Please see key at bottom of page for type of pool open during Members Swim at McCoy.

### McCoy Natatorium Indoor Pool Schedule

<table>
<thead>
<tr>
<th>Mon - 13th</th>
<th>Tues - 14th</th>
<th>Wed - 15th</th>
<th>Thurs - 16th</th>
<th>Fri - 17th</th>
<th>Sat - 18th</th>
<th>Sun - 19th</th>
</tr>
</thead>
</table>
| **Members Swim**
11:00am-12:00pm (6 lanes = I) | **Members Swim**
11:00am-12:00pm (6 lanes = I) | **Members Swim**
11:00am-12:00pm (6 lanes = I) | **Members Swim**
11:00am-12:00pm (6 lanes = I) | | | |
| **Aqua Power**
12:00pm-1:00pm (Members Swim 4 lanes during Aqua Power = I) | **Aqua Move**
12:00pm-1:00pm (Members Swim 4 lanes during Aqua Power = I) | **Aqua Power**
12:00pm-1:00pm (Members Swim 4 lanes during Aqua Power = I) | **Aqua Move**
12:00pm-1:00pm (Members Swim 4 lanes during Aqua Power = I) | | | |
| **Members Swim**
1:00pm-3:00pm (6 lanes = I) | **Members Swim**
1:00pm-3:00pm (6 lanes = I) | **Members Swim**
1:00pm-3:00pm (6 lanes = I) | **Members Swim**
1:00pm-3:00pm (6 lanes = I) | | | |
| **Members Swim**
5:00pm-7:00pm (6 lanes = I) | **Members Swim**
5:00pm-7:00pm (6 lanes = C) | **Members Swim**
5:00pm-7:00pm (6 lanes = I) | **Members Swim**
5:00pm-7:00pm (4 lanes = I) (6 lanes = C) | | | |
| **Fitness Swim**
5:15pm-6:30pm (4 lanes = C) | **Fitness Swim**
5:15pm-6:30pm (4 lanes = C) | **Fitness Swim**
5:15pm-6:30pm (4 lanes = C) | **Fitness Swim**
5:15pm-6:30pm (4 lanes = C) | | | |

### White Building Pool Schedule

CLOSED FOR THE SUMMER

### McCoy Natatorium Outdoor Pool Schedule

CLOSED FOR THE SEASON

Note: The schedule is subject to change.

Please follow lap swim etiquette at all times.
- During busy times, swimmers must share lanes.
- Stop and notify swimmers in the lane prior to entering the lane.
- Circle swim counter clockwise or if there are two swimmers; each take a side of the lane.

McCoy Natatorium pool types:
I = Instruction Pool
C = Competition Pool
D = Dive Well