

*"For the students, by the students"*

# CLUB SPORTS

## VISITING CLUB GUIDE



**PennState**  
Student Affairs

Campus Recreation

# Penn State Campus Recreation

101 Intramural Building, University Park, PA 16802 | (814) 867-1600 | [www.studentaffairs.psu.edu/campusrec](http://www.studentaffairs.psu.edu/campusrec)

## Waiver of Liability / Release of All Claims

In consideration of The Pennsylvania State University (hereinafter "University") providing access to Campus Recreation facilities and/or providing me instruction in an attempt to further my knowledge and/or permitting me to participate in University programs (hereinafter "Activity"), and after first being advised of the potential for injury and/or death I, on behalf of myself and my heirs, executors and/or assigns hereby agree to the following:

1. I understand that my participation in recreational activities, including this Activity, generates a risk of injury to my person, including death, and/or damage to property, which risk I knowingly and voluntarily agree to assume. I understand and am aware that the activities I am participating in, including the use of equipment and elevated heights, are inherently hazardous activities from which the risk of harm or injury cannot be eliminated. I fully understand and acknowledge that some of the risks in participating in said Activity include, but are not limited to, contusions, muscle strains and sprains, broken bones, lacerations, cardiac or respiratory malfunction, head, neck and back injury, paralysis, drowning (for water-related activities), and death as well as exacerbation of preexisting conditions, such as asthma and bronchitis. I recognize that I have the option to not participate in these activities instead of encountering these inherent risks.
2. I hereby covenant not to bring any action, legal, equitable or otherwise, or to make any claim of any nature whatsoever against The Pennsylvania State University, its officers, trustees, employees, and agents (whether actual, apparent or ostensible) and any other persons involved with the University's activities, either directly or indirectly, for any personal injury or injuries, including death, or property damage which I might sustain while engaging in this Activity or any other activities necessarily or incidentally associated therewith.
3. I do hereby release and further discharge The Pennsylvania State University, its officers, trustees, employees, and agents (including instructors, coaches and aides) and any other persons involved with the University's activities, either directly or indirectly, of any responsibility or liability of any nature to me or my child for any personal injuries, death or property damage which I may suffer or incur either directly or indirectly as a result of my utilization of the University's facilities and/or participation in the University's programs and activities or other activities necessarily or incidentally associated therewith.
4. I make these covenants, releases and waivers knowingly and voluntarily with full knowledge of any existing or inherent dangers in training, practicing, playing, traveling and engaging in said Activity and any other activities necessarily or incidentally associated therewith, which dangers I hereby further expressly voluntarily assume.
5. I further make these covenants, releases and waivers to bind myself and my heirs, executors, administrators and assigns to the fullest extent.

I do execute this Waiver with the intent to legally bind myself in addition to my heirs, administrators, executors and assigns.

## Photography/Videography Release

I hereby authorize The Pennsylvania State University to photograph, video record, or audio record me engaging in programs and activities. I further authorize Pennsylvania State University to use any photographic, video, or audio recordings for promotional or instructional purposes.

**School/Institution Name**

[illegible]

[illegible]

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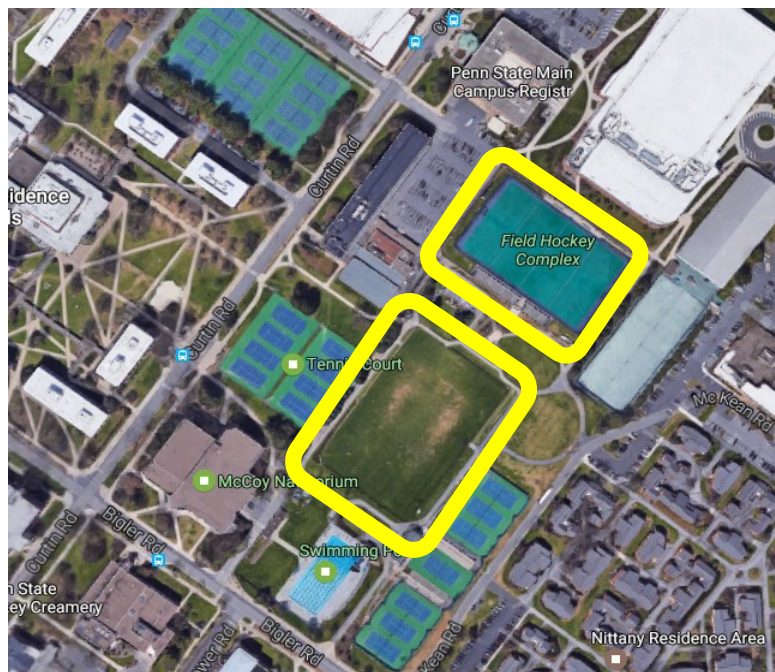
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# FACILITIES

## Bigler Fields

- Located to the south of Curtin Rd and in between Bigler Rd and University Drive
- Home to Field Hockey (turf field), Quidditch, and Men's and Women's Ultimate



## Intramural Building

- The "IM Building" is located on the corner of Curtin Rd and University Drive
- Home to Men's and Women's Volleyball, Men's and Women's Basketball, Racquetball, Squash, Wrestling, and Martial Arts



# FACILITIES

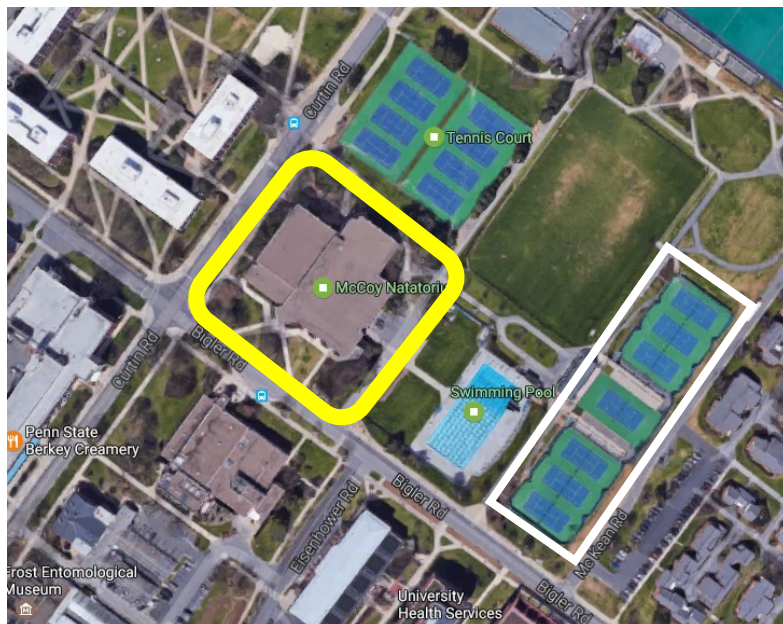
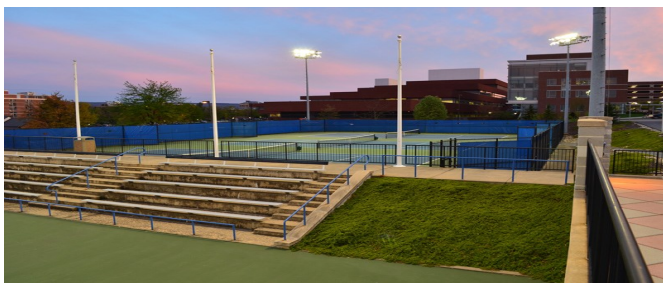
## Panzer Lacrosse Field

- Located just south of the Bryce Jordan Center and Beaver Stadium on University Drive
- Home to Men's and Women's Lacrosse



## McCoy Natatorium & Sarni Tennis Center

- Both located on Bigler Road, McCoy Natatorium and Sarni Tennis Center are home to Swimming & Diving, Synchronized Swimming, Water Polo, and Tennis



# FACILITIES

## Multisport Facility/Outdoor Track

- Located directly adjacent to the Penn State Lacrosse Field on the corner of University Drive and Dauer Drive
- Home to Indoor and Outdoor Track & Field



## Park Ave. Fields

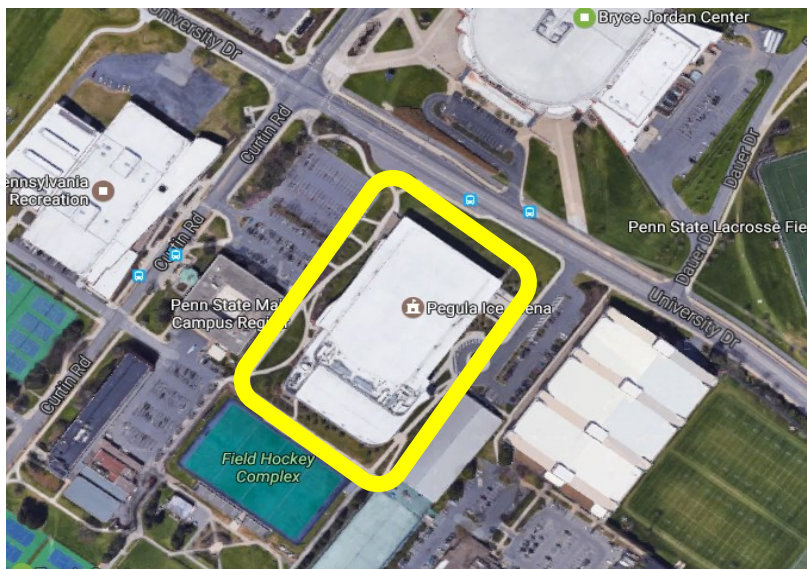
- Located just west of Beaver Stadium at the corner of Park Ave and University Drive
- Home to Men's and Women's Ultimate and Quidditch



# FACILITIES

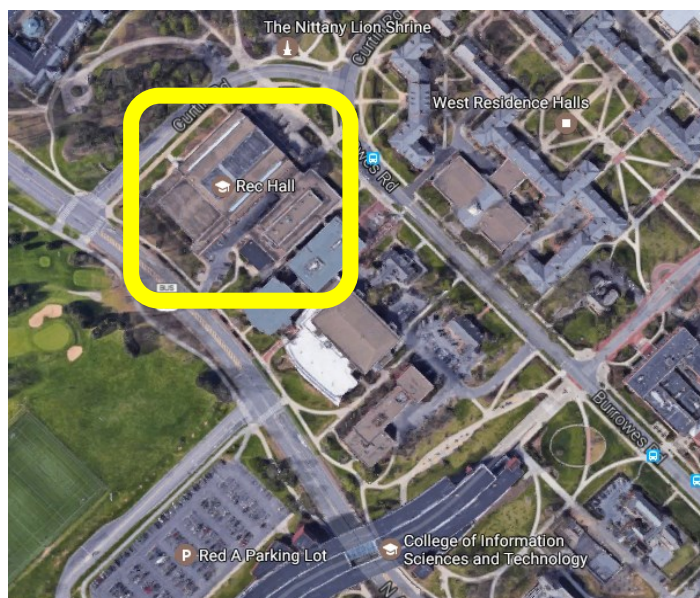
## Pegula Ice Arena

- Located directly across University Drive from the Bryce Jordan center, on the corner of Curtin Road and University Drive
- Home to Men's and Women's Ice Hockey and Figure Skating



## Rec Hall

- Located on the corner of Curtin Rd, Burrows Rd, and North Atherton St
- Home to Men's and Women's Volleyball and Team Handball



# FACILITIES

## West Turf Fields

- Located just west of campus and Atherton St (use 400 N. Atherton St. State College, PA and turn left on at light onto White Course Dr.)
- Home to Men's and Women's Soccer, Men's and Women's Lacrosse, and Cricket

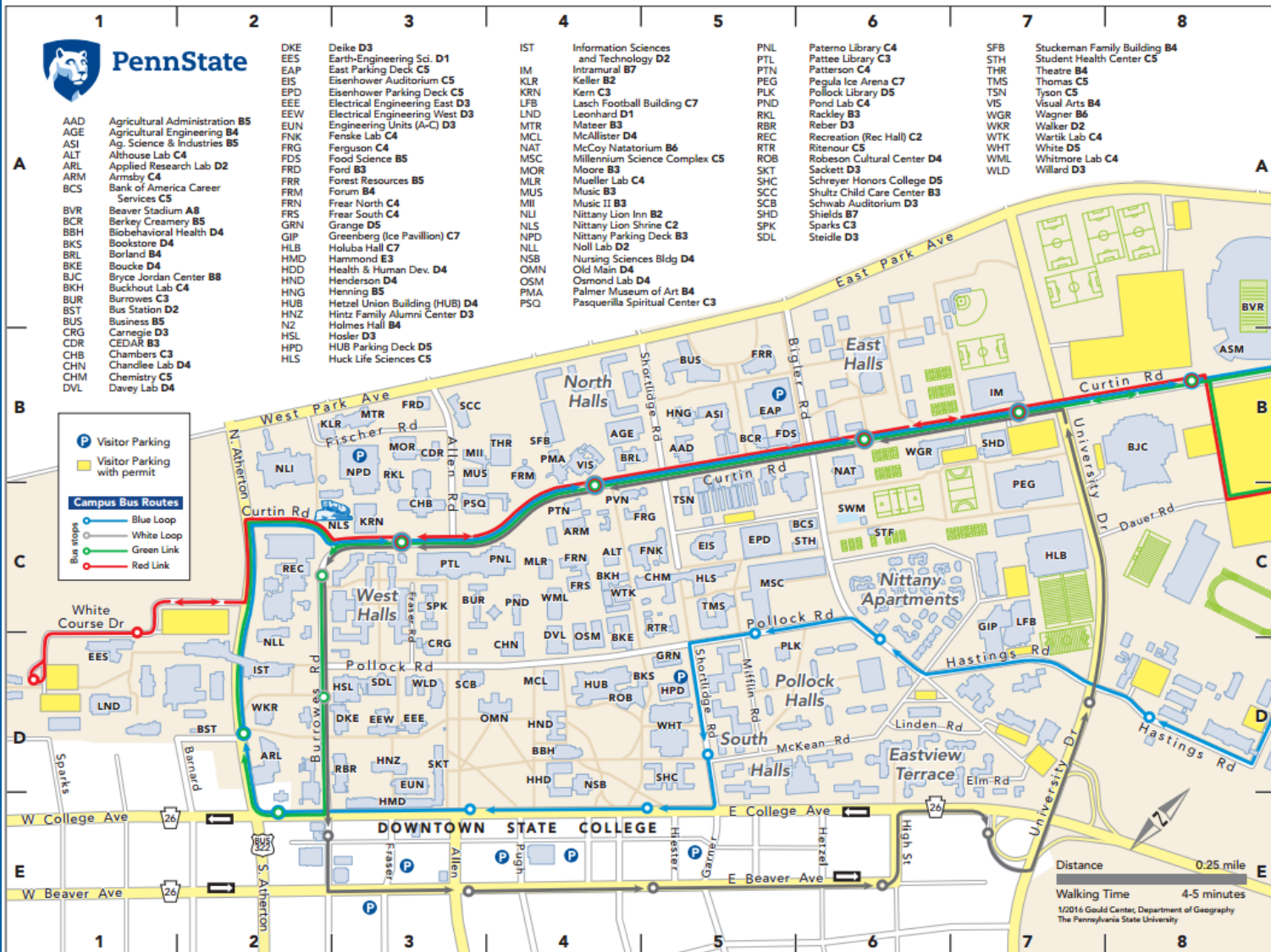


## White Building

- Located just north of College Ave on Shortlidge Rd
- Home to Men's and Women's Gymnastics, Fencing, Martial Arts, and Boxing



# CAMPUS MAP

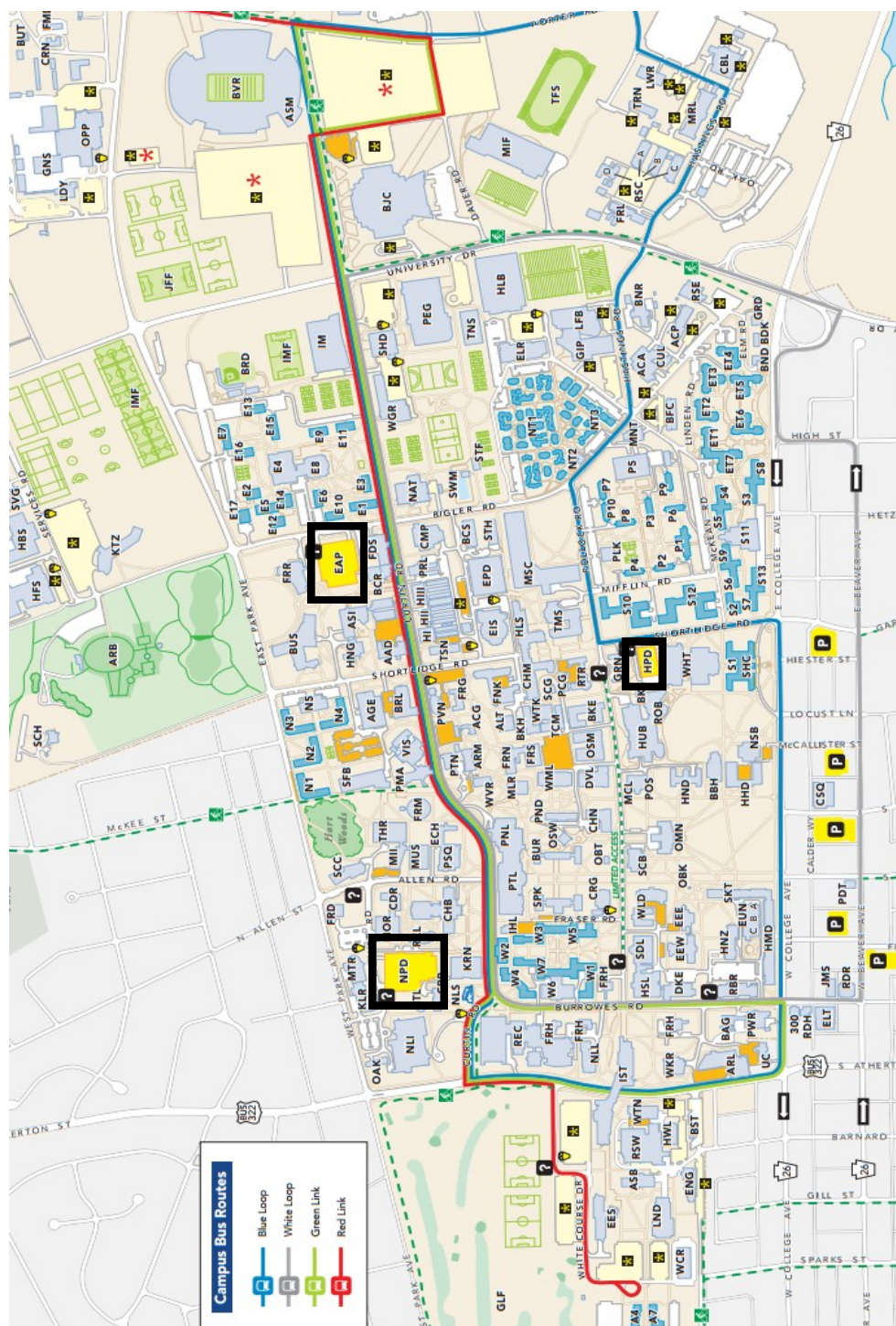


For for an interactive map of campus please visit [www.map.psu.edu](http://www.map.psu.edu)



# PARKING

We encourage you to visit [www.transportation.psu.edu/visitors](http://www.transportation.psu.edu/visitors) for complete information on parking, especially if there are events occurring on campus. Hourly paid parking is available at the HUB Deck (center of map), East Deck (northeast square), and Nittany Deck (northwest square). Contact your host team representative for specific parking details regarding your event.



# MEDICAL/EMERGENCIES

## **Penn State University Police**

Emergency/Police Assistance: **814-863-1111**

## **Mount Nittany Medical Center**

1800 E Park Ave, State College, PA 16803

814-231-7000

Open 24 hours

## **MedExpress Urgent Care**

TJ Maxx Plaza, 1613 N. Atherton St. b, State College, PA 16803

814-238-1066

Open 8am - 8pm



# HOTELS

## **Days Inn Penn State**

240 S Pugh St  
(814) 238-8454  
Downtown State College

## **Ramada State College**

1450 S Atherton St  
(814) 238-3001  
2 mi. from campus

## **Super 8 State College**

1663 S Atherton St  
(814) 237-8005  
2 mi. from campus

## **Sleep Inn**

111 Village Dr  
(814) 235-1020  
2 mi. from campus

## **Rodeway Inn**

1040 N Atherton St  
(814) 238-6783  
2 mi. from campus

## **Comfort Inn**

132 Village Drive  
(814) 235-1900  
2 mi. from campus

## **Hyatt Place State College**

219 W Beaver Ave  
(814) 862-9808  
Downtown State College

## **Quality Inn**

1274 N. Atherton Street  
(814) 234-1600  
2 mi. from campus

## **Courtyard by Marriott State College**

1730 University Dr  
(814) 238-1881  
1.5 mi. from campus

## **Residence Inn by Marriott State College**

1555 University Dr  
(814) 235-6960  
1.5 mi. from campus



# EATERIES (BREAKFAST/COFFEE)

## Waffle Shop

364 E. College Ave.  
Downtown State College  
(814) 237-9741

## Irving's Bagels

110 E. College Ave.  
Downtown State College  
(814) 231-0604

## Starbucks

141 S. Garner St.  
Downtown State College  
(814) 238-0516

## Bagel Crust

332 E. Calder Way  
Downtown State College  
(814) 308-9756

## Panera Bread

148 S. Allen St.  
Downtown State College  
(814) 867-8883

## Dunkin Donuts

200 West College Ave.  
Downtown State College  
(814) 235-1905

## Sadie's Gourmet Waffles

118 S. Pugh St  
Downtown State College  
(814) 954-4160

## Waffle Shop

1610 W. College Ave  
Near Blue Course Dr.  
(814) 235-1816

## Fresh Harvest Kafe

421 East Beaver Ave.  
Downtown State College  
(814) 272-6400

## Waffle Shop

1229 N. Atherton St.  
Near Blue Course Dr.  
(814) 238-7460

## Starbucks

232 West College Ave.  
Downtown State College  
(814) 235-4812

## Barranquero Café

324 E. Calder Way  
Downtown State College  
(814) 954-7548

## The Diner

126 W. College Ave.  
Downtown State College  
(814) 238-5590

## Saints Café

123 West Beaver Ave.  
Downtown State College  
(814) 238-5707

## Websters Bookstore Café

133 East Beaver Ave.  
Downtown State College  
(814) 272-1410



# EATERIES (LUNCH/DINNER)

## **The Corner Room \$\$**

100 West College Ave.  
Downtown State College  
(814) 237-3051

## **Five Guys (Burgers) \$**

226 West College Ave.  
Downtown State College  
(814) 238-3066

## **Applebee's \$\$**

12 Colonnade Way  
Off of N. Atherton St.  
(814) 235-3890

## **Cozy Thai \$\$**

232 S. Allen St.  
Downtown State College  
(814) 237-0139

## **Mad Mex \$\$**

240 South Pugh St.  
Downtown State College  
(814) 272-5656

## **Baby's Burgers & Shakes \$**

131 South Garner St.  
Downtown State College  
(814) 234-4776

## **Olive Garden \$\$**

1945 Waddle Rd.  
Near Rt. 220 & N. Atherton  
(814) 861-1620

## **The Deli Restaurant \$\$**

113 Heister Street  
Downtown State College  
(814) 237-5710

## **Texas Roadhouse \$\$**

1885 Waddle Road  
Off N. Atherton St.  
(814) 238-5089

## **The Tavern \$\$**

322 West College Ave.  
Downtown State College  
(814) 238-6116

## **T.G.I. Friday's \$\$**

1215 N. Atherton St.  
Downtown State College  
(814) 861-5540

## **Otto's \$\$**

2235 N. Atherton St.  
Off N. Atherton St.  
(814) 867-6886

## **Primanti Brothers \$\$**

130 Heister St.  
Downtown State College  
(814) 862-9367

## **Faccia Luna \$\$**

1229 S. Atherton St.  
Near Happy Valley Inn  
(814) 234-9000

## **Tadashi (Sushi) \$\$**

206 W. College Ave.  
Downtown State College  
(814) 862-9111

## **Chipotle**

116 Heister St.  
Downtown State College  
(814) 231-0442

## **Qdoba**

206 W. College Ave  
Downtown State College  
(814) 861-3288

## **California Tortilla**

322 W. College Ave.  
Downtown State College  
(814) 862-9199



# PIZZA DELIVERY

## **Papa John's (South)**

State College, PA 16801  
1341 S. Atherton St.  
(814) 234-7272

## **Canyon Pizza**

260 East Beaver Ave.  
Downtown State College  
(814) 867-5672

## **College Pizza**

128 Locust Lane  
Downtown State College  
(814) 231-2000

## **Domino's**

1100 N. Atherton St.  
State College, PA 16801  
(814) 237-1414

## **Brother's Pizza**

231 Northland Center  
State College, PA 16801  
(814) 237 2353

## **Pizza Hut**

760 S. Atherton St.  
State College, PA 16801  
(814) 237-8093

## **Papa John's (North)**

2110 N. Atherton St.  
State College, PA 16801  
(814) 238-7272

## **Bell's Greek Pizza**

214 E. Calder Way  
Downtown State College  
(814) 231-2030

## **Gumby's Pizza**

300 South Pugh St.  
Downtown State College  
(814) 234-4862

## **Hi Way Pizza**

1688 N. Atherton Street  
State College, PA 16803  
(814) 237-0375



# ICE CREAM

## **The Penn State Creamery**

Curtin & Bigler Road  
On Campus  
(814) 865 7573



**PennState**  
Berkey Creamery

## **Cold Stone Creamery**

321 East Beaver Ave.  
Downtown State College  
(814) 272 6585



## **Dairy Queen**

310 West Aaron Dr.  
Off N. Atherton St.  
(814) 238-2731



## **Rita's Water Ice**

119 East Beaver Ave.  
Downtown State College  
(814) 231-1366



## **Kiwi (Frozen Yogurt)**

324 E. College Ave  
Downtown State College  
(814) 308-9105



## **Meyer Dairy**

2390 S. Atherton Street  
State College, PA, 16801  
(814) 237-1849



# GROCERIES/PHARMACIES

## **Walmart**

1665 N. Atherton St.  
Across from Best Buy  
(814) 237-8401

## **Weis Market**

1471 Martin St.  
Off Blue Course Dr.  
(814) 237-2500

## **CVS Pharmacy**

116 West College Ave.  
Downtown State College  
(814) 238-1109

## **Walmart**

373 Benner Pike  
Near Nittany Mall  
(814) 235-9202

## **McLanahan's Market**

116 South Allen St.  
Downtown State College  
(814) 861-3530

## **CVS Pharmacy**

138 East Beaver Ave.  
Downtown State College  
(814) 237-1651

## **GIANT**

255 Northland Center  
Off N. Atherton St.  
(814) 237-1837

## **McLanahan's**

414 East College Ave.  
Downtown State College  
(814) 238-2252

## **Target**

315 Colonnade Blvd.  
Off of N. Atherton St.  
(814) 861-8660

## **Target**

201 West Beaver Ave.  
Downtown State College  
(814) 308-5876

## **Trader Joe's**

243 Patriot Lane  
Right off of N. Atherton St.  
(814) 234-2224

## **Wegman's**

345 Colonnade Blvd.  
Right off of N. Atherton St.  
(814) 278-9000



# PENN STATE ICONS

## **The Nittany Lion Shrine**

Located on the corner of Curtin Rd. and Burrowes Rd. across from Rec Hall on the west side of campus. It is tradition for students at Penn State to get their picture taken on the Lion during their first day as freshmen and then again in their caps and gowns on graduation day.

## **The Penn State “Berkey” Creamery**

Located at the corner of Curtin Rd. and Bigler Rd. Getting ice cream at the Creamery has been a tradition since 1896. On football weekends salespeople dip several thousands of cones, and on a summer day, lines extend out the doors. Creamery ice cream is so fresh that there is an average of only four days that elapse between the cow and your newly dipped cone. The #1 rule at the Creamery is that you cannot mix flavors.

## **The HUB Robeson Center**

The HUB is Penn State’s famous student center located in the heart of campus. Existing since 1953 and expanded and remodeled in 1997 the 4-floor building contains eateries, coffee shops, a bank and travel agency, multiple large seating areas, a big-screen tv, an aquarium, study rooms, computers, a copy center, a ceramic studio, an art gallery, 3 large auditoriums and almost one hundred offices for student organizations and university departments. The HUB, open 24 hours, is the most popular meeting place and one of the most popular places for students to study.

## **Old Main**

Originally built in 1863 and then re-built in 1930 following a devastating fire, Old Main is arguably Penn State’s most famous symbol. Located in the center of campus the historic building houses the President’s office and other administrative offices. It’s bell tower now contains digital chimes that play “Hail to the Lion” on the hour. The building is surrounded by a large lawn and can be seen well from College Ave. It is a popular place for students to lounge and play sports.

## **The Pattee and Paterno Library**

The 13th largest library in the Western Hemisphere sits on Curtin Road just down the street from the Nittany Lion statue. Joe and Sue Paterno, committed to enhancing the future of all students, raised over \$14 million in the 1990’s to add on to the existing Pattee Library making it one of America’s finest library’s with over 5 million items, 3500 maps, subject-specific floors and wings, computer labs, and a coffee shop.



# THANK YOU!

Good luck and enjoy your stay!



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