: [map.psu.edu](http://map.psu.edu).

# Talk Like a Penn Stater

## **ARHS – Association of Residence Halls Students**

Student representatives for all students living on campus

## **Blue & White Loop**

Free CATABUS routes that run in a continuous loop around campus and the downtown community

## **BJC – Bryce Jordan Center**

Entertainment and athletic facility that hosts concerts and home to Penn State men's and women's basketball

## **CANVAS**

The online learning management system for students to manage, navigate, and access their courses

## **CAPS – Counseling and Psychological Services**

Confidential counseling services and other support on a limited basis for students

## **CATA – Centre Area Transportation Authority**

Local bus system that operates throughout State College and campus

## **The Creamery – The Berkey Creamery**

Penn State's very own, on-campus creamery

## **HUB – Hetzel Union Building**

Home to several eateries, study areas, student clubs and activities, meeting spaces, the Penn State Bookstore, and art galleries

## **LionCash+**

Online, prepaid flexible spending account accessed by your student's Penn State id+ card.

## **MRC – Multicultural Resource Center**

Provides individual counseling and educational services for undergraduate multicultural students

## **Nat – McCoy Natatorium**

Fitness loft with an indoor and outdoor pool

## **NSO – New Student Orientation**

Two-day program to introduce first-year students to both academic and campus life

## **OCSU – Off-campus Student Union**

Student representatives for students who live off campus

## **OSC – Office for Student Conduct**

Promotes a safe environment by holding students accountable to the Student Code of Conduct

## **Penn State Learning**

Trained peer tutors, an encouraging learning environment, and technology tools to enhance academic success – free for students

## **PRCC – Paul Robeson Cultural Center**

Programs and services that encourage the appreciation of diverse perspectives, experiences, and cultures

## **RA – Resident Assistant**

Specially trained student employees who live in the residence halls and support residents

## **Rec Hall – Recreation Hall**

Home of many athletic events and the Hepper Fitness Center

## **Red & Green Link**

Free CATABUS route that runs in a continuous cross-campus link between west and east campus

## **ResLife – Office of Residence Life**

Creates living-learning environments, programs, and services for residence hall students

## **SHIP – Student Health Insurance Plan**

Low-cost, comprehensive health insurance plan

## **SPA – Student Programming Association**

Student organization providing entertainment, events, and diverse activities for little or no charge

## **Starfish – Starfish Enterprise Success Platform**

A suite of academic advising tools and online scheduling of advising appointments

## **THON – Penn State Dance Marathon**

Largest student-run fundraising event benefitting childhood cancer culminating in a no-sitting, no-sleeping, 46-hour dance marathon held in February

## **Title IX – Office of Sexual Misconduct Prevention & Response**

Office committed to preventing and responding to instances of sexual and gender-based harassment and misconduct

## **UHS – University Health Services**

Student health center offering medical services, prescriptions, testing, educational programs, scheduled and walk-in appointments

## **UP – University Park**

One of more than 20 undergraduate campuses of Penn State University located in State College, PA

## **UPUA – University Park Undergraduate Association**

Student government for the University Park Campus

## **We Are...Penn State**

Chant that unites Penn State

## **Welcome Week**

Campus-wide programming designed to welcome students at the beginning of each semester

# Penn State Parents



WE APPRECIATE THAT YOU GIVE TO PENN STATE!



**PennState**  
University Development

[giveto.psu.edu/pennstateparents](http://giveto.psu.edu/pennstateparents)

A GREATER  
PENN STATE  
FOR 21<sup>ST</sup>  
CENTURY  
EXCELLENCE

## A Genuine Penn State Experience



Travel • Eat  
**Stay**



**The Penn Stater**  
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[thepennstaterhotel.psu.edu](http://thepennstaterhotel.psu.edu)

*The*  
**NITTANY LION**  
INN

[nittanylioninn.psu.edu](http://nittanylioninn.psu.edu)

# EXPERIENCE

map.psu.edu



*FIND YOUR PRIDE. START YOUR JOURNEY.*



## BLUE & WHITE SOCIETY

STUDENT MEMBERSHIP OF THE PENN STATE ALUMNI ASSOCIATION

*BENEFITS  
OF BEING  
A MEMBER*



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opportunities  
with alumni



Access to  
leadership  
opportunities  
and exclusive  
events



Money-  
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*JOIN TODAY AT* [alumni.psu.edu/bws](https://alumni.psu.edu/bws)



**PennState  
Alumni Association**



**PennState**  
Bookstore

# VIP NIGHT FOR STUDENTS

SATURDAY, AUGUST 22ND  
9:00PM - 11:00PM  
AT THE BOOKSTORE

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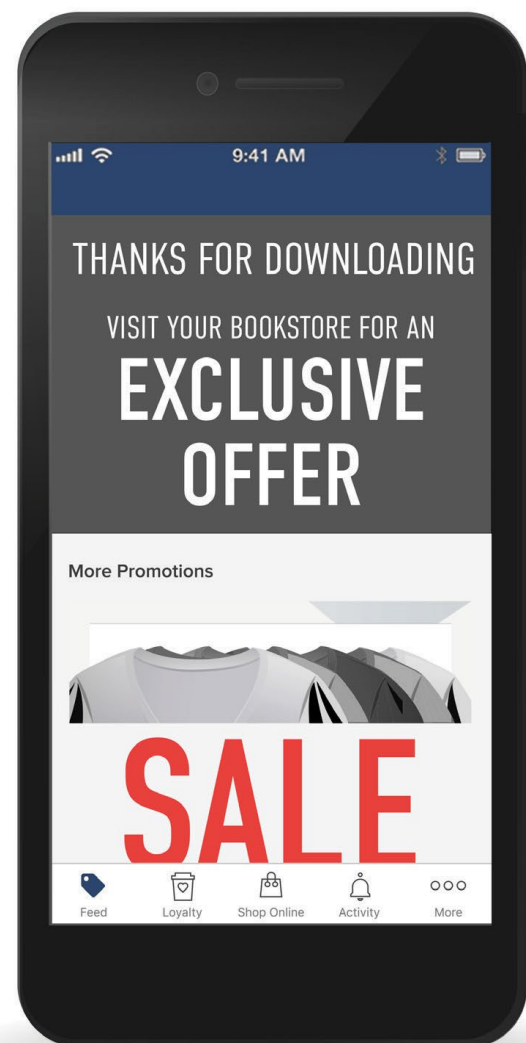
# PennState Bookstore

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# Notes:



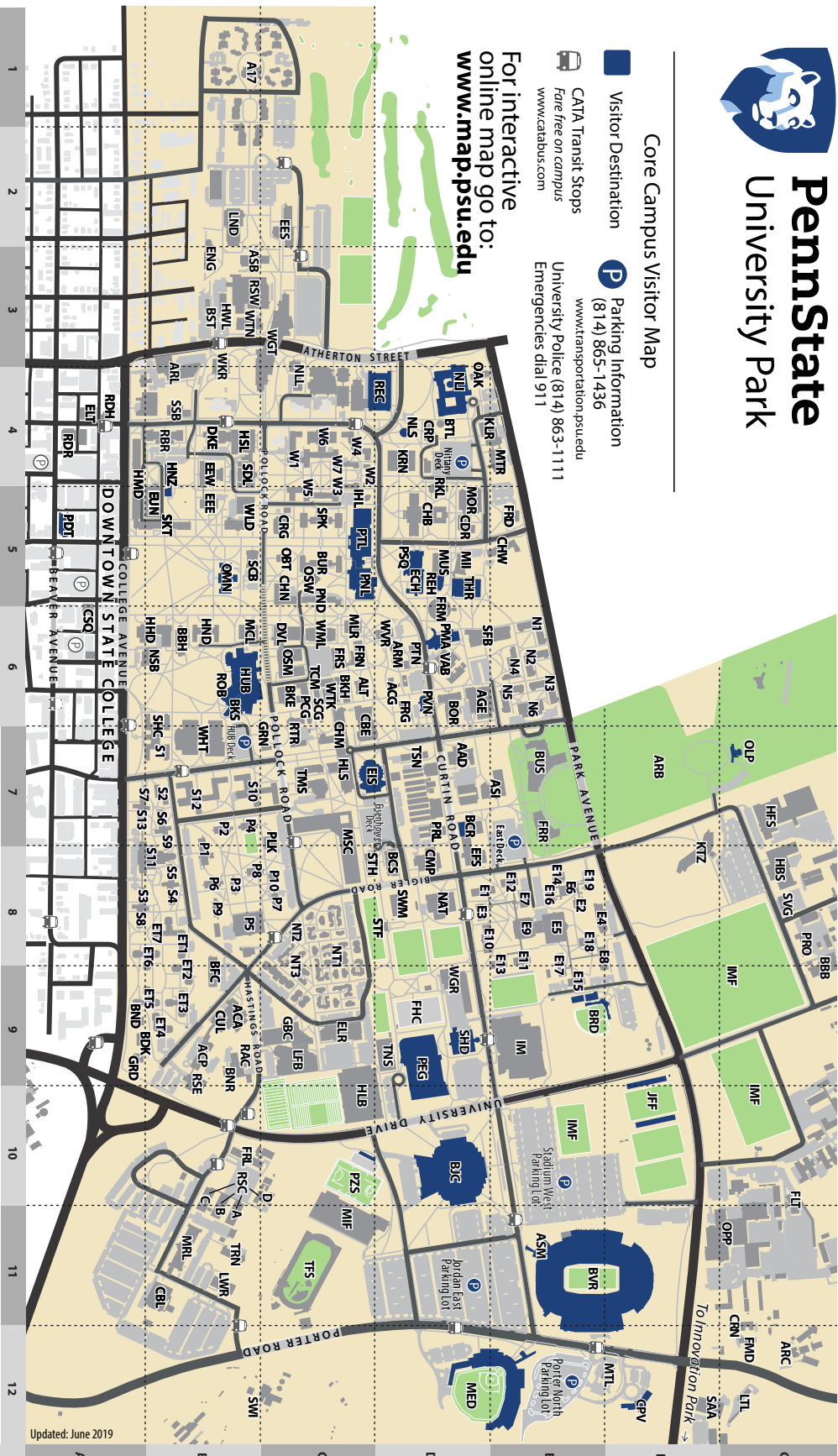


# Penn State University Park

## Core Campus Visitor Map

- Visitor Destination**
- Parking Information**  
(814) 865-1436  
www.transportation.psu.edu
- CATA Transit Stops**  
Fare free on campus  
www.catabus.com
- University Police** (814) 863-1111  
Emergencies dial 911

For interactive  
online map go to:  
[www.map.psu.edu](http://www.map.psu.edu)



- ACP Academic Activities - B9
- AAD Agricultural Administration Building - D7
- ACE Agricultural Engineering Building - D6
- ASI Agricultural Sciences & Industries Building - D7
- ASM All-Sports Museum - E11
- ATR Altmquist Research Center - G12
- ATL Althouse Lab - G6
- ARL Applied Research Lab (ARL) - B4
- ASB Applied Science Building - B3
- A88 Aboetum at Penn State - F7
- ARM Armory Building - D6
- ACS Arts Cottage - D6
- B80 Bank of America Career Services - D8
- BVR Beaver Stadium - E11
- BKD Beecher-Dock House - A9
- BFC Bennett Family Center - B9
- BCR Berkeley Creamery - D7
- BBH Biobehavioral Health Building - B6
- RTL Biomechanics Teaching Lab - D4
- BKS Bookstore - B6
- BOR Borland Building - D6
- BKE Boule Building - G6
- BNR Breazeale Nuclear Reactor - B9
- BLC Bryce Jordan Center - D10
- BKH Buckhout Lab - G6
- B88 Bundy Blue Band Building - G9
- BUR Burrows Building - C5
- B5T Bus Station - B3
- B05 Business Building - E7
- CSQ Calder Square II - A6
- CRG Carnegie Building - C5
- CRP Carpenter Building - D4
- CDR Cedar Building - D5
- CBL Centralized Biological Lab - B11
- CHB Centre County-Penn State Visitors Cntr - F12
- CHB Chambers Building - D5
- CHN Chandler Lab - C5
- CHM Chemistry Building - C7
- CBE Chemical and Biomedical Engineering - C6, C7
- CHW Child Care Center at Hor Woods - E5
- CUL Coal Utilization Lab - B9
- CMP Computer Building - D8
- DVL Davey Lab - G6
- DKE Deike Building - B4
- EES Earth-Engineering Sciences Building - C2
- E8R East Area Locker Room - C9
- E87 East Parking Deck - E7, E8
- E85 Eisenhower Auditorium - C7
- E84 Eisenhower Chapel - D5
- E83 Eisenhower Parking Deck - D7
- E82 Electrical Engineering - East - B5
- E81 Electrical Engineering - West - B4
- E80 Elliott Building - A4
- E79 Engineering Services Building - B3
- E78 Engineering Units (A-C) - B5
- E77 Erdos Food Sciences Building - D8
- E76 Ferguson Building - D6
- E75 Field Hockey Complex - D9
- E74 Fleet Operations - G10
- E73 Ford Building - E5
- E72 Forest Resources Lab - B10
- E71 Forest Resources Building - E7
- E70 Forum Building - D6
- E69 Free Building - North - G6
- E68 Free Building - South - G6
- E67 Gardner House - A9
- E66 Garage Building - C7
- E65 Greenberg Complex - C9
- E64 Halliwell Building - B3
- E63 Hammond Building - A4, A5
- E62 Health and Human Development Bldg - B6
- E61 Henderson Building - B6
- H85 Hostetter Business Services - G8
- H84 Housing Food Svcs Building - G7
- H83 HUB-Robeson Center - B6
- H82 Hintz Family Alumni Center - B4
- H81 Hilda Hall - C10
- H80 HUB Parking Deck - B7
- H79 Huck Life Sciences Building - C7
- H78 Inhering Cottage - C5
- H77 Inhering Building - B9
- H76 Intramural Fields - G9, G10, F10
- H75 Jeffrey Field (soccer) - F10
- H74 Katz Building - F8
- H73 Keller Building - D4
- H72 Ken Building - D4
- H71 Land/Water Research Bldg - B11
- H70 Lasch Football Building - C9
- H69 Leonard Building - B2
- H68 Mater Building - E4
- H67 Materials Research Lab - B11
- H66 McAlister Building - B6
- H65 McCoy Natatorium - D8
- H64 Meats Lab - F12
- H63 Meadow Field - D12
- H62 Millennium St. Complex - C7
- H61 Moore Building - D5
- H60 Mueller Lab - G6
- H59 Multi-Sport Indoor Facility - C11
- MUS Music Building - D5
- M85 Music Building II - D5
- M84 Nittany Lion Inn - D4
- M83 Nittany Lion Shrine - D4
- M82 Nittany Parking Deck - D4
- M81 Noll Lab - C4
- M80 Nursing Sciences Building - B6
- M79 Oak Building - D4
- M78 Old Botany - C5
- M77 Old Main - B5
- M76 Office of Physical Plant - G11
- M75 Osmund Lab - G6
- M74 Oswald Tower - C5
- M73 Overlook Pavilion - G7
- M72 Palmer Museum of Art - D6
- M71 Panzer Stadium (lacrosse) - C10
- M70 Pasquerella Spiritual Center - D5
- M69 Pasture Research Lab - D7
- M68 Paterno Library - C5
- M67 Pattee Library - C5
- M66 Patterson Building - D6
- M65 Pavilion Theatre - D6
- M64 Peguice Ice Arena - D9
- M63 Piedmont Theatre Center - A5
- M62 Pine Cottage - G6
- M61 Pollock Building - C7
- M60 Pond Lab - C5
- M59 Procurement Services - G8
- RKL Rackley Building - D5
- RAC Radiation Science & Eng. Ctr - B9
- R8R Reber Building - B4
- R87 Recreation Bldg (Rec Hall) - D4
- R86 Recta Hall - D5
- R85 Research Ctr (A,B,C,D) - B10
- R84 Research Building - East - B9
- R83 Research Building - West - B3
- R82 Rider House - A4
- R81 Ritter Building - A4
- R80 Ritter Building - C7
- R79 Ritter Building - D9
- R78 Ritter Building - B4
- R77 Wagner Building - D9
- R76 Walker Building - B4
- R75 Warlick Lab - G6
- R74 Water Tunnel (G. Thomas) - B3
- R73 Weaver Building - D6
- R72 Westgate Building - C3
- R71 Westgate Building - B7
- R70 Whitmore Lab - G6
- R69 Whitmore Lab - B8
- R68 Willard Building - B5
- SWM Swimming Pool (outdoor) - D8
- S81 Swine Research Building - B12
- S80 Telecom. Building - C6
- S79 Tannis Court Building - D9
- S78 Theatre Building - D5
- S77 Thomas Building - C7
- S76 Track & Field Stadium - C11
- S75 Transport Research Bldg - B11
- S74 Tyson Building - D7
- S73 Visual Arts Building - D6
- S72 Wagner Building - D9
- S71 Warlick Building - B4
- S70 Warlick Lab - G6
- S69 Water Tunnel (G. Thomas) - B3
- S68 Weaver Building - D6
- S67 Westgate Building - C3
- S66 Westgate Building - B7
- S65 Whitmore Lab - G6
- S64 Whitmore Lab - B8
- S63 Willard Building - B5
- S62 Hastings Hall - E8
- S61 Johnston Commons - E8
- S60 Martin Hall - D8
- S59 McKean Hall - E8
- S58 Packer Hall - E8
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- H85 Hostetter Business Services - G8
- H84 Housing Food Svcs Building - G7
- H83 HUB-Robeson Center - B6
- H82 Hintz Family Alumni Center - B4
- H81 Hilda Hall - C10
- H80 HUB Parking Deck - B7
- H79 Huck Life Sciences Building - C7
- H78 Inhering Cottage - C5
- H77 Inhering Building - B9
- H76 Intramural Fields - G9, G10, F10
- H75 Jeffrey Field (soccer) - F10
- H74 Katz Building - F8
- H73 Keller Building - D4
- H72 Ken Building - D4
- H71 Land/Water Research Bldg - B11
- H70 Lasch Football Building - C9
- H69 Leonard Building - B2
- H68 Mater Building - E4
- H67 Materials Research Lab - B11
- H66 McAlister Building - B6
- H65 McCoy Natatorium - D8
- H64 Meats Lab - F12
- H63 Meadow Field - D12
- H62 Millennium St. Complex - C7
- H61 Moore Building - D5
- H60 Mueller Lab - G6
- H59 Multi-Sport Indoor Facility - C11
- MUS Music Building - D5
- M85 Music Building II - D5
- M84 Nittany Lion Inn - D4
- M83 Nittany Lion Shrine - D4
- M82 Nittany Parking Deck - D4
- M81 Noll Lab - C4
- M80 Nursing Sciences Building - B6
- M79 Oak Building - D4
- M78 Old Botany - C5
- M77 Old Main - B5
- M76 Office of Physical Plant - G11
- M75 Osmund Lab - G6
- M74 Oswald Tower - C5
- M73 Overlook Pavilion - G7
- M72 Palmer Museum of Art - D6
- M71 Panzer Stadium (lacrosse) - C10
- M70 Pasquerella Spiritual Center - D5
- M69 Pasture Research Lab - D7
- M68 Paterno Library - C5
- M67 Pattee Library - C5
- M66 Patterson Building - D6
- M65 Pavilion Theatre - D6
- M64 Peguice Ice Arena - D9
- M63 Piedmont Theatre Center - A5
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- M61 Pollock Building - C7
- M60 Pond Lab - C5
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- R86 Recta Hall - D5
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- R84 Research Building - East - B9
- R83 Research Building - West - B3
- R82 Rider House - A4
- R81 Ritter Building - A4
- R80 Ritter Building - C7
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- R77 Wagner Building - D9
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- R74 Water Tunnel (G. Thomas) - B3
- R73 Weaver Building - D6
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- SWM Swimming Pool (outdoor) - D8
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- S77 Thomas Building - C7
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- S75 Transport Research Bldg - B11
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- H85 Hostetter Business Services - G8
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- H82 Hintz Family Alumni Center - B4
- H81 Hilda Hall - C10
- H80 HUB Parking Deck - B7
- H79 Huck Life Sciences Building - C7
- H78 Inhering Cottage - C5
- H77 Inhering Building - B9
- H76 Intramural Fields - G9, G10, F10
- H75 Jeffrey Field (soccer) - F10
- H74 Katz Building - F8
- H73 Keller Building - D4
- H72 Ken Building - D4
- H71 Land/Water Research Bldg - B11
- H70 Lasch Football Building - C9
- H69 Leonard Building - B2
- H68 Mater Building - E4
- H67 Materials Research Lab - B11
- H66 McAlister Building - B6
- H65 McCoy Natatorium - D8
- H64 Meats Lab - F12
- H63 Meadow Field - D12
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- H61 Moore Building - D5
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- MUS Music Building - D5
- M85 Music Building II - D5
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- S-90 Stone Hall - E8
- S-91 Stone Hall - E8
- S-92 Stone Hall - E8
- S-93 Stone Hall - E8
- S-94 Stone Hall - E8
- S-95 Stone Hall - E8
- S-96 Stone Hall - E8
- S-97 Stone Hall - E8
- S-98 Stone Hall - E8
- S-99 Stone Hall - E8
- S-100 Stone Hall - E8

- H85 Hostetter Business Services - G8
- H84 Housing Food Svcs Building - G7
- H83 HUB-Robeson Center - B6
- H82 Hintz Family Alumni Center - B4
- H81 Hilda Hall - C10
- H80 HUB Parking Deck - B7
- H79 Huck Life Sciences Building - C7
- H78 Inhering Cottage - C5
- H77 Inhering Building - B9
- H76 Intramural Fields - G9, G10, F10
- H75 Jeffrey Field (soccer) - F10
- H74 Katz Building - F8
- H73 Keller Building - D4
- H72 Ken Building - D4
- H71 Land